

Title	Demonstrate knowledge of pressure injuries and pressure area care, and preventive care		
Level	3	Credits	4

Purpose	<p>This unit standard is for people providing services in a health or wellbeing setting.</p> <p>People credited with this unit standard are able to: identify and describe how pressure injuries can occur; and demonstrate knowledge of pressure area care and preventive care of pressure injuries.</p>
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Classification	Health, Disability, and Aged Support > Core Health
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Available grade	Achieved
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Guidance Information

- 1 Legislation and Code relevant to this unit standard include but are not limited to:
 - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights);
 - Health and Disability Services (Safety) Act 2001;
 - Health and Safety at Work Act 2015;
 - Health Practitioners Competence Assurance Act 2003;
 - Human Rights Act 1993;
 - Privacy Act 1993.
- 2 New Zealand Standards relevant to this unit standard:
 - NZS 8134.0:2008 *Health and disability services (general) Standard*;
 - NZS 8134.1:2008 *Health and disability services (core) Standards*;
 - NZS 8134.3:2008 *Health and disability services (infection prevention and control) Standards*;
 - NZS 8158:2012 *Home and community support sector Standard*. Available at <https://www.standards.govt.nz/sponsored-standards/health-care-services-standards/>.
- 3 References:
 - Accident Compensation Corporation, New Zealand. (2017). *Guiding principles for pressure injury prevention and management in New Zealand*. Wellington, New Zealand;
 - National Pressure Ulcer Advisory Panel, European Pressure Ulcer Advisory Panel and Pan Pacific Pressure Injury Alliance (2014), *Prevention and Treatment of Pressure Ulcers: Quick Reference Guide* (Cambridge Media: Perth). Available at <http://www.npuap.org/>;

- Nursing Council of New Zealand. (2011). *Guideline: Responsibilities for direction and delegation of care to enrolled nurses*. Wellington, New Zealand. Available at https://www.nursingcouncil.org.nz/Public/Nursing/Standards_and_guidelines/NC/NZ/nursing-section/Standards_and_guidelines_for_nurses.aspx.

4 Definitions

Health or wellbeing setting includes but is not limited to – the aged care, acute care, community support, disability, mental health, and social services sectors.

Health professional – refers to a person who is registered with an authority (which is appointed by or under the Health Practitioners Competence Assurance Act 2003) as a practitioner of a particular health profession to deliver health services in accordance with a defined scope of practice.

Organisational policies and procedures – policies, procedures and methodologies of an organisation. They include legislative and regulatory requirements which may apply across a company, a specific site, or a workplace. Requirements are documented in the company's health and safety plans, contract work programmes, quality assurance programmes, policies and procedural documents.

Person – a person accessing services. Other terms used for the person may include client, consumer, customer, patient, individual, resident, service user, tūroro, or tangata whai ora.

Outcomes and performance criteria

Outcome 1

Identify and describe how pressure injuries can occur.

Performance criteria

- 1.1 The anatomy of the skin and the physiological process by which pressure injuries occur are described.
- 1.2 Pressure areas on the body are identified.
- 1.3 Risk factors are identified and described in terms of how they contribute to skin breakdown and the occurrence of pressure injuries.

Range factors may include but are not limited to – weight, nutritional status, mobility, age, bony prominences, co-morbidities, incontinence, medications, clothing, footwear, use or incorrect use of equipment and/or aids; evidence is required for nutritional status, use or incorrect use of equipment and/or aids, and three other factors.

Outcome 2

Demonstrate knowledge of pressure area care and preventive care of pressure injuries.

Performance criteria

- 2.1 The importance of accessing and referring to a client's care plan is explained in terms of ensuring continuity of care.

2.2 The importance of identifying and assessing pressure areas is described.

Range completing skin inspections, observing, identifying and reporting changes in the person's skin and condition, preventing pressure injuries.

2.3 Interventions are identified and explained in terms of their use or application to reduce the risk of skin breakdown and prevent pressure injuries.

Range evidence is required for three interventions one of which must be equipment or aids.

2.4 The importance of reporting changes is explained in terms of reducing risks, escalation to a delegated health professional and preventing pressure injuries.

Planned review date	31 December 2024
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 April 2015	31 December 2021
Review	2	23 April 2020	N/A

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.