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| Title | Describe a carer's role in preparing a child or young person in care for life events | | |
| Level | 3 | Credits | 4 |

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| Purpose | <p>This unit standard is intended for people whose activities bring them into contact with children or young people, or who work with children or young people in care.</p> <p>A person credited with this standard can describe:</p> <ul style="list-style-type: none"> • personal life skills required for age-related life events; • the carer's role in developing personal life skills and independence in a child or young person in care; and • resilience and the carer's role in developing resilience in a child or young person in care. |
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| Classification | Social Services > Care of Children and Young Persons |
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| Available grade | Achieved |
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Guidance Information

- 1 Range
Care settings include – whānau, kin, and foster care; respite care; residential care.
- 2 Definitions
Age-related development intervals for children and young people are: newborn (under 4 weeks); infant (4 weeks – 1 year); toddler (1–3 years); pre-schooler (4–6 years); school-aged child (6–11 years); adolescent (ages 12–19 years).
Approved agency is an agency approved under the Oranga Tamariki Act 1989 s396(8).
Carer is a person who is a custodial carer providing care for a child or young person from their own whānau or family, or a person who provides foster, respite, or residential care for a child or young person placed with them by an approved agency or the Ministry of Justice. In the context of this unit standard, carers do not include adoptive parents or birth parents.
Child means a person under the age of 14 years.
Strength-based strategies are founded in the belief that the child or young person has their own set of strengths and capabilities, and the potential for growth, change and success. Strength-based strategies recognise that the child or young person holds the key to their own transformation. Looking for strengths and abilities as a starting point changes the helping relationship from fixing someone, to nurturing someone's potential. Instead of dwelling on problems strength-based strategies focus on opportunity, empowerment, capacity building and hope.

Transitions include being placed with another carer; or being transferred from a carer to a residence; or being transferred from a residence to a carer; or being returned to their parents or guardians or other family members.

Young person means a person of or over the age of 14 years but under 18 years and has an extended meaning that includes some young adults for certain purposes under the Oranga Tamariki Act 1989 s386AAA.

3 Legislation relevant to this standard may include but is not limited to:

- Care of Children Act 2004;
- Children’s Act 2014;
- Crimes Act 1961;
- Family Violence Act 2018;
- Family Proceedings Act 1980;
- Human Rights Act 1993;
- Oranga Tamariki Act 1989;
- Oranga Tamariki (National Care Standards and Related Matters) Regulations 2018;
- Privacy Act 2020;
- Te Tiriti o Waitangi/Treaty of Waitangi.

4 References

Pawson, M. (2010). *Youth and the law 2010: A comprehensive guide to the law relating to youth, from birth to adulthood*. Wellington: Educational Resources for Legal Resources Trust.

New Zealand. Ministry of Health/Manatū Hauora. (2020). *Te Whare Tapa Whā: Māori health model*. Available at <https://www.health.govt.nz/our-work/populations/maori-health/maori-health-models/maori-health-models-te-whare-tapa-wha>.

United States of America. American Psychological Association. (2012). *The Road to Resilience*. Available at <http://www.apa.org/helpcenter/road-resilience.aspx>.

New Zealand. Ministry of Health/Manatū Hauora. (2020). *Treaty of Waitangi principles*. Available at <https://www.health.govt.nz/our-work/populations/maori-health/he-korowai-oranga/strengthening-he-korowai-oranga/treaty-waitangi-principles>.

New Zealand. Ministry of Social Development/Manatū Whakakiato Ora. (2020). *United Nations Convention on the Rights of the Child*. Available at: <https://www.msd.govt.nz/about-msd-and-our-work/publications-resources/monitoring/uncroc/>.

Outcomes and performance criteria

Outcome 1

Describe personal life skills required for age-related life events.

Range skills may include but are not limited to – effective communication, problem solving skills, building trust, recognising and building own talents, building social skills/networks, managing emotions, safety.

Performance criteria

1.1 Links between each skill to its impact on age-related life events are described in

accordance with the Oranga Tamariki National Care Standards.

Range four examples are required from one age group selected from pre-schooler, school aged child, adolescent.

Outcome 2

Describe the carer's role in developing personal life skills and independence in a child or young person in care.

Range skills must include but are not limited to – communication, coping skills, preparation for life events such as transitions, building trust, building and exploring talents, building their own social networks, building confidence.

Performance criteria

2.1 Strategies that can be planned and implemented by the carer, (working with the child or young person) to develop life skills and independence are described in terms of the link between the strategy and a specific life skill.

Range strategies must be strength-based; evidence of three strategies is required.

Outcome 3

Describe resilience and the carer's role in developing resilience in a child or young person in care.

Performance criteria

3.1 The relationship between resilience and social connectedness is described.

3.2 Four factors required for a person to develop resilience are described in accordance with *The Road to Resilience*.

3.3 Ways in which the carer can build the development of resilience in a child or young person are described.

Range evidence is required of two actions and/or activities for each of two age groups selected from – pre-schooler, school-aged child, adolescent.

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| Planned review date | 31 December 2023 |
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Status information and last date for assessment for superseded versions

| Process | Version | Date | Last Date for Assessment |
|--------------|---------|-----------------|--------------------------|
| Registration | 1 | 1 November 2018 | N/A |
| Revision | 2 | 27 May 2021 | N/A |

Consent and Moderation Requirements (CMR) reference

0024

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.