

Title	Identify the impact of culture on support in a health or wellbeing setting		
Level	2	Credits	5

Purpose	<p>People credited with this unit standard are able, in a health or wellbeing setting, to identify:</p> <ul style="list-style-type: none"> • culturally safe support practices for Māori in Aotearoa New Zealand; and • the impact of culture on the provision of culturally safe support.
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Classification	Health, Disability, and Aged Support > Health and Disability Principles in Practice
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Available grade	Achieved
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Guidance Information

1 *Support* should aim to maintain, improve, or restore a person's independence and/or interdependence by utilising the person's existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.

2 Definitions

Culturally safe support – cultural safety requires healthcare workers to examine themselves and the potential impact of their own culture, biases or prejudices on a person receiving support. In doing so, healthcare workers hold themselves accountable for providing culturally safe care, as defined by the person receiving support – adapted from Curtis et al. (2019).

Culture refers to more than ethnicity. The concept of culture may reflect factors and indicators such as: age, ethnicity, disability, occupation, organisational background, immigrant or refugee status, institutional care, religion or spiritual beliefs, gender identity, sexual orientation, and socio-economic status. Ethnic cultural beliefs and values are the beliefs and values that stem from one's own ethnic background.

Health or wellbeing setting includes but is not limited to: the aged care, acute care, community support, disability, mental health, rehabilitation, social services and youth development sectors.

3 Resources

Curtis, E., Jones, R., Tipene-Leach, D., Walker, C., Loring, B., Paine, S., Reid, P. (2019). Why cultural safety rather than cultural competency is required to achieve health equity: a literature review and recommended definition, *International Journal for Equity in Health*, 18:174, 1-17.

<https://doi.org/10.1186/s12939-019-1082-3>

Outcomes and performance criteria

Outcome 1

Identify culturally safe support practices for Māori in Aotearoa New Zealand in a health or wellbeing setting.

Performance criteria

- 1.1 The bicultural partnership of Aotearoa New Zealand is identified in terms of how it applies to the provision of culturally safe support for Māori.
- 1.2 Tikanga practices are identified in terms of how they apply to the provision of culturally safe support.
- Range tikanga practices may include but are not limited to – correct pronunciation of names and places, greetings, mana, manaaki, pōwhiri, tapu and noa, use of te reo; evidence is required of three tikanga practices.

Outcome 2

Identify the impact of culture on the provision of culturally safe support in a health or wellbeing setting.

Performance criteria

- 2.1 Own culturally based values, beliefs, and/or behaviour patterns are identified in terms of their potential effect on a person being supported.
- Range any two values, beliefs, or behaviour patterns.
- 2.2 Methods of communicating with people from different cultures are identified in terms of the impact on the provision of culturally safe support.
- Range two methods in relation to a culture different from that of the candidate.
- 2.3 Challenges that affect communication with people from different cultures are identified in terms of the potential impact on the provision of culturally safe support.
- 2.4 Overcoming challenges that affect communication with people from different cultures are identified in terms of the potential impact on the provision of culturally safe support.

Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	19 March 2015	31 December 2023
Rollover and Revision	2	24 October 2019	31 December 2023
Review	3	24 March 2022	N/A

Consent and Moderation Requirements (CMR) reference

0024

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council qualifications@toitutewaiora.nz if you wish to suggest changes to the content of this unit standard.