

Title	Describe personal health and safety when working in a primary products food processing operation		
Level	2	Credits	2

Purpose	People credited with this unit standard are able to describe personal health and safety when working in a primary products food processing operation.
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Classification	Primary Products Food Processing > Primary Products Food Processing - Core Skills
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Available grade	Achieved
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Guidance Information

1 Legislation relevant to this unit standard includes but is not limited to:

- Health and Safety at Work Act 2015;
 - Misuse of Drugs Act 1975;
 - Privacy Act 1993;
- and any subsequent amendments.

2 Definition

Individual factors – things a person can and cannot control about the way they are: examples of things you can control are – nutrition, fitness, sleep, smoking; examples of things you cannot control are – age, gender, genetic makeup, ethnicity.

Load and forceful movements – the objects a person handles and the forces they have to apply to them: moving bulky objects, holding tools too hard.

Organisational procedures refer to policies and procedures on safety and operation set down by the employer or host organisation when working on a meat processing operation.

Primary products food processing operation – includes meat, dairy, seafood, fruit and vegetable and honey processing, food and beverage manufacturing, and other related industries.

Psychosocial factors – the way a person interacts with their social environment and the influences on their behaviour: in work, outside work.

Task invariability – how much a task changes over time.

Work layout and awkward posture – the way the workplace is set up and the working positions that workers adopt, work equipment set-up, ease of reach of work equipment, workers’ comfort, adjustments to work equipment.

3 All evidence presented in this unit standard must be in accordance with organisational requirements.

Outcomes and performance criteria

Outcome 1

Describe personal health and safety when working in a primary products food processing operation.

Performance criteria

- 1.1 Describe the occupational safety and health guidelines for techniques that reduce the risk of back injury.
- Range techniques may include but are not limited to – general exercise, improving flexibility, developing trunk muscles, maintaining good posture, good health, not lifting excessive weights; evidence of two techniques is required.
- 1.2 Describe how factors combine to lead to discomfort, pain and injury (DPI).
- Range factors may include but are not limited to – individual factors, psychosocial factors, work organisation, work layout and awkward postures, load and forceful movements, task invariability, environmental issues; evidence of two factors is required.
- 1.3 Describe the purpose of measures to reduce sprain and strain injuries in the workplace.
- Range measures may include but are not limited to – rest breaks, job rotation, early reporting, treatment regimes, exercises, workstation design, work techniques, correct equipment; evidence of two measures is required.
- 1.4 Describe the benefits of hearing protection used in the workplace.
- Range may include but are not limited to – disposable ear plugs, canal caps with headband, ear muffs.
- 1.5 Describe the health and safety reasons for testing for drugs and alcohol in the workplace.
- Range evidence of two reasons is required.
- 1.6 Describe the workplace process for dealing with individuals under the influence of drugs or alcohol.
- Range may include but are not limited to – employee assistance programme, internal support networks, induction documents

Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 February 2017	31 December 2024
Review	2	24 March 2022	N/A

Consent and Moderation Requirements (CMR) reference	0033
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the Hanga-Aro-Rau Manufacturing, Engineering, and Logistics Workforce Development Council qualifications@hangaarorau.nz if you wish to suggest changes to the content of this unit standard.