

<b>Title</b>	<b>Plan, deliver and evaluate specialised aquatic education programmes for early childhood learners</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>30</b>

<b>Purpose</b>	People credited with this unit standard are able to: plan and deliver specialised aquatic education programmes to develop confidence, aquatic skills and water safety in early childhood learners; and evaluate the delivery and implementation of the specialised aquatic education programmes.
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<b>Classification</b>	Recreation and Sport > Recreation and Sport - Aquatics
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<b>Available grade</b>	Achieved
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## Guidance Information

- 1 All learning and assessment within this unit standard must be carried out in accordance with the following, as relevant to their role:
  - relevant legislation including Health and Safety at Work Act 2015, Privacy Act 2020, Human Rights Act 1993, Accident Compensation Act 2001, The Children’s Act 2014, and subsequent amendments;
  - industry codes and good practice guidelines including *Aquatic Facility Guidelines*, 2015, New Zealand Recreation Association (NZRA) available via <https://www.nzrecreation.org.nz/Site/aquatics/guidelines.aspx>;
  - organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs) or Normal Operating Procedures (NOPs), and requirements for the use of personal protective equipment (PPE).
- 2 Definitions
 

*Early childhood learners* refer to infants and pre-schoolers.

*Organisational policies and procedures* refer to the operations manual or documented normal operating procedures at an aquatic facility that set out the way in which the facility will operate on a day-to-day basis.
- 3 Assessment
 

Competency in this unit standard must be demonstrated in a real swim teaching environment and cannot be simulated.
- 4 Ministry of Education, *Te Whāriki: He Whāriki Mātauranga mō ngā Mokopuna o Aotearoa. Early Childhood Curriculum* (Te Whāriki) (Wellington, Learning Media); available at <https://www.education.govt.nz/assets/Documents/Early-Childhood/Te-Whariki-Early-Childhood-Curriculum-ENG-Web.pdf>.

- 5 Range  
Competence must be demonstrated for two specialised early childhood aquatic education programmes. Each programme must:
- consist of 10 consecutive lessons;
  - be aimed at early childhood learners of different ages and stages of development (e.g. one programme for infants and one programme for pre-schoolers).

Both of the specialised aquatic education programmes must be for a group of at least three learners.

- 6 The swim teacher candidate must be in the water with learners during each lesson. Early childhood learners may be accompanied in the water by a parent or caregiver.

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## Outcomes and performance criteria

### Outcome 1

Plan and deliver specialised aquatic education programmes to develop confidence, aquatic skills and water safety in early childhood learners.

### Performance criteria

- 1.1 Plan and structure lessons to support a specialised aquatic education programme that develops confidence, aquatic skills and water safety in early childhood learners.
- Range lesson plans include but are not limited to – links to programme aims, links to Te Whāriki, survival skills, swimming progressions and techniques, developmental activities that suit the age and stage of learners.
- 1.2 Apply knowledge of early childhood development to select, use, and modify teaching techniques and strategies that meet the holistic needs of early childhood learners and their parents or caregivers, and to meet the objectives of the lesson plans.
- Range early childhood development includes – brain development, physical development, language development, social and emotional development.
- 1.3 Select, use, and adapt equipment and resources to suit the age and stage of development of early childhood learners, and to meet the objectives of the lesson plans.
- 1.4 Provide clear information and instruction, confirm understanding, and receive feedback using communication techniques that are suited to learners and their parents/caregivers, and that meet the objectives of the lesson plans.

## Outcome 2

Evaluate the delivery and implementation of the specialised aquatic education programmes.

### Performance criteria

- 2.1 Evaluate the effectiveness of the overall delivery and implementation of the specialised aquatic education programme.
- 2.2 Evaluate own performance as a swim teacher during delivery and implementation of the specialised aquatic education programme, and identify strategies to address any areas needing improvement.

<b>Planned review date</b>	31 December 2026
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### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	29 March 2018	31 December 2023
Review	2	28 October 2021	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

### Comments on this unit standard

Please contact Skills Active Aotearoa Limited [info@skillsactive.org.nz](mailto:info@skillsactive.org.nz) if you wish to suggest changes to the content of this unit standard.