

Title	Explain factors influencing people's health and wellbeing and their implications when providing support		
Level	4	Credits	8

Purpose	<p>People credited with this unit standard are able to explain:</p> <ul style="list-style-type: none"> • the influence of people's holistic needs on their health and wellbeing; • the influence of people's own perspectives and contexts on their experience of disability, impairment, conditions, and situations; • the influence of experiencing stigma, discrimination and/or a disabling society on people's health and wellbeing, and, • how factors influencing people's health and wellbeing should be considered when providing support in a health or wellbeing setting.
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Classification	Health, Disability, and Aged Support > Whānau Ora and Community Support
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Available grade	Achieved
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Guidance Information

Definitions

Disabling society refers to the barriers faced by disabled people constructed by non-disabled people. Barriers can include physical accessibility and non-disabled societal attitudes towards people with impairments.

Health or wellbeing settings may include but are not limited to – the acute care, aged care, community support, disability, mental health, social services, and youth development sectors.

Holistic needs include physical, emotional, social, cultural, spiritual, mental, socio-economic, creative, and occupational needs.

People refers to those accessing services in a health or wellbeing context and includes the family, whānau and natural supports of the person who is at the centre of support. Other terms used for this person may include client, consumer, customer, patient, individual, resident, service user, tūroro or tangata whai ora.

Service philosophies refer to the models or approaches of support that may be applied within a health or wellbeing setting. A service philosophy provides an over-arching set of underlying principles, aims and objectives, operational parameters, and reviewable outcomes which direct the nature of consumer support and the way in which it is provided.

Outcomes and performance criteria

Outcome 1

Explain the influence of people's holistic needs on their health and wellbeing.

Performance criteria

- 1.1 The influence of people's holistic needs on their health and wellbeing is explained in terms of the interrelationship between met and unmet needs and health and wellbeing outcomes.

Outcome 2

Explain the influence of people's own perspectives and contexts on their experience of disability, impairment, conditions, and situations.

Performance criteria

- 2.1 The influence of people's own perspectives and contexts on their experience of disability, impairment, conditions, and situations is explained in terms of how it may support or detract from their health and wellbeing.

Outcome 3

Explain the influence of experiencing stigma, discrimination and/or a disabling society on people's health and wellbeing.

Performance criteria

- 3.1 The influence of experiencing stigma, discrimination and/or a disabling society on a person's health and wellbeing are explained in terms of the potentially adverse outcomes for people and communities.

Outcome 4

Explain how factors influencing people's health and wellbeing should be considered when providing support in a health or wellbeing setting.

Performance criteria

- 4.1 Implications of factors influencing people's health and wellbeing are explained in terms of how they should be considered when providing support.

Range factors must include but are not limited to people's holistic needs, perspectives and contexts, and experience of stigma, discrimination and/or a disabling society.

Planned review date	31 December 2023
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 June 2016	N/A
Revision and Rollover	2	25 November 2021	N/A

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Toitū te Waiora Community, Health, Education and Social Services Workforce Development Council www.toitutewaiora.nz if you wish to suggest changes to the content of this unit standard.