

Title	Demonstrate knowledge of instruction within an outdoor recreation activity		
Level	5	Credits	20

Purpose	<p>This unit standard is for people who instruct outdoor recreation activity.</p> <p>People credited with this unit standard are able to: explain concepts of learning relevant for instruction in outdoor recreation activity; demonstrate knowledge of leadership theory for the instruction of an outdoor recreation activity; demonstrate knowledge of pedagogical strategies for instruction of an outdoor recreation activity; compare facilitation techniques used in instructing outdoor recreation activities; and demonstrate knowledge of constructive feedback techniques for outdoor recreation activities.</p>
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Classification	Outdoor Recreation > Outdoor Management
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment against this standard must be carried out in accordance with the following:
 - relevant legislation including Health and Safety at Work Act 2015, Human Rights Act 1993, Vulnerable Children Act 2014 and The Health and Safety at Work (Adventure Activities) Regulations 2016;
 - relevant Activity Safety Guidelines published by WorkSafe New Zealand <https://www.supportadventure.co.nz/advice-resources/general-2/activity-safety-guidelines/>;
 - industry codes including the Land Safety Code <https://www.adventuresmart.nz/land/the-land-safety-code>, and Leave No Trace principles <https://leavenotrace.org.nz>;
 - a recognised and approved safety management system including organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs), incident response management plans and the use of personal protective equipment (PPE);
 - relevant industry publications and current industry good practice.
- 2 Definition

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and visitors.

Outcomes and performance criteria

Outcome 1

Explain concepts of learning relevant for instruction in an outdoor recreation activity.

Performance criteria

- 1.1 Explain the use of an experiential learning cycle in the context of a specific outdoor recreation activity.
- 1.2 Explain the purpose and use of progressions in outdoor instruction.
- 1.3 Explain the learning needs of children, teenagers and adults in terms of learning concepts and the implications for instructing in the outdoors.

Outcome 2

Demonstrate knowledge of leadership theory for the instruction of an outdoor recreation activity.

Performance criteria

- 2.1 Compare relevant leadership theories in terms of their advantages and limitations.
- 2.2 Explain contemporary issues in terms of outdoor recreation leadership in Aotearoa New Zealand.

Outcome 3

Demonstrate knowledge of pedagogical strategies for instruction of an outdoor recreation activity.

Performance criteria

- 3.1 Explain the purpose of learning outcomes for outdoor recreation activity instruction.
- 3.2 Explain the purpose of assessing participants for outdoor recreation activities.
Range pre- and post-activity.
- 3.3 Describe strategies to check learning for an outdoor recreation activity.
- 3.4 Explain the components and purpose of the evaluation of an outdoor recreation activity.
- 3.5 Explain the purpose and use of scaffolding strategies for learning within outdoor instruction.

Outcome 4

Compare facilitation techniques used in instructing outdoor recreation activities.

Performance criteria

- 4.1 Compare facilitation techniques used in instructing outdoor recreation activities with current professional good practice.

Range may include but not limited to – front loading, experiential learning, instructor centred, learner centred, reflection, peer/group discussions.

Outcome 5

Demonstrate knowledge of constructive feedback techniques for outdoor recreation activities.

Performance criteria

- 5.1 Explain the purpose of providing feedback for outdoor recreation activities.
- 5.2 Analyse a range of constructive feedback techniques and explain how each technique might be applied effectively for instructing an outdoor recreation activity.

Planned review date	31 December 2029
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	23 November 2017	31 December 2022
Revision	2	26 September 2019	31 December 2026
Review	3	12 December 2024	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Toi Mai Workforce Development Council qualifications@toimai.nz if you wish to suggest changes to the content of this unit standard.