

<b>Title</b>	<b>Demonstrate knowledge of health issues, practices and services to protect and enhance the wellbeing of young children</b>		
<b>Level</b>	<b>2</b>	<b>Credits</b>	<b>4</b>

<b>Purpose</b>	<p>People credited with this unit standard are able to: demonstrate knowledge of health issues, communicable diseases and environmental factors affecting the health and wellbeing of young mokopuna/children; describe personal and environmental hygiene for the care of young mokopuna/children to support their health and wellbeing; and demonstrate knowledge of immunisation programmes and health services in the community that protect and enhance the health and wellbeing of young mokopuna/children.</p> <p>This unit standard has been developed primarily for assessment within programmes leading to the New Zealand Certificate in Early Learning and Care (Level 2) [Ref: 4338].</p> <p>This unit standard is an introduction to early learning and life skills. It is designed for people who care for young children in parenting roles, or as support for carers of infants, toddlers and/or young children in a supervised environment.</p>
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<b>Classification</b>	Early Childhood Education and Care > Early Childhood: Educational Theory and Practice
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 To provide the required underpinning knowledge of young children's learning and development, health and wellbeing, this standard and Unit 29857, *Describe patterns of development and learning for young mokopuna/children* are recommended to be assessed before or alongside Unit 32988 *Describe and demonstrate basic care needs and practices for young mokopuna/children* and Unit 32989 *Demonstrate knowledge of age-related food and nutrition relevant to healthy eating for young mokopuna/children*.
- 2 All activities associated with this unit standard must accommodate differing cultural values and beliefs, and approaches to parenting styles, child rearing practices and care of children.
- 3 Learners for this unit standard should be familiar with the principles of Te Tiriti o Waitangi - protection, partnership and participation. Assessment evidence for this standard may include examples of the underpinning of Te Tiriti o Waitangi and

threading te reo Māori and tikanga Māori through demonstrating knowledge of health issues, practices and services available to protect and enhance the wellbeing of mokopuna/children.

#### 4 Definitions

*Health and wellbeing* refer to a child's physical, social, spiritual, mental and emotional state.

*Young children* in this standard refers to an infant, toddler or young child from birth to school entry age. There are three broad overlapping age ranges for mokopuna/children as defined in *Te Whāriki* as:

infant – birth to 18 months;

toddler – one year to three years;

young child – two and a half years to school entry age.

#### 5 Legislation and regulations include but are not limited to:

Care of Children Act 2004

Children's Act 2014

Civil Defence Emergency Management Act 2002

Harmful Digital Communications Act 2015

Health (Immunisation) Regulations 1995

Human Rights Act 1993

United Nations Convention on the Rights of the Child (UNCRC) 1989 and subsequent amendments.

#### 6 References

HealthEd, *Infectious diseases*, available at

<https://www.healthed.govt.nz/resource/infectious-diseases>.

Healthy Living, *Stop the spread of disease*, available at

<http://www.health.govt.nz/your-health/healthy-living/>.

Kids Health, *Keeping kids healthy*; available at

<https://www.kidshealth.org.nz/taxonomy/term/602/descendants>.

Ministry of Education, *Te Whāriki: He whāriki mātauranga mō ngā mokopuna o Aotearoa. Early Childhood Curriculum* (Wellington, 2017); available at

<http://www.education.govt.nz/early-childhood/teaching-and-learning/te-whariki/>.

Ministry of Health, *Child health*, Wellington: 2006 and subsequent changes; available at <http://www.health.govt.nz/our-work/life-stages/child-health>.

Ministry of Health, *Child Health Strategy*, Wellington: 1998; available at

<http://www.health.govt.nz/publication/child-health-strategy>.

Ministry of Health, *Diseases and conditions*, available at

<http://www.health.govt.nz/our-work/diseases-and-conditions>.

Ministry of Health, *Healthy Living - Stop the spread of disease*, available at

<http://www.health.govt.nz/your-health/healthy-living/>.

Ministry of Health, *Immunise your child*, available at <http://www.health.govt.nz/your-health/healthy-living/immunisation/immunise-your-children>.

Ministry of Health, *Māori health models – Te Whare Tapa Whā*, available at

<https://www.health.govt.nz/our-work/populations/maori-health/maori-health-models/maori-health-models-te-whare-tapa-wha>.

Ministry of Health, *NZ Immunisation Schedule*, available at

<http://www.health.govt.nz/our-work/preventative-health-wellness/immunisation/new-zealand-immunisation-schedule>.

Ministry of Health, *Pacific Health Resources* available at

<https://www.health.govt.nz/our-work/populations/pacific-health/pacific-health-resources>.

Ministry of Health, *Food-related choking in young children*, available at

<https://www.health.govt.nz/your-health/healthy-living/food-activity-and-sleep/healthy-eating/food-related-choking-young-children>.

Ministry of Health, *Well Child - Tamariki Ora*, Wellington: 2006 and subsequent

changes; available at <http://www.health.govt.nz/our-work/life-stages/child-health/well-child-tamariki-ora-services>.

Ministry for Pacific People's, *Fonofale Model for Pacific Health and Wellbeing*

available from <https://www.mpp.govt.nz/publications/resources/>.

Plunket, *Hygiene and daily care*, available at <https://www.plunket.org.nz/caring-for-your-child/hygiene-and-daily-care/>.

Safe Kids Aotearoa, *Safety Topics - resources on burns, falls, poisoning, water safety, etc.*, available at <http://www.safekids.nz/safety-topics>.

Strategies with Kids – Information for Parents (SKIP), *Tips for Parents* available at

<https://whanau.skip.org.nz/>.

Whānau Ora, *What we do*, available at <https://whanauora.nz/what-we-do/about/>.

## Outcomes and performance criteria

### Outcome 1

Demonstrate knowledge of health issues, communicable diseases and environmental factors affecting the health and wellbeing of young mokopuna/children.

Range evidence for young children as a whole group from birth to school entry age.

### Performance criteria

1.1 Health issues are described in terms of their effects on the health and wellbeing of mokopuna/children.

Range health issues may include but are not limited to – glue ear, oral health, asthma, allergies, diabetes, child obesity, head lice, scabies; evidence of three.

1.2 Communicable diseases prevalent in children are described in terms of their effects on the health and wellbeing of mokopuna/children.

Range communicable diseases prevalent in children may include but are not limited to – measles, meningitis, rubella, chicken pox, influenza, common colds, whooping cough, conjunctivitis, COVID; evidence of three.

1.3 How to respond to and take care of a mokopuna/child with a health issue or communicable disease is described.

Range includes – two health issues and two communicable diseases.

- 1.4 Environmental factors are identified and described in terms of how they affect the health of mokopuna/children.

Range environmental factors may include but are not limited to – social, economic, legal, cultural, physical; evidence of at least two.

## Outcome 2

Describe personal and environmental hygiene for the care of young mokopuna/children to support their health and wellbeing.

### Performance criteria

- 2.1 Personal hygiene practices are described in terms of minimising the risk of infection.

Range personal hygiene practices include but are not limited to – toileting, nose blowing, managing coughing and sneezing, dental care, skin care.

- 2.2 Environmental hygiene practices are described in terms of minimising the risk of infection.

Range may include but are not limited to environmental hygiene practices used for – preparation, handling and consumption of food; toilet areas; sleeping areas; spills; play equipment; outdoor spaces; animals; disposal of waste products; evidence of three hygiene practices.

## Outcome 3

Demonstrate knowledge of immunisation programmes and health services in the community that protect and enhance the health and wellbeing of young mokopuna/children.

Range evidence for young children as a whole group from birth to school entry age

### Performance criteria

- 3.1 Immunisation programmes are described in terms of the protection of young mokopuna/children from disease.

- 3.2 Health services in the community are identified and described in terms of how they enhance the wellbeing of young mokopuna/children.

Range evidence of three.

<b>Replacement information</b>	This unit standard and unit standard 29865 replaced unit standard 10024.
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<b>Planned review date</b>	31 December 2026
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#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	20 April 2017	31 December 2024
Review	2	24 February 2022	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0135
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

#### Comments on this unit standard

Please contact Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council [qualifications@toitutewaiora.nz](mailto:qualifications@toitutewaiora.nz) if you wish to suggest changes to the content of this unit standard.