

<b>Title</b>	<b>Support a person according to their cultural preferences in a health or wellbeing setting</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>5</b>

<b>Purpose</b>	<p>People credited with this unit standard are able to, in a health or wellbeing setting:</p> <ul style="list-style-type: none"> <li>• demonstrate knowledge of own cultural preferences and those of a person being supported;</li> <li>• describe processes and methods for supporting a person and support them according to their cultural preferences.</li> </ul>
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<b>Classification</b>	Health, Disability, and Aged Support > Community Support Services
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<b>Available grade</b>	Achieved
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## Guidance Information

1 Assessment conditions  
Evidence for the practical components of this unit standard must be gathered in a health or wellbeing setting.

2 Assessment notes  
Demonstration of knowledge and skills must be in accordance with relevant organisational policies and procedures.

Evidence generated for assessment against this standard must reflect workplace requirements specified in:

- NZS 8134.0:2008 *Health and disability services (general) Standard*;
- NZS 8134.1:2008 *Health and disability services (core) Standards*;
- NZS 8158:2003 *Home and community support sector Standard*, available at <https://www.standards.co.nz/>.

3 Definitions  
*Cultural preferences* may include but are not limited to – aspects such as food, music, clothing, communication, customs, celebrations, death and dying. Culture refers to more than ethnicity. The concept of culture may reflect factors and indicators such as – age, ethnicity, disability, occupation, organisational background, immigrant or refugee status, institutional care, religion or spiritual beliefs, gender identity, sexual orientation, and socio-economic status.  
*Health or wellbeing setting* includes but is not limited to – the aged care, acute care, community support, disability, mental health, and social services sectors.  
*Organisational policies and procedures* are the policies, procedures, and methodologies used in an organisation. They include legislative and regulatory requirements which may apply across an organisation, a specific site, or a workplace.

Requirements are documented in organisational health and safety plans, contract work programmes, quality assurance programmes, policies, and procedural documents such as job descriptors and employment contracts.

*Person* – a person accessing services. Other terms used for ‘person’ may include client, consumer, customer, patient, individual, resident, tūroro, or tangata whai ora.

*Support* should aim to maintain, improve, or restore a person’s independence by utilising existing strengths and appropriate resources; but may include providing assistance to enable a person’s health and wellbeing needs to be met.

## Outcomes and performance criteria

### Outcome 1

Demonstrate knowledge of own cultural preferences and those of a person being supported in a health or wellbeing setting.

#### Performance criteria

- 1.1 Four of own cultural preferences are described.
- 1.2 Four cultural preferences of the person being supported are described.
- Range two persons being supported who have different cultural preferences to the support worker.

### Outcome 2

Describe processes and methods for supporting a person in a health or wellbeing setting and support them according to their cultural preferences.

#### Performance criteria

- 2.1 Processes for identifying and recording cultural preferences of a person being supported are described.
- 2.2 Methods of providing support that meet four different cultural preferences are described.
- 2.3 Support is provided according to the person’s cultural preferences.
- Range evidence is required of the four preferences identified in performance criterion 1.2 for the two persons being supported.

<b>Replacement information</b>	This unit standard replaced unit standard 26970.
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<b>Planned review date</b>	31 December 2026
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	16 April 2015	31 December 2022
Rollover and Revision	2	26 September 2019	31 December 2022
Review	3	29 April 2021	N/A

**Consent and Moderation Requirements (CMR) reference**

0024

This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>.

**Comments on this unit standard**

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.