

<b>Title</b>	<b>Perform tētahi momo rākau whawhai</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>10</b>

<b>Purpose</b>	People credited with this unit standard are able to perform tētahi momo rākau whawhai.
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<b>Classification</b>	Mau Rākau > Te Mau Rākau
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<b>Available grade</b>	Achieved, Merit, and Excellence
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<b>Criteria for Merit</b>	Perform tētahi momo rākau whawhai with expression and purpose.
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<b>Criteria for Excellence</b>	Perform tētahi momo rākau whawhai with accuracy and fluency.
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### Guidance Information

- 1 It is recommended that people undertaking this standard have achieved Unit 27550, *Demonstrate knowledge of ngā momo rākau whawhai*, or demonstrate equivalent knowledge and skills. It is also recommended that people undertaking this standard consider working towards standards at Level 2 or above from the subfield *Reo Māori*.
- 2 This unit standard is intended for learners of mau rākau. Assessment will take place in a learning situation, not in a public performance.
- 3 Assessment of skills may occur in individual or group settings, but each candidate must demonstrate individual competence.
- 4 Assessment against this unit standard must be made in accordance with iwi tradition and iwi variation – the style and ture of mau rākau uniquely specific to an iwi or Whare Tū Taua.
- 5 This unit standard is intended to assess essential knowledge and skills required to ensure the survival of mau rākau.
- 6 *Perform tētahi momo rākau whawhai with expression and purpose* will be evidenced through:
  - kua iho roa (kua marama) ki ngā pūkenga ā-tinana, ā-wairua, ā-hinengaro mō ngā momo rākau whawhai (maintaining and sustaining the essence of the momo rākau whawhai).
  - kua iho roa ki ngā tikanga, ki ngā nuku, ki ngā ture anō hoki.

- kua hāngai te mahi ā-hinengaro, ā-tinana, ā-waewae ki te momo rākau whawhai, ā, kua tika te tū (performing with deliberate movements and appropriate actions, which are relevant to the momo rākau whawhai).
- kua puta te ihi, te wehi, te wana me te mataara.

7 *Perform tētahi momo rākau whawhai with accuracy and fluency* will be evidenced through:

- kua iho matua (kua matatau) ki ngā pūkenga ā-tinana, ā-wairua, ā-hinengaro mō ngā momo rākau whawhai (performing the mau rākau stances with confidence).
- kua iho matua ki ngā tikanga, ki ngā nuku, ki ngā ture anō hoki.
- kua hāngai te mahi ā-hinengaro, ā-tinana, ā-waewae ki te momo rākau whawhai, ā, kua puta mai te wairua i te ngākaunui ki āna mahi (performing spontaneously with deliberate movements and appropriate actions, which are relevant to the momo rākau whawhai).
- kua puta te ihi, te wehi, te wana me te mataara i te tīmatanga ki te mutunga.

8 Glossary

*Tētahi momo rākau whawhai* refers to any one of the long or short rākau weapons.

*Ngā matua* (or *ngā āhei*) refers to on guard movements.

*Ngā karo* refers to defensive movements.

*Ngā poua* (or *ngā paoa*) refers to strike movements.

*Ihi* refers to the projection of a performer's personal magnetism, which elicits awe and respect.

*Wehi* refers specifically to the awe generated by charismatic performers or performances.

*Wana* refers to the excitement generated by a performer or performance.

*Endurance* refers to the ability to maintain composure and complete the demonstration.

*Flexibility and posture* refer to the appropriate stance and positioning of the body in relation to the movements being demonstrated.

*Agility* – physical agility refers to the ability to exhibit physical quickness and dexterity; mental agility refers to the ability to remain mentally alert.

*Performance* refers to the undirected presentation of rākau whawhai movements before an assessor.

*Tikanga* refers to ngā ture or the protocols of taki according to iwi variation, or according to a specific Whare Tū Taua.

*Iho roa* – Ko te awa e rere ai e kitea te hono o tō pito mai i tō whare ki te waharoa. (Kia mārama ki tō marae-ātea, ki tō pepeha).

*Iho Matua* – Kua tāhūhū te hono o ngā whakaaro ki tōna whare. Kua matatau.

9 The outcome must be performed in a disciplined and controlled manner, and in accordance with iwi tradition and iwi variation

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## Outcomes and performance criteria

### Outcome 1

Perform tētahi momo rākau whawhai.

**Performance criteria**

- 1.1 Performance incorporates ngā matua in accordance with iwi tradition.  
Range evidence of at least five is required.
- 1.2 Performance incorporates ngā poua in accordance with iwi tradition.  
Range evidence of at least five is required.
- 1.3 Performance incorporates ngā karo in accordance with iwi tradition.  
Range evidence of at least five is required.
- 1.4 Performance displays evidence of ihi, wehi, wana.
- 1.5 Performance demonstrates awareness of physical and mental skills important to mau rākau.  
Range includes but is not limited to endurance, flexibility, posture, agility.

<b>Planned review date</b>	31 December 2025
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	17 November 2011	31 December 2016
Review	2	19 November 2015	31 December 2021
Review	3	10 December 2020	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0226
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

**Comments on this unit standard**

Please contact the NZQA Māori Qualification Services [mqs@nzqa.govt.nz](mailto:mqs@nzqa.govt.nz) if you wish to suggest changes to the content of this unit standard.