

Title	Support a person with diabetes in a health or wellbeing setting		
Level	3	Credits	3

Purpose	<p>This unit standard is for people providing services in a health or wellbeing setting.</p> <p>People credited with this unit standard are able to: describe the impact of diabetes on a person's health and functional status; describe the implications of diabetes when providing support; and provide support to a person with diabetes, as a healthcare assistant or support worker.</p>
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Classification	Health, Disability, and Aged Support > Core Health
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Available grade	Achieved
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Guidance Information

- 1 Legislation and codes relevant to this unit standard include but are not limited to: Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights); Health and Disability Services (Safety) Act 2001; Health and Safety at Work Act 2015; Human Rights Act 1993; Privacy Act 1993.
- 2 New Zealand Standards relevant to this unit standard include but are not limited to: NZS 8134.0:2008 *Health and disability services Standards – Health and disability services (general) Standard*; NZS 8134.1:2008 *Health and disability services Standards – Health and disability services (core) Standards*; NZS 8134.3:2008 *Health and disability services Standards – Health and disability services (infection prevention and control) Standards*; NZS 8158:2012 *Home and community support sector Standard*; available at <http://www.standards.co.nz/>.
- 3 In the context of this unit standard, *support* should aim to maintain, improve, or restore a person's independence and/or interdependence by utilising the person's existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.
- 4 Definitions
Health and functional status – the physical, psychological, cognitive, and social ability required to carry on normal activities of life.

Health or wellbeing setting includes but is not limited to – the aged care, acute care community support, disability, mental health, and social services sectors.

Health professional – a person who is registered with an authority (which is appointed by or under the Health Practitioners Competence Assurance Act 2003) as a practitioner of a particular health profession to deliver health services in accordance with a defined scope of practice.

Organisational policies and procedures – policies, procedures and methodologies of an organisation. They include legislative and regulatory requirements which may apply across a company, a specific site, or a workplace. Requirements are documented in the company's health and safety plans, contract work programmes, quality assurance programmes, policies and procedural documents.

Person – a person accessing services. Other terms used for the person may include client, consumer, customer, patient, individual, resident, service user, tūroro, or tangata whai ora.

- 5 Evidence for the practical components of this unit standard must be gathered in the workplace.

Outcomes and performance criteria

Outcome 1

Describe the impact of diabetes on a person's health and functional status.

Performance criteria

- 1.1 The characteristics of diabetes are described.

Range characteristics may include but are not limited to – observable/measurable signs, symptoms reported, causes, condition's process/progression, risk factors, impact on body systems; evidence is required of three characteristics.

- 1.2 Diabetes is described in terms of its impact on a person's health and functional status.

Range impacts may include but is not limited to – physical, emotional, psychosocial, cognitive, environmental, psychological; evidence is required of three impacts.

Outcome 2

Describe the implications of diabetes when providing support as a healthcare assistant or support worker.

Performance criteria

- 2.1 Implications of diabetes on support are described in terms of organisational policies and procedures and the candidate's role and responsibilities.

- 2.2 Changes in a person with diabetes which should be reported are described in terms of their significance.

Outcome 3

Provide support to a person with diabetes as a healthcare assistant or support worker.

Performance criteria

- 3.1 Support is provided in accordance with organisational policies and procedures and/or the direction and delegation provided by a health professional.
- 3.2 Changes in the person's condition are observed and reported in accordance with organisational policies and procedures and/or the direction and delegation provided by a health professional.

Planned review date	31 December 2021
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 April 2015	N/A
Rollover and Revision	2	26 September 2019	N/A

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.