

<b>Title</b>	<b>Plan, prepare, organise, lead and evaluate an introductory top rope rock climbing session</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>20</b>

<b>Purpose</b>	<p>This unit standard is intended for people who plan, prepare, organise, lead and evaluate an introductory top rope rock climbing session.</p> <p>People credited with this unit standard are able to: plan and prepare an introductory top rope rock climbing session; demonstrate effective group and safety management; lead a group in an introductory rock climbing session; apply knowledge of environmental practices and cultural awareness; and evaluate own performance as a rock climbing leader.</p>
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<b>Classification</b>	Outdoor Recreation > Rock Climbing
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 All learning and assessment against this standard must be carried out in accordance with the following:
  - relevant legislation including Health and Safety at Work Act 2015 and Human Rights Act 1993, Vulnerable Children’s Act 2014 and Health and Safety at Work (Adventure Activities) Regulations 2016;
  - relevant Activity Safety Guideline published by WorkSafe New Zealand and subsequent updates;
  - industry codes including the New Zealand Alpine Club (NZAC) Code of Conduct for Rock Climbers <https://alpineclub.org.nz/>, the Outdoor Safety Code, and ‘Leave No Trace’ principles;
  - a recognised and approved safety management system including organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs), incident response management plans and the use of personal protective equipment (PPE);
  - current industry good practice.
- 2 Definitions
 

*Current industry good practice* means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and visitors.

*Gear* includes clothing and footwear.
- 3 Further information regarding industry guidelines, key definitions and other relevant information can be found within the Abseil and Rock programme guidance document.

This document should be consulted when developing learning or assessment against this unit standard. It can be found at [www.skillsactive.org.nz](http://www.skillsactive.org.nz).

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## Outcomes and performance criteria

### Outcome 1

Plan and prepare an introductory top rope rock climbing session.

#### Performance criteria

- 1.1 Create an introductory rock climbing session plan.
- Range a defined purpose, logical sequence of progressions and activities, any consent or access requirements, individual and group gear and equipment needs.
- 1.2 Create a pre-trip emergency plan for a rock climbing session.
- Range emergency planning includes but is not limited to – emergency equipment, internal and external communication, first aid kit contents, knowledge of group's skill-set and health issues.
- 1.3 Select suitable rock climbing routes for a group using knowledge of any specific hazards and risk management strategies.
- 1.4 Obtain a weather forecast and describe the impact on the planned rock climbing session.
- 1.5 Perform pre-activity tasks including intentions, medical information, site, gear and equipment checks.

### Outcome 2

Demonstrate effective group and safety management for a top rope rock climbing session.

#### Performance criteria

- 2.1 Use leadership strategies to engage, encourage and motivate participants during a top rope rock climbing session.
- 2.2 Explain emergency and first aid procedures for a top rope rock climbing session.
- 2.3 Demonstrate group and safety management techniques and strategies during a top rope rock climbing session.
- 2.4 Identify hazards, set boundaries and safe zones to the group.
- 2.5 Monitor the weather and modify trip as required in response to any changes.

**Outcome 3**

Lead a group in an introductory top rope rock climbing session.

**Performance criteria**

- 3.1 Prepare and brief the group prior to top rope rock climbing session.
- Range session requirements, participant gear, equipment, nutrition, hydration, personal medication and emergency and first aid procedures.
- 3.2 Instruct introductory top rope rock climbing skills in a logical sequence with progressions and engaging activities.
- 3.3 Provide interpretation about the natural or cultural history of the given area to the group.
- 3.4 Identify local flora and fauna to the group.

**Outcome 4**

Apply knowledge of environmental practices and cultural awareness.

**Performance criteria**

- 4.1 Apply the New Zealand Alpine Club (NZAC) code of conduct for rock climbers.
- 4.2 Demonstrate respect for the environment through the personal application of environmentally sustainable principles.
- Range includes – respect for the tikanga and kawa of local iwi and/or hapū.
- 4.3 Demonstrate awareness of the physical, emotional and cultural needs of the members of the group.

**Outcome 5**

Evaluate own performance as a top rope rock climbing leader.

**Performance criteria**

- 5.1 Reflect on planning and own leadership practice to identify areas of success and areas for improvement.
- 5.2 Collect feedback from a variety of sources on the planning and leadership of a top rope rock climbing activity.
- Range sources may include but are not limited to – supervisor, peers, participants.

- 5.3 Evaluate self-reflection and feedback on performance to identify actions for improvement.

<b>Replacement information</b>	This unit standard replaced unit standard 26242.
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<b>Planned review date</b>	31 December 2022
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#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	25 January 2018	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

#### Comments on this unit standard

Please contact Skills Active Aotearoa Limited [info@skillsactive.org.nz](mailto:info@skillsactive.org.nz) if you wish to suggest changes to the content of this unit standard.