

Title	Plan, prepare, organise, lead and evaluate an introductory abseil session		
Level	4	Credits	20

Purpose	<p>This unit standard is intended for people who can plan, prepare, organise, lead and evaluate an introductory abseil session.</p> <p>People credited with this unit standard are able to: plan and prepare an introductory abseil session; demonstrate effective group and safety management for abseiling; lead a group in an introductory abseil session; apply knowledge of environmental practices and cultural awareness; and evaluate own performance as an abseil leader.</p>
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Classification	Outdoor Recreation > Rock Climbing
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment against this standard must be carried out in accordance with the following:
 - relevant legislation including Health and Safety at Work Act 2015 and Human Rights Act 1993, Vulnerable Children’s Act 2014 and Health and Safety at Work (Adventure Activities) Regulations 2016;
 - Abseiling Activity Safety Guideline published by WorkSafe New Zealand and subsequent updates;
 - industry Codes including the New Zealand Alpine Club (NZAC) code of conduct for Rock Climbers <https://alpineclub.org.nz/>, the Outdoor Safety Code and ‘Leave No Trace’ principles;
 - a recognised and approved safety management system including organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs), incident response management plans and the use of personal protective equipment (PPE);
 - current industry good practice.
- 2 Definitions

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and visitors.

Gear includes clothing and footwear.
- 3 Further information regarding industry guidelines, key definitions and other relevant information can be found within the Abseil and Rock programme guidance document.

This document should be consulted when developing learning or assessment against this unit standard. It can be found at www.skillsactive.org.nz.

Outcomes and performance criteria

Outcome 1

Plan and prepare an introductory abseil session.

Performance criteria

- 1.1 Create an introductory abseiling session plan.
- Range a defined purpose, logical sequence of progressions and activities, any consent or access requirements, individual and group gear and equipment needs.
- 1.2 Create a pre-trip emergency plan for an abseiling session.
- Range emergency planning includes but is not limited to – emergency equipment, internal and external communication, first aid kit contents, knowledge of group's skill-set and health issues.
- 1.3 Select suitable abseil site for a group using knowledge of any specific hazards and risk management strategies.
- 1.4 Obtain a weather forecast and describe how it could affect planned session.
- 1.5 Perform pre-activity tasks including logging intentions, gathering medical information, and completing site and gear checks.

Outcome 2

Demonstrate effective group and safety management for abseiling.

Performance criteria

- 2.1 Use leadership strategies to engage, encourage and motivate participants.
- 2.2 Explain emergency and first aid procedures for an abseil session.
- 2.3 Demonstrate group and safety management techniques and strategies.
- 2.4 Identify hazards and set boundaries and safe zones for the group.
- 2.5 Monitor the weather and modify trip as required in response to any changes.

Outcome 3

Lead a group in an introductory abseil session.

Performance criteria

3.1 Prepare and brief the group prior to abseiling session.

Range session requirements, participant gear, equipment, nutrition, hydration, personal medication and emergency and first aid procedures.

3.2 Instruct introductory abseil skills in a logical sequence with progressions and engaging activities.

3.3 Provide interpretation about the natural or cultural history of the given area to a group.

3.4 Identify local flora and fauna to the group.

Outcome 4

Apply knowledge of environmental practices and cultural awareness.

Performance criteria

4.1 Apply the New Zealand Alpine Club (NZAC) code of conduct for rock climbers.

4.2 Demonstrate respect for the environment through the personal application of environmentally sustainable principles.

Range includes – respect for the tikanga and kawa of local iwi and/or hapū.

4.3 Demonstrate awareness of the physical, emotional and cultural needs of the group.

Outcome 5

Evaluate own performance as an abseil leader.

Performance criteria

5.1 Reflect on planning and own leadership practice to identify areas of success and areas for improvement.

5.2 Collect feedback from a variety of sources on the planning and leadership of an abseil activity.

Range sources may include but are not limited to – supervisor, peers, other participants.

5.3 Evaluate self-reflection and feedback on performance to identify actions for improvement.

Replacement information	This unit standard replaced unit standard 26245.
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Planned review date	31 December 2022
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	25 January 2018	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Skills Active Aotearoa Limited info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.