

Title	Plan, deliver and evaluate adaptive aquatic education programmes for learners with additional needs		
Level	4	Credits	30

Purpose	People credited with this unit standard are able to: plan and deliver adaptive aquatic education programmes to develop confidence, aquatic skills, water safety, and inclusion for learners with additional needs; and evaluate the delivery and implementation of adaptive aquatic education programmes.
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Classification	Recreation and Sport > Recreation and Sport - Aquatics
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment within this unit standard must be carried out in accordance with the following, as relevant to their role:
 - relevant legislation including Health and Safety at Work Act 2015, Privacy Act 2020, Human Rights Act 1993, Accident Compensation Act 2001, The Children's Act 2014, and subsequent amendments;
 - industry codes and good practice guidelines including *Aquatic Facility Guidelines*, 2015, New Zealand Recreation Association (NZRA) available via <https://www.nzrecreation.org.nz/Site/aquatics/guidelines.aspx>;
 - organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs) or Normal Operating Procedures (NOPs), and requirements for the use of personal protective equipment (PPE).

- 2 Definitions

Adaptive aquatic education programmes refer to aquatic education programmes adapted to meet the additional needs of all learners regardless of disability, chronic condition, age, and culturally and linguistically diverse backgrounds (CALD).

Organisational policies and procedures refer to the operations manual or documented normal operating procedures at an aquatic facility that set out the way in which the facility will operate on a day-to-day basis.

- 3 Assessment

Competency in this unit standard must be demonstrated in a real swim teaching environment and cannot be simulated.

4 Range

Competence must be demonstrated for two specialised adaptive aquatic education programmes. Each programme must:

- consist of 10 consecutive lessons;
- be aimed at learners at a different stage of development (e.g. one programme for a learner with a chronic condition and one programme for learners who speak a language other than English).

At least one of the adaptive aquatic education programmes must be for a group of at least three learners, not all of whom may have additional needs.

5 The swim teacher candidate must be in the water with learners during each lesson.

Outcomes and performance criteria

Outcome 1

Plan and deliver adaptive aquatic education programmes to develop confidence, aquatic skills, water safety, and inclusion for learners with additional needs.

Performance criteria

- 1.1 Plan and structure lessons to support an adaptive aquatic education programme that develops confidence, aquatic skills, water safety, and inclusion for learners with additional needs.

Range lesson plans include but are not limited to – links to programme aims; survival skills; developmental activities that suit the age, stage and additional needs of learners.

- 1.2 Apply knowledge of safe and controlled movement in an aquatic facility to select, use, and modify teaching techniques and strategies that meet the holistic needs of learners, and meet the objectives of the lesson plans.

Range needs of learners include but are not limited to those related to – learner level of decision making and responsibility for his or her own actions; functional ability in relation to the pool and the wider aquatic environment including the facility, the change rooms, and water depth; learner goals and expectations; learner prior knowledge and skills in the water (stage of development); past swimming or water environment experience; needs of learners may include – social connectedness.

- 1.3 Select, use, and adapt equipment, resources, and aids to suit the needs of learners with additional needs, and to meet the objectives of the lesson plans.

- 1.4 Provide clear information and instruction, confirm understanding, and receive feedback using communication techniques that are suited to learners with additional needs and their caregivers where relevant, and to meet the objectives of the lesson plans.

Outcome 2

Evaluate the delivery and implementation of adaptive aquatic education programmes.

Performance criteria

- 2.1 Evaluate the effectiveness of the overall delivery and implementation of the adaptive aquatic education programme.
- 2.2 Evaluate own performance as a swim teacher during delivery and implementation of the adaptive aquatic education programme, and identify strategies to address any areas needing improvement.

Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	29 March 2018	31 December 2023
Review	2	28 October 2021	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Skills Active Aotearoa Limited info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.