

Title	Describe a person's holistic needs and their impact on a person's health and wellbeing, and provide support to meet them		
Level	3	Credits	5

Purpose	<p>People credited with this unit standard are able to, in a health or wellbeing setting:</p> <ul style="list-style-type: none"> • describe the holistic needs of a person being supported; • describe the potential impacts of met and unmet needs on a person's health and wellbeing; • describe impacts of roles involved in supporting a person to meet their holistic needs; • provide support that meets holistic needs of a person.
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Classification	Health, Disability, and Aged Support > Health and Disability Principles in Practice
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Available grade	Achieved
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Guidance Information

1 Assessment conditions
Evidence for the practical components of this unit standard must be gathered in a health or wellbeing setting.

2 Assessment notes
Demonstration of knowledge and skills must be in accordance with organisational policies and procedures.

Evidence generated for assessment against this standard must reflect workplace requirements specified in:

- NZS 8134.0:2008 *Health and disability services (general) Standard*;
- NZS 8134.1:2008 *Health and disability services (core) Standards*;
- NZS 8158:2012 *Home and community support sector Standard*, available at <https://www.standards.co.nz/>.

3 Definitions

Health or wellbeing setting includes but is not limited to – the aged care, acute care, community support, disability, mental health, and social services sectors.

Holistic needs of a person include but are not limited to – physical, emotional, social, cultural, spiritual, mental, socio-economic, creative, occupational.

Natural supports – any assistance, relationships, or interactions provided to people being supported by family/whānau, friends, peers, co-workers, or community volunteers. In a specifically Māori context, natural supports may include but are not limited to – kaumātua, kuia, tohunga, whānau, iwi, and hapū.

Organisational policies and procedures are the policies, procedures, and methodologies used in an organisation. They include legislative and regulatory requirements which may apply across an organisation, a specific site, or a workplace. Requirements are documented in organisational health and safety plans, contract work programmes, quality assurance programmes, policies, and procedural documents such as job descriptors and employment contracts.

Other roles may include but are not limited to – natural supports, health professionals, support services, support roles, community and social groups.

Person – a person accessing services. Other terms used for ‘person’ may include client, consumer, customer, patient, individual, resident, tūroro, or tangata whai ora.

Support should aim to maintain, improve, or restore a person’s independence by utilising existing strengths and appropriate resources; but may include providing assistance to enable a person’s health and wellbeing needs to be met.

Outcomes and performance criteria

Outcome 1

Describe the holistic needs of a person being supported in a health or wellbeing setting.

Performance criterion

- 1.1 The holistic needs of a person being supported are described in terms of their relationship to the person’s health and wellbeing.

Range four holistic needs.

Outcome 2

Describe the potential impacts of met and unmet needs on a person’s health and wellbeing.

Performance criteria

- 2.1 The potential impacts of met needs on a person’s health and wellbeing are described.

- 2.2 The potential impacts of unmet needs on a person’s health and wellbeing are described.

Outcome 3

Describe impacts of roles involved in supporting a person to meet their holistic needs in a health or wellbeing setting.

Performance criteria

- 3.1 Impact of own role in supporting the person to meet their holistic needs is described.

- 3.2 Impacts of two other roles that support the person to meet their holistic needs are described.

Outcome 4

Provide support that meets a person's holistic needs in a health or wellbeing setting.

Range one person who is being supported.

Performance criteria

4.1 The person's holistic needs are identified and recorded.

4.2 Support is provided that meets at least two holistic needs of the person.

Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 April 2015	31 December 2022
Rollover and Revision	2	24 October 2019	31 December 2022
Review	3	29 April 2021	N/A

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.