

Title	Plan, instruct and evaluate single pitch rock climbing and abseiling sessions for beginner to intermediate climbers		
Level	5	Credits	10

Purpose	<p>This unit standard is intended for people who can plan, instruct and evaluate single pitch rock climbing and abseiling sessions for beginner to intermediate climbers.</p> <p>People credited with this unit standard are able to: plan, instruct and evaluate rock climbing and abseiling skills sessions.</p>
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Classification	Outdoor Recreation > Rock Climbing
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment against this standard must be carried out in accordance with the following:
 - relevant legislation including Health and Safety at Work Act 2015 and Human Rights Act 1993, Vulnerable Children’s Act 2014 and Health and Safety at Work (Adventure Activities) Regulations 2016;
 - relevant Activity Safety Guideline published by WorkSafe New Zealand and subsequent updates;
 - industry Codes including the New Zealand Alpine Club (NZAC) Code of Conduct for Rock Climbers <https://alpineclub.org.nz/>, the Outdoor Safety Code, and ‘Leave No Trace’ principles;
 - a recognised and approved safety management system including organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs), incident response management plans and the use of personal protective equipment (PPE);
 - current industry good practice.
- 2 Definitions

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and visitors.

Gear includes clothing and footwear.
- 3 Further information regarding industry guidelines, key definitions and other relevant information can be found within the Abseil and Rock programme guidance document. This document should be consulted when developing learning or assessment against this unit standard. It can be found at www.skillsactive.org.nz.

Outcomes and performance criteria

Outcome 1

Plan for instructing a single pitch rock climbing and abseiling skills session.

Performance criteria

- 1.1 Develop a plan for instructing a given rock climbing and abseiling skills session including a logical sequence of teaching progressions, activities and a contingency option.

Outcome 2

Instruct and evaluate single pitch rock climbing and abseiling skills sessions.

Performance criteria

- 2.1 Instruct movement skills for beginner to intermediate rock climbers in a suitable location.
- Range: includes – footwork, body position, balance.
- 2.2 Instruct skills required for top rope rock climbing in a suitable location.
- Range must include but is not limited to – fitting and checking of harnesses and helmets, safe zones and boundaries, clear communication calls, systematic checks, belaying, belay stance, what to do at top of climb.
- 2.3 Instruct skills required for an abseil session in a suitable location.
- Range must include but is not limited to – fitting and checking of harnesses and helmets, safe zones and boundaries, clear communication between instructor and abseiler, how to use abseil device, abseil technique, what to do at bottom.
- 2.4 Apply facilitation techniques to engage participants in a rock climbing and abseil skills session.
- 2.5 Use a logical sequence of teaching progressions while instructing top rope rock climbing and abseil skills sessions.
- 2.6 Provide feedback to participants on rock climbing and abseiling skills.
- 2.7 Evaluate personal instruction practice to identify potential actions for improvements.

Replacement information	This unit standard replaced unit standard 20154.
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Planned review date	31 December 2022
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	25 January 2018	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Skills Active Aotearoa Limited info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.