Title	Set personal goals and carry out a plan designed to achieve personal goals		
Level	1	**Credits**	5

Purpose	This unit standard is intended for ākonga/learners with learning disabilities, including those with intellectual disability. They are people who require support with their learning either through additional resources, specialised equipment or adapted teaching programmes. People credited with this unit standard are able to set personal goals and carry out a plan designed to achieve them (Supported Learning).

Classification	Supported Learning > Supported Learning - Personal, Community and Work Skills

Available grade	Achieved

Guidance Information

1   This unit standard may contribute to programmes leading to the New Zealand Certificate in Skills for Living for Supported Learners (Level 1) [Ref: 2853]. It is not expected to contribute to the National Certificate of Educational Achievement (Level 1) [Ref: 0928] (NCEA).

2   This unit standard will be carried out in situations that are limited in range, meaningful, repetitive and familiar and ākonga/learners will be engaged in activities within defined contexts.

3   The assessor must be satisfied that the ākonga/learner can demonstrate competence against the unit standard, with minimal support towards increased independence.

4   The pace of teaching and learning for ākonga/learners with disabilities, may take longer than 50 hours to achieve 5 credits.

5   This unit standard may be assessed in conjunction with other Supported Learning unit standards to allow for integrated assessment. The assessment should be integrated into a meaningful social, cultural, family/whānau, community and/or work context.

6   Assessments involve using a variety of methods that gives the ākonga/learner the opportunity to show competence. It is recommended that the collection of evidence is naturally occurring, in real life contexts, and collected over an extended timeframe. It may be oral or written, or practical evidence.

7   The assessor must be satisfied that the naturally occurring evidence can be attributed to the ākonga/learner. A verifier's checklist is acceptable if accompanied by evidence that includes examples from the ākonga/learner's performance.

8   Assessments and evidence may involve the use of digital technology – internet, laptop/iPad/tablet/cell phone, and augmentative communication, where appropriate for the ākonga/learner and context.

9   For the purpose of this standard, a reader and/or writer can be used to assist the ākonga/learner in assessment.

10   Goals do not have to be achieved to meet the requirements of the standard.

Outcomes and performance criteria

Outcome 1

Set personal goals.

Performance criteria

1.1   Specific and measurable personal goals are set in terms of identified wants and/or needs.

Range   contexts for wants and needs may include but are not limited to – social, practical, educational, physical, vocational needs; evidence of two goals are required, each in a different context.

1.2   Each goal is supported by at least three achievable steps.

Outcome 2

Carry out a plan designed to achieve set personal goals.

Performance criteria

2.1   The plan is carried out towards achieving personal goals within a specified timeframe.

2.2   The plan is evaluated in terms of its effectiveness, including identifying opportunities and obstacles of the plan and possible improvements to it.

Replacement information	This unit standard replaced unit standards 11874, and 11885.

Planned review date	31 December 2026

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	19 November 2015	31 December 2023
Rollover and Revision	2	26 November 2020	31 December 2023
Review	3	28 April 2022	N/A

Consent and Moderation Requirements (CMR) reference	0113

This CMR can be accessed at http://www.nzqa.govt.nz/framework/search/index.do.

Comments on this unit standard

Please contact NZQA National Qualifications Services nqs@nzqa.govt.nz if you wish to suggest changes to the content of this unit standard.