

Title	Develop networks with allied health professionals for the referral of exercise participants		
Level	5	Credits	5

Purpose	People credited with this standard are able to develop networks with allied health professionals for the referral of exercise participants.
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Classification	Exercise > Exercise Industry Practice
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment within this unit standard must be carried out in accordance with the following:
 - relevant legislation including Health and Safety at Work Act 2015, Privacy Act 2020, Consumer Guarantees Act 1993, Accident Compensation Act 2001;
 - guidelines and codes of practice include the NZ Register of Exercise Professionals (REPs) Code of Ethical Practice and the REPs Pre-Screening form and guide. These are available from the REPs website www.reps.org.nz;
 - organisational policies and procedures including Emergency Action Plans (EAPs) and Standard Operating Procedures (SOPs).

- 2 Definition

Allied health professionals refers to individuals who have a distinct, specialised body of knowledge and skills, and actively work with people to access health and disability services across a range of settings. These individuals will have a relevant tertiary (or equivalent) education qualification, have a professional association, an appropriate code of ethics and standards of practice, and a recognised system for monitoring ongoing competence. In their practice, allied health professionals provide services and engage in activities which may include: prevention, assessment/evaluation, identification/diagnosis, treatment, rehabilitation/habilitation, advocacy, promotion of health and wellbeing, education, research, leadership/management.

Outcomes and performance criteria

Outcome 1

Develop networks with allied health professionals for the referral of exercise participants.

Performance criteria

- 1.1 Explain the scope of practice for allied health professionals and how an exercise participant would benefit from referral.
- Range acupuncture, chiropractic, orthotic, osteopathy, physiotherapy, podiatry, massage.
- 1.2 Explain the benefits of a multidisciplinary approach to enhance health and exercise outcomes.
- 1.3 Establish criteria on how to compare and select reputable allied health professionals for referral of exercise participants.
- 1.4 Develop a process to select, engage, communicate and document communications with allied health professionals.
- 1.5 Establish the type and sufficiency of information to be communicated to an allied health professional.
- Range may include but is not limited to – acupuncture, chiropractic, orthotic, osteopathy, physiotherapy, podiatry, massage.
- 1.6 Communicate using industry accepted terminology with allied health professionals.

Planned review date	31 December 2028
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	23 November 2017	31 December 2025
Review	2	24 August 2023	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Toi Mai Workforce Development Council qualifications@toimai.nz if you wish to suggest changes to the content of this unit standard.