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| <b>Title</b> | <b>Support a young person to identify goals and develop an action plan to support their achievement</b> |                |           |
| <b>Level</b> | <b>4</b>  | <b>Credits</b> | <b>10</b> |

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| <b>Purpose</b> | <p>A person credited with this standard can:</p> <ul style="list-style-type: none"> <li>• support a young person when working in a youth development role;</li> <li>• support a young person to identify their aspirations and goals;</li> <li>• provide information and access to community-based support services relevant to a young person in a youth development relationship; and,</li> <li>• implement an action plan to support the achievement of goals for a young person.</li> </ul> |
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| <b>Classification</b> | Social Services > Youth Development |
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| <b>Available grade</b> | Achieved |
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### Guidance Information

1 Assessment conditions  
Evidence for the practical components of this unit standard must be generated in a youth development setting.

2 Assessment notes  
Evidence generated for assessment against this standard must reflect workplace requirements specified in:

- documented workplace procedures, policies, and methodologies;
- any applicable statutes, regulations, and Codes of Practice.

Evidence generated for assessment against this standard must reflect the best practice guidelines and principles of youth development specified in:

- the principles of *Mana Taiohi*;
- the *Code of Ethics for Youth Work in Aotearoa New Zealand*.

This unit standard requires the disclosure of personal information to the candidate by the person who is the subject of the youth development relationship. All personal information must be treated according to relevant statutes, regulations, codes of practice, and workplace policies and procedures.

3 Range  
Evidence of two people is required – a young person from the candidate's own culture and life experience, and a young person from a different culture and life experience.

## 4 Definitions

*Youth or young person* refers to people between 12 and 24 years old.

*Youth development* refers to growing and developing the skills and connections young people need to take part in society and reach their potential.

## 5 References

Ara Taiohi. (2020). *Code of Ethics for Youth Work in Aotearoa New Zealand*. Retrieved from

<https://drive.google.com/file/d/1b2ezaKbXjiloZs3bP5pl3U91Y6xxMPob/view>.

Ara Taiohi. (2021). *Mana Taiohi*. Retrieved on 4 August 2021 from

<https://arataiohi.org.nz/mana-taiohi/>.

## 6 Resources

Jeffs, T. & Smith, M. K. (2010). *Youth Work Practice*. London: Red Globe Press.

Martin, Lloyd, & Martin, Anthea. (2011). *Small Stories: Reflections on the Practice of Youth Development*. Michigan: Circle of Courage Publications.

Martin, Lloyd. (2002). *The invisible table: perspectives on youth and youthwork in New Zealand*. Palmerston North, New Zealand: Dunmore Press.

Sapin, K. (2013). *Essential Skills for Youth Work Practice* (2nd Edition). London: Sage Publications Ltd.

Slattery, P. (2001). *Youth Works. A Very Practical Book About Working with young people*. New South Wales: Peter Slattery.

United Nations General Assembly. (1989). *Convention on the Rights of the Child*.

United Nations Human Rights: Office of the High Commissioner. Retrieved on 4 August 2021 from <https://www.ohchr.org/en/professionalinterest/pages/crc.aspx>.

## Outcomes and performance criteria

### Outcome 1

Support a young person when working in a youth development role.

### Performance criteria

- 1.1 The focus of a youth development relationship is confirmed with the young person.
- Range barriers, boundaries, challenges, confidentiality, cultural identity, needs, resilience capabilities, resources, supports.
- 1.2 The young person's strengths are identified.
- 1.3 Support is provided to help the young person identify any challenges and to understand the different supports relevant to the identified challenges.
- 1.4 Support is provided to help the young person identify and acknowledge circumstances outside their control.
- 1.5 Appropriate action is taken with the young person to address any issues or challenges requiring immediate attention.

**Outcome 2**

Support a young person to identify their aspirations and goals.

**Performance criteria**

2.1 Support is provided to assist the young person to determine their goals and priorities.

Range short-term goals, long-term goals.

2.2 Any risks relevant to goals and priorities are communicated to the young person.

2.3 Any barriers to achievement of the young person's goal and priorities are communicated to the young person.

**Outcome 3**

Provide information and access to community-based support services relevant to a young person in a youth development relationship.

Range needs may include but are not limited to – cultural, mental, physical, spiritual; support services may include but are not limited to those for – abuse, alcohol and drug issues, alternative care, career guidance and employment, criminal justice, cultural needs, disabilities, economic development, education, finance and income, gender issues, grief and loss, housing and land, human rights, infertility and pregnancy, legal issues, neglect, physical and mental health, recreation, sexuality, violence; whānau, hapū, and iwi needs.

**Performance criteria**

3.1 Support services are identified that meet the needs of a young person.

3.2 Information about support services is provided in a way that is accessible to the young person.

3.3 A support service is selected and accessed to meet the young person's identified needs.

**Outcome 4**

Implement an action plan to support the achievement of goals for a young person.

**Performance criteria**

4.1 Resources required to support the action plan are identified.

4.2 The roles and responsibilities of the parties included in the action plan are explained.

- 4.3 An action plan is implemented that supports achievement of the young person's goals and priorities.

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| <b>Planned review date</b> | 31 December 2026 |
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#### Status information and last date for assessment for superseded versions

| Process               | Version | Date              | Last Date for Assessment |
|-----------------------|---------|-------------------|--------------------------|
| Registration          | 1       | 19 March 2015     | 31 December 2025         |
| Rollover and Revision | 2       | 24 October 2019   | 31 December 2025         |
| Review                | 3       | 24 March 2022     | N/A                      |
| Revision              | 4       | 28 September 2023 | N/A                      |

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| <b>Consent and Moderation Requirements (CMR) reference</b> | 0024 |
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

#### Comments on this unit standard

Please contact Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council [qualifications@toitutewaiora.nz](mailto:qualifications@toitutewaiora.nz) if you wish to suggest changes to the content of this unit standard.