

Title	Demonstrate knowledge of specific conditions and their impacts when providing support in a health or wellbeing setting		
Level	3	Credits	9

Purpose	<p>This unit standard is for people providing services in a health or wellbeing setting.</p> <p>People credited with this unit standard are able to: describe the impact of specific conditions on people's health and functional status; describe the impacts of specific conditions when providing support as a health assistant or support worker; and provide support to people with specific conditions in a health or wellbeing setting.</p>
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Classification	Health, Disability, and Aged Support > Core Health
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Available grade	Achieved
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Guidance Information

- 1 Legislation and codes relevant to this unit standard include but are not limited to:
 - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights);
 - Health and Disability Services (Safety) Act 2001;
 - Health and Safety at Work Act 2015;
 - Human Rights Act 1993;
 - Medicines Act 1981;
 - Medicines Regulations 1984;
 - Privacy Act 1993.
- 2 New Zealand Standards relevant to this unit standard include but are not limited to:
 - NZS 8134.0:2008 *Health and disability services Standards – Health and disability services (general) Standard*;
 - NZS 8134.1:2008 *Health and disability services Standards – Health and disability services (core) Standards*;
 - NZS 8134.3:2008 *Health and disability services Standards – Health and disability services (infection prevention and control) Standards*;
 - NZS 8158:2012 *Home and community support sector Standard*; available at <http://www.standards.co.nz/>.
- 3 In the context of this unit standard, *support* should aim to maintain, improve, or restore a client's independence and/or interdependence by utilising the person's existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.

4 Definitions

Condition – a state relating to a person’s health and functional status usually related to a specific illness, disease or disability. Examples include but are not limited to - asthma, depression, diabetes, hypertension, congestive heart failure, respiratory disease, epilepsy, Parkinson’s disease, multiple sclerosis, obesity.

Health and functional status – the physical, psychological, cognitive, and social ability required to carry on normal activities of life.

Health or wellbeing setting includes but is not limited to – the acute care, aged care, community support, disability, mental health, and social services sectors.

Health professional – a person who is registered with an authority (which is appointed by or under the Health Practitioners Competence Assurance Act 2003) as a practitioner of a particular health profession to deliver health services in accordance with a defined scope of practice.

Organisational policies and procedures – the policies, procedures and methodologies of an organisation. They include legislative and regulatory requirements which may apply across a company, a specific site, or a workplace. Requirements are documented in the company’s health and safety plans, contract work programmes, quality assurance programmes, policies and procedural documents.

Person – a person accessing services. Other terms used for the person may include client, consumer, patient, tūroro or tangata whai ora.

5 Assessment

Evidence is required for three specific conditions for each outcome.

6 Evidence for the practical components of this unit standard must be gathered in the workplace.

7 Unit 28547, *Support a person with diabetes in a health or wellbeing setting* and Unit 28550, *Support a person with chronic obstructive pulmonary disease (COPD) in a health or wellbeing setting* may be more appropriate unit standards for candidates who are not working in a context where they are supporting people with a wide range of conditions.

Outcomes and performance criteria

Outcome 1

Describe the impacts of specific conditions on people’s health and functional status.

Performance criteria

1.1 The characteristics of each condition are described.

Range	characteristics may include but are not limited to – observable/measurable signs, symptoms reported, causes, condition’s process/progression, risk factors, impact on body systems; evidence is required for three characteristics for each condition.
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- 1.2 The impacts of each condition on a person's health and functional status are described.

Range impacts may include but are not limited to – physical, emotional, psychosocial, cognitive, environmental, psychological; evidence is required for three impacts for each condition.

Outcome 2

Describe the impacts of specific conditions when providing support as a health assistant or support worker.

Performance criteria

- 2.1 Implications of each condition on support are described in terms of organisational policies and procedures and the candidate's role and responsibilities.
- 2.2 Changes in a person which should be reported are described in terms of their significance to each condition.

Outcome 3

Provide support to people with specific conditions in a health or wellbeing setting.

Performance criteria

- 3.1 Support is provided in accordance with organisational policies and procedures and/or the direction and delegation provided by a health professional.
- 3.2 Changes in the person's condition are observed and reported in accordance with organisational policies and procedures and/or the direction and delegation provided by a health professional.

Planned review date	31 December 2021
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 April 2015	N/A
Rollover and Revision	2	26 September 2019	N/A

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.