

Title	Plan, prepare, manage and evaluate single pitch top rope rock climbing and abseil sessions		
Level	5	Credits	15

Purpose	<p>This unit standard is intended for people who can guide or instruct single pitch top rope rock climbing and abseil sessions.</p> <p>People credited with this unit standard are able to: plan and prepare for single pitch top rope rock climbing and abseiling sessions; manage a group for a single pitch rock climbing and abseiling session; apply effective group safety management; apply knowledge of accepted environmental practices, knowledge and cultural awareness; and evaluate single pitch rock climbing and abseiling sessions.</p>
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Classification	Outdoor Recreation > Rock Climbing
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment against this standard must be carried out in accordance with the following:
 - relevant legislation including Health and Safety at Work Act 2015 and Human Rights Act 1993, Vulnerable Children’s Act 2014 and Health and Safety at Work (Adventure Activities) Regulations 2016;
 - relevant Activity Safety Guideline published by WorkSafe New Zealand and subsequent updates;
 - industry Codes including the New Zealand Alpine Club (NZAC) Code of Conduct for Rock Climbers <https://alpineclub.org.nz/>, the Outdoor Safety Code, and ‘Leave No Trace’ principles;
 - a recognised and approved safety management system including organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs), incident response management plans and the use of personal protective equipment (PPE);
 - current industry good practice.
- 2 Definitions

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and visitors.

Gear includes clothing and footwear.

- 3 Further information regarding industry guidelines, key definitions and other relevant information can be found within the Abseil and Rock programme guidance document.

This document should be consulted when developing learning or assessment against this unit standard. It can be found at www.skillsactive.org.nz.

Outcomes and performance criteria

Outcome 1

Plan and prepare for single pitch top rope rock climbing and abseiling sessions.

Performance criteria

- 1.1 Use identified aims and objectives to develop an activity plan for guided or instructional top rope rock climbing and abseiling sessions.
- 1.2 Plan and prepare for safety and risk management of top rope rock climbing and abseiling sessions.
- Range emergency routes, weather forecast, intentions, communication equipment and emergency response and contact information.
- 1.3 Prepare gear and equipment lists for the group and individual participants and make recommendations for individual nutrition and hydration requirements.
- 1.4 Justify emergency group equipment carried for a given rock climbing and abseiling session.
- 1.5 Explain the use of communication devices commonly used for rock climbing.

Outcome 2

Manage a group for a single pitch rock climbing and abseiling session.

Performance criteria

- 2.1 Prepare the group and carry out pre-trip briefing and checks.
- Range includes – gear checks, disclosure of relevant medical information, hazards and procedure if guide or instructor or guide becomes incapacitated.
- 2.2 Assess individuals' rock climbing ability within the group and adapt session in response to the aims and objectives of the day.
- 2.3 Manage time in relation to planned activities, group and conditions.
- 2.4 Manage the group using guiding or instruction techniques and communication system.

- 2.5 Monitor and manage participants' behaviour, and apply a system to account for everyone.
- 2.6 Supervise and manage climbers, belayers, abseilers and the rest of the group.

Outcome 3

Apply effective group safety management for a single pitch top rope climbing session.

Performance criteria

- 3.1 Apply risk management strategies during a given rock climbing and abseil session and adjust plans when required.
- 3.2 Describe the assessment and management of an emergency situation including procedures for dealing with an incident or injury in the group.
- 3.3 Use a communication and safety checking system with participants during a rock climbing and abseil session.

Outcome 4

Apply knowledge of accepted environmental practices, knowledge and cultural awareness for rock climbing and abseiling in New Zealand.

Performance criteria

- 4.1 Role model the New Zealand Alpine Club (NZAC) code of conduct for rock climbers.
- 4.2 Role model respect for the environment through the personal application of environmentally sustainable principles.

Range includes – respect for the tikanga and kawa of local iwi and/or hapū.
- 4.3 Manage and monitor physical, emotional, cultural and needs of the members of the group.
- 4.4 Interpret the natural and cultural history, geology, flora and fauna of a given rock climbing area for a group.
- 4.5 Describe the development of rock climbing as an outdoor recreation activity in terms of history, trends and development to a group.
- 4.6 Describe contemporary ethics and issues in the rock climbing environment.

Outcome 5

Evaluate single pitch rock climbing and abseiling sessions.

Performance criteria

- 5.1 Collect and evaluate feedback from a range of sources to identify areas of trip planning and management for improvement.

Range includes – self-review and external feedback.

- 5.2 Evaluate feedback and self-reflect on own performance to identify guiding or instruction aspects that could be developed.

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	25 January 2018	31 December 2026
Review	2	25 July 2024	31 December 2026

Consent and Moderation Requirements (CMR) reference

0099

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.