

<b>Title</b>	<b>Plan, prepare, manage and evaluate tramping trips in easy to moderate terrain</b>		
<b>Level</b>	<b>5</b>	<b>Credits</b>	<b>15</b>

<b>Purpose</b>	<p>This unit standard is intended for people who provide tramping trips in easy to moderate terrain.</p> <p>People credited with this unit standard are able to: prepare and plan for multi-day tramping trip in easy to moderate terrain; manage a group in easy to moderate off track terrain; apply effective group safety management for a tramping trip; demonstrate accepted environmental practices, knowledge and cultural awareness; and evaluate own guiding or instruction of tramping trips.</p>
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<b>Classification</b>	Outdoor Recreation > Tramping
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 All learning and assessment against this standard must be carried out in accordance with the following:
  - relevant legislation including Health and Safety at Work Act 2015 and Human Rights Act 1993, Vulnerable Children’s Act 2014 and Health and Safety at Work (Adventure Activities) Regulations 2016;
  - relevant Activity Safety Guidelines published by WorkSafe New Zealand and subsequent updates;
  - a recognised and approved safety management system including organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs), incident response management plans and the use of personal protective equipment (PPE);
  - current industry good practice.
- 2 Definitions
 

*Current industry good practice* means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and visitors.

*Gear* includes clothing and footwear.
- 3 Further information regarding industry guidelines, key definitions and other relevant information can be found within the Tramping programme guidance document. This document should be consulted when developing learning or assessment against this unit standard. It can be found at [www.skillsactive.org.nz](http://www.skillsactive.org.nz).

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## Outcomes and performance criteria

### Outcome 1

Prepare and plan for a multi-day tramping trip in easy to moderate terrain.

#### Performance criteria

- 1.1 Develop an activity plan for guiding or instructing a multi-day tramping trip from identified aims and objectives.
- 1.2 Create a trip plan.  
  
Range route information, planned and alternative routes, estimated times and distances, and any access or consent requirements.
- 1.3 Plan and prepare for safety and risk management.  
  
Range emergency routes, weather forecast, intentions, communication equipment and emergency response and contact information, hazard identification and risk management.
- 1.4 Prepare gear and equipment lists for the group and individual participants and recommend individuals nutrition and hydration requirements.
- 1.5 Explain the use of a range of communication devices commonly used for multi-day tramping trips in New Zealand.
- 1.6 Justify emergency group equipment required for a given multi-day tramping trip.

### Outcome 2

Manage a group in easy to moderate off track terrain.

#### Performance criteria

- 2.1 Prepare the group and carry out pre-trip briefing and checks.  
  
Range includes – gear and equipment checks, the disclosure of relevant medical information, hazard identification and procedure if the guide or instructor becomes incapacitated.
- 2.2 Assess individual tramper's ability and adapt trip as required.
- 2.3 Manage time in relation to the planned trip, group and terrain conditions.
- 2.4 Manage group using guiding or instruction techniques, and communication system.
- 2.5 Monitor and manage participants behaviour, and apply a system to keep the group together, and everyone accounted for.

**Outcome 3**

Apply effective group safety management for a tramping trip.

**Performance criteria**

- 3.1 Apply risk and hazard management strategies during a given trip and adjust plans when required.
- 3.2 Describe the management and assessment of an emergency situation.
- Range includes – procedures for an incident or injury; an individual group member getting separated from the group, and the group becoming lost.
- 3.3 Describe the management of common tramping incidents or injuries.
- Range includes – dehydration, hypothermia, hyperthermia, sunburn, allergic reaction, blisters.
- 3.4 Erect an emergency shelter suitable for overnight survival using natural features, materials and carried equipment.
- 3.5 Demonstrate use of a range of communication devices and methods commonly used in the tramping environment in New Zealand.
- 3.6 Observe changes in the environment, terrain condition, clouds, temperature and wind direction to anticipate weather conditions and modify trip as required.

**Outcome 4**

Demonstrate accepted environmental practices, knowledge and cultural awareness for multi-day tramping.

**Performance criteria**

- 4.1 Apply minimal impact and sustainable practices.
- 4.2 Role model respect for the environment through the personal application of environmentally sustainable principles.
- Range includes – respect for the tikanga and kawa of local iwi and/or hapū.
- 4.3 Manage and monitor physical, emotional and cultural needs of the group.
- 4.4 Describe the natural and cultural history, geology, flora and fauna of a given tramping area.

**Outcome 5**

Evaluate own guiding or instruction of tramping trips.

**Performance criteria**

5.1 Collect and evaluate feedback from a range of sources to identify areas of trip planning and management for improvement.

Range includes – self-review and external feedback.

5.2 Evaluate feedback and self-reflect on own performance to identify guiding or instruction aspects that could be developed.

<b>Planned review date</b>	31 December 2022
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	25 January 2018	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

**Comments on this unit standard**

Please contact Skills Active Aotearoa Limited [info@skillsactive.org.nz](mailto:info@skillsactive.org.nz) if you wish to suggest changes to the content of this unit standard.