

Title	Describe and conduct a therapeutic Riding for the Disabled session for a rider		
Level	3	Credits	6

Purpose	People credited with this unit standard are able to: describe the pre-entry criteria and documentation required for rider acceptance into a Riding for Disabled (RDA) programme; describe learning styles of RDA riders, and teaching techniques used for a RDA session; and conduct a therapeutic RDA riding session.
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Classification	Equine > Riding for the Disabled
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Available grade	Achieved
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Guidance Information

- 1 Legislation and codes relevant to this unit standard include but are not limited to:
 - Animal Welfare Act 1999;
 - Health and Disability Commissioner Act 1994;
 - Health and Safety at Work Act 2015;
 - Privacy Act 2020;
 - Vulnerable Children's Act 2017;
 - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996;
 - Code of Welfare: Horses and Donkeys 2018; and any subsequent amendments.

- 2 Definition

New Zealand Riding for the Disabled (NZRDA) is the parent body of riding for the disabled. All riding for disabled affiliated groups are referred to as *Riding for the Disabled (RDA)*.

NZRDA standards refer to policies and procedures set by the NZRDA which are available on the Group Resource Library, NZRDA The Stable <https://thestable.rda.org.nz/s/>. NZRDA standards reflect current legislation.

- 3 For the purposes of assessment:
 - evidence must be presented in accordance with NZRDA standards.

Outcomes and performance criteria

Outcome 1

Describe the pre-entry criteria and documentation required for rider acceptance into a RDA programme.

Performance criteria

- 1.1 Describe the pre-entry criteria for acceptance into a RDA programme.
- 1.2 Describe the intention of, and complete, forms and information required for the rider for acceptance into a RDA programme.

Outcome 2

Describe learning styles of RDA riders, and teaching techniques used for a RDA session.

Performance criteria

- 2.1 Describe learning styles in terms of their characteristics and application for teaching riders in the RDA session.

Range visual, auditory, kinasthetic.
- 2.2 Describe the use of physical skills in the RDA session.

Range include but are not limited to – fine, gross, open, closed, simple, complex.
- 2.3 Describe methods of teaching a skill in terms of their application to the RDA session.

Range task analysis, whole-part-whole, chaining, backward chaining, modelling, prompting, cueing, repetition, pictures.
- 2.4 Describe levels of assistance in terms of their applications for helping a rider's progress in the RDA session.

Range hand over hand, tactile prompt, facing, gestured prompt, verbal independence, posture, pictorial.
- 2.5 Describe the use of skill development progression for riders in the RDA session.

Outcome 3

Conduct a therapeutic RDA riding session.

Performance criteria

- 3.1 Conduct the session according to the RDA session plan and short terms goals of the rider.
- 3.2 Maintain or regain the rider's attention as required throughout the session.
- 3.3 Support rider behaviour and rider treatment of horse throughout the session.
- 3.4 Manage contingencies.
- 3.5 Close the session according to the session plan.

Replacement information	This unit standard, unit standard 30168 and unit standard 30170 replaced unit standard 26503.
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Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 March 2017	31 December 2022
Review	2	25 November 2021	N/A

Consent and Moderation Requirements (CMR) reference	0018
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Muka Tangata - People, Food, and Fibre Workforce Development Council qualifications@mukatangata.nz if you wish to suggest changes to the content of this unit standard.