

Title	Describe rider impairments and health conditions, and support needs in a Riding for the Disabled session		
Level	3	Credits	10

Purpose	People credited with this unit standard are able to describe: physical impairments resulting from health conditions and injuries and the physical support needs of a rider in a Riding for the Disabled (RDA) session; cognitive or intellectual impairment resulting from health conditions and support needs of a rider in a RDA session; and how a rider with physical and cognitive or intellectual impairment resulting from health conditions can benefit from the RDA programme.
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Classification	Equine > Riding for the Disabled
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Available grade	Achieved
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Guidance Information

- 1 Legislation and codes relevant to this unit standard includes but is not limited to:
 - Animal Welfare Act 1999;
 - Health and Disability Commissioner Act 1994;
 - Health and Safety at Work Act 2015;
 - Privacy Act 2020;
 - Vulnerable Children's Act 2017;
 - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations, 1996;
 - Code of Welfare: Horses and Donkeys 2018; and any subsequent amendments.

- 2 Definition

New Zealand Riding for the Disabled (NZRDA) is the parent body of riding for the disabled. All riding for disabled affiliated groups are referred to as *Riding for the Disabled (RDA)*.

NZRDA standards refer to policies and procedures set by the NZRDA which are available on the Group Resource Library, NZRDA The Stable <https://thestable.rda.org.nz/s/>. NZRDA standards should reflect current legislation.

- 3 For the purposes of assessment:
 - evidence must be presented in accordance with NZRDA standards.

Outcomes and performance criteria

Outcome 1

Describe physical impairments resulting from health conditions and injuries and the physical support needs of a rider in a RDA session.

Range health conditions – absence or deformity of limbs (congenital or traumatic), cerebral palsy, multiple sclerosis (MS), muscular dystrophy, spina bifida and hydrocephalus, scoliosis, visual impairment, rheumatoid arthritis; injuries – spinal cord injuries.

Performance criteria

1.1 Describe health conditions and injuries associated with physical impairment in terms of their characteristics.

Range evidence of at least two characteristics is required.

1.2 Describe the physical support needs of riders in RDA sessions with physical impairments.

Outcome 2

Describe cognitive or intellectual impairment resulting from health conditions and support needs of a rider in a RDA session.

Range health conditions may include but are not limited to – epilepsy, Attention-deficit/hyperactivity disorder (ADHD), foetal alcohol syndrome (FAS), Autism spectrum disorder (ASD), Down Syndrome (DS or DNS), development delay, intellectual disability; anxiety, genetic conditions.
evidence of at least two is required.

Performance criteria

2.1 Describe health conditions associated with cognitive or intellectual impairment in terms of their characteristics and effects.

Range evidence of at least two characteristics is required.

2.2 Describe the support needs of riders in RDA sessions with cognitive and intellectual impairment.

Outcome 3

Describe how a rider with physical and cognitive or intellectual impairment resulting from health conditions can benefit from the RDA programme.

Range physical impairments – absence or deformity of limbs (congenital or traumatic), cerebral palsy, multiple sclerosis (MS), muscular dystrophy, spina bifida and hydrocephalus, spinal cord injuries, scoliosis, visual impairment, rheumatoid arthritis;
cognitive or intellectual impairments – epilepsy, Attention-deficit/hyperactivity disorder (ADHD), foetal alcohol syndrome (FAS), Autism spectrum disorder (ASD), Down Syndrome (DS or DNS), development delay, intellectual disability, anxiety, genetic conditions.

Performance criteria

3.1 Physical and cognitive or intellectual impairment are described in terms of the way in which the rider with these conditions can benefit from the RDA programme.

Replacement information	This unit standard replaced unit standard 26496.
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Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 March 2017	31 December 2018
Review	2	29 March 2018	31 December 2022
Review	3	25 November 2021	N/A

Consent and Moderation Requirements (CMR) reference	0018
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Muka Tangata - People, Food, and Fibre Workforce Development Council qualifications@mukatangata.nz if you wish to suggest changes to the content of this unit standard.