

<b>Title</b>	<b>Apply menu requirements to catering services production</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>10</b>

<b>Purpose</b>	<p>This unit standard is for people working in a catering services operation.</p> <p>People credited with this unit standard are able to demonstrate knowledge of planning menus for catering services production; and apply menu requirements to catering services production.</p>
----------------	---

<b>Classification</b>	Hospitality > Catering Services
-----------------------	---------------------------------

<b>Available grade</b>	Achieved
------------------------	----------

---

### Guidance Information

- 1 Definitions
 

*Dietary requirements* – requirements that apply to both normal and modified dietary needs and incorporate medical, physical, cultural, religious and age requirements.

*Establishment requirements* – any policy, procedure, process or agreed requirement, either written or oral, made known to the candidate prior to assessment against this unit standard.
- 2 Legislation and regulations to be complied with include but is not limited to – Food Act 2014, Health and Safety at Work Act 2015.
- 3 Reference
 

The appropriate Food and Nutrition Guidelines containing information relevant to this unit standard are available from the Ministry of Health's website on: <http://www.moh.govt.nz/>. Examples include but are not limited to – *Eating and activity guidelines for New Zealand adults;(2020) Updated 2020*. Wellington, NZ : Ministry of Health and *Food and nutrition guidelines for healthy older people: a background paper (2013)* Wellington, NZ: Ministry of Health.
- 4 Evidence for the practical components of this unit standard must be gathered in the workplace.

---

### Outcomes and performance criteria

#### Outcome 1

Demonstrate knowledge of planning menus for catering services production.

**Performance criteria**

- 1.1 Nutritional requirements for catering services are explained in terms of their relationship to menu planning and dietary requirements.
- Range evidence of menu planning is required for one day, one week, and one month.
- 1.2 Common medical and dietary conditions and the consequences of not adhering to the dietary requirements are identified in terms of their impact on dietary requirements.
- Range may include but is not limited to – diabetes, coeliac disease (gluten-free), low fat, dysphagia (swallowing difficulties), constipation, malnutrition, weight control, diverticulitis, dementia, hydration;  
evidence of two is required.
- 1.3 Special conditions that require specific dietary requirements in catering services are identified and described in terms of their impact on menu composition.
- Range impacts include but are not limited to – cost, time, ingredients.
- 1.4 Principles of menu planning are identified and described in terms of their effect on the content of the menu.
- Range principles include but are not limited to – types of menu plans, texture, flavour, colour, meal pattern, repetition, balance, variety, portion size, budget, equipment, personnel, standard recipes, individual and cultural requirements.

**Outcome 2**

Apply menu requirements to catering services production.

**Performance criteria**

- 2.1 Menus are developed for cyclical and selective menu plans.
- Range evidence is required of an example of each menu type.
- 2.2 Resource requirements for a cyclical and selective menu are planned in accordance with establishment requirements.
- 2.3 Individual and cultural requirements that impact on menu planning are identified and described.
- Range individual and cultural requirements include but are not limited to – ethnicity, religion, food preferences, age, cognitive ability, functional ability.

<b>Replacement information</b>	This unit standard replaced unit standard 22886.
--------------------------------	--

<b>Planned review date</b>	31 December 2027
----------------------------	------------------

#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	12 December 2013	31 December 2016
Revision	2	19 November 2015	31 December 2017
Revision	3	17 November 2016	31 December 2024
Review	4	2 March 2023	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0112
--	------

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

#### Comments on this unit standard

Please contact Ringa Hora Services Workforce Development Council [qualifications@ringahora.nz](mailto:qualifications@ringahora.nz) if you wish to suggest changes to the content of this unit standard.