

<b>Title</b>	<b>Describe and apply a person-centred approach when supporting a person in a health or wellbeing setting</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>3</b>

<b>Purpose</b>	<p>People credited with this unit standard are able to, in a health or wellbeing setting:</p> <ul style="list-style-type: none"> <li>• describe elements of a person-centred approach;</li> <li>• describe the process in applying a person-centred approach, and own role and responsibilities in the process;</li> <li>• apply a person-centred approach when supporting a person.</li> </ul>
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<b>Classification</b>	Health, Disability, and Aged Support > Health and Disability Principles in Practice
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<b>Available grade</b>	Achieved
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**Guidance Information**

1 Assessment Conditions

Evidence for the practical components of this unit standard must be gathered in a health or wellbeing setting.

2 Assessment notes

Demonstration of knowledge and skills must be in accordance with organisational policies and procedures.

Evidence generated for assessment against this standard must reflect workplace requirements specified in:

- NZS 8134.0:2008 *Health and disability services (general) Standard*;
- NZS 8134.1:2008 *Health and disability services (core) Standards*;
- NZS 8158:2012 *Home and community support sector Standard*; available at <https://www.standards.co.nz/>.

3 Definitions

*Active participation* – a person is an active partner in their own care or support, rather than a passive recipient.

*Health or wellbeing setting* includes but is not limited to – the aged care, acute care, community support, disability, mental health, and social services sectors.

*Organisational policies and procedures* are the policies, procedures, and methodologies used in an organisation. They include legislative and regulatory requirements which may apply across an organisation, a specific site, or a workplace. Requirements are documented in organisational health and safety plans, contract work programmes, quality assurance programmes, policies, and procedural documents such as job descriptors and employment contracts.

*Person* – a person accessing services. Other terms used for the person may include client, consumer, customer, patient, individual, resident, service user, tūroro, or tangata whai ora.

*Person-centred approach* – an approach which places the person being supported at the centre by encouraging active participation and choice, and viewing them as an individual with unique qualities, abilities, interests, preferences and needs.

*Person-centred values* may include but are not limited to – individuality, rights, choice, privacy, independence, dignity, respect, partnership, consent.

*Support* should aim to maintain, improve, or restore a person's independence by utilising existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.

## Outcomes and performance criteria

### Outcome 1

Describe elements of a person-centred approach in a health or wellbeing setting.

#### Performance criteria

- 1.1 Person-centred values are described in terms of their role in a person-centred approach.
- Range five person-centred values.
- 1.2 A person-centred approach is described in terms of the intended benefits for the person being supported.

### Outcome 2

Describe the process in applying a person-centred approach in a health or wellbeing setting, and own role and responsibilities in the process.

#### Performance criteria

- 2.1 The process for identifying a person's history, preferences, wishes and needs is described.
- 2.2 Own role and responsibilities in applying a person-centred approach are described.

### Outcome 3

Apply a person-centred approach when supporting a person in a health or wellbeing setting.

#### Performance criterion

- 3.1 A person-centred approach is applied when supporting a person.
- Range must include but is not limited to – person-centred values.

<b>Planned review date</b>	31 December 2026
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#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 April 2015	31 December 2022
Rollover and Revision	2	24 October 2019	31 December 2022
Review	3	29 April 2021	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>.

#### Comments on this unit standard

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.