

<b>Title</b>	<b>Demonstrate knowledge of and perform body therapy services</b>		
<b>Level</b>	<b>5</b>	<b>Credits</b>	<b>10</b>

<b>Purpose</b>	People credited with this unit standard are able to: demonstrate knowledge of body conditions, and selection of products and electrical body therapy services for body therapy services; prepare for selected services; prepare the client for the body therapy service; perform body therapy services; perform complementary care for the body therapy service; and complete follow up actions.
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<b>Classification</b>	Beauty Services > Beauty Therapy
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<b>Available grade</b>	Achieved
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<b>Prerequisites</b>	Unit 29590, <i>Select, maintain, and demonstrate safe handling of beauty therapy equipment and tools</i> ; and Unit 29603, <i>Demonstrate knowledge of skin, hair and nail conditions relevant for beauty therapy services</i> ; or demonstrate equivalent knowledge and skills.
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## Guidance Information

- 1 Definition  
*Salon requirements*, for the purposes of this unit standard, refer to any policies, procedures, and requirements of the company and/or workplace involved (including manufacturers' instructions), and any ethical codes of relevant professional management, which collectively provide a standard that applies to all performance criteria in this unit standard.
- 2 Evidence generated during assessment against this unit standard must meet salon requirements and be consistent with industry practice and knowledge. Such knowledge is available in reference texts, models, and other information-bearing media. No one textbook or other source of information is envisaged, as new approaches to the study of beauty therapy are published regularly.
- 3 Evidence generated during assessment against this unit standard must be consistent with the current edition of The New Zealand Association of Registered Beauty Therapists, *Code of Ethics for Members of The New Zealand Association of Registered Beauty Therapists Inc.* (Auckland, NZ), and The New Zealand Association of Registered Beauty Therapists, *Health and Hygiene Guidelines* (Auckland, NZ), both available from <http://www.beautynz.org.nz>.

- 4 All work must comply with legislative and salon requirements, and must ensure maximum client care and comfort at all times. Legislative requirements include but are not limited to the Health and Safety at Work Act 2015, and subsequent amendments.
- 5 An ergonomically correct posture must be maintained which ensures minimum postural impairment of the beauty practitioner.
- 6 Performance of the outcomes in this unit standard must be within the limits of the professional expertise of the candidate. Referral of clients to other industry professionals and/or to health professionals must occur when situations arise which are outside this range of professional expertise.
- 7 Performance of the outcomes in this unit standard must ensure that no beauty practitioner carries out any treatment on any person under the age of 16 years without the written permission of a parent or guardian who must be present at the initial consultation.
- 8 **Range**  
Body therapy services must be performed for five clients to cover different conditions and types of service.

For all services, the order of the individual steps in the service must be adapted to best meet the service plan agreed during client consultation.

Body therapy services include but are not limited to – microdermabrasion on the body, high frequency current, micro-currents, faradic, Light Emitting Diode (LED), iontophoresis, desincrustation, sonophoresis, cryolipolysis, vacuum suction, infra-red.

Conditions include but are not limited to – fluid retention, weight reduction, cellulite, muscle tone, uneven texture or tone.

- 9 It is recommended that people seeking credit for this unit standard first hold credit for Unit 27176, *Demonstrate knowledge of micro-organisms in a beauty salon*; and Unit 29599, *Demonstrate knowledge of human body structure and systems for beauty therapy services*.

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## Outcomes and performance criteria

### Outcome 1

Demonstrate knowledge of body conditions, and selection of products and electrical body therapy services for body therapy services.

### Performance criteria

- 1.1 Identify and explain products relevant to the treatment of conditions for body therapy services.  
  
Range products – serum, body cream, body exfoliants, body peels, body mask.

1.2 Identify and explain the selection of electrical therapy services relevant to skin conditions when performing body therapy services.

1.3 Describe the benefits of body therapy services for different conditions.

Range may include but is not limited to – cellulite, oedema, muscle tone, skin tone, skin conditions, body ageing, weight loss, pigmentation, skin texture, striae (stretch marks).

1.4 Explain options for and benefits of varying and adapting body therapy services to meet individual client skin requirements.

## **Outcome 2**

Prepare for selected services.

### **Performance criteria**

2.1 Consult with client to identify and confirm work required.

Range analysis (body shapes, contraindications), recommendations, product selection, confirmation of service, signed consent form.

2.2 Identify contraindications to body therapy service for a client in terms of skin diseases and disorders, and adapt or suspend service accordingly.

Range includes but is not limited to – medical approval obtained by the client prior to service.

2.3 Record outcomes of client consultation.

2.4 Select, prepare, and use products and equipment in accordance with manufacturer's instructions.

2.5 Prepare the client in accordance with the agreed service plan.

## **Outcome 3**

Prepare the client for the body therapy service.

### **Performance criteria**

3.1 Apply and remove the selected products in accordance with manufacturers' instructions.

3.2 Perform preparation for a body therapy service to area of concern to meet agreed service plan.

## **Outcome 4**

Perform body therapy services.

**Performance criteria**

- 4.1 Perform the body therapy service to area of concern to meet agreed service plan.
- 4.2 Complete the body therapy service within commercially accepted appointment timeframes in accordance with consultation outcome.

**Outcome 5**

Perform complementary care for the body therapy service.

**Performance criteria**

- 5.1 Select, apply, and remove products that best suit the client's condition in accordance with manufacturers' instructions.
- 5.2 Perform services to meet agreed service plan.

**Outcome 6**

Complete follow up actions.

**Performance criteria**

- 6.1 Provide home care advice that is consistent with completed service.
- Range includes but is not limited to – product recommendations, possible adverse reactions and how to respond to them.
- 6.2 Explain recommended time period for rebooking next service to the client in terms of obtaining and maintaining optimum results and benefits.
- 6.3 Sanitise tools and equipment.
- 6.4 Clean and tidy the work area.
- 6.5 Update client service history.

<b>Replacement information</b>	This unit standard replaced unit standard 19602.
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<b>Planned review date</b>	31 December 2023
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	31 May 2018	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0035
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

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### Comments on this unit standard

Please contact the NZ Hairdressing Industry Training Organisation Inc  
[support@hito.org.nz](mailto:support@hito.org.nz) if you wish to suggest changes to the content of this unit standard.