

Title	Plan, prepare, lead, and evaluate traversing and climbing high ropes activities session		
Level	4	Credits	20

Purpose	<p>This unit standard is intended for people who provide introductory high ropes activities using traversing and climbing activities.</p> <p>People credited with this unit standard are able to: plan and prepare for a traversing and climbing high ropes activities session; demonstrate group and safety management while leading traversing and climbing high ropes activities session; lead a group for a traversing and climbing high ropes activities session; apply knowledge of environmental practices and cultural awareness for high ropes activities in outdoor environments in Aotearoa New Zealand; and evaluate own performance as a traversing and climbing high ropes leader.</p>
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Classification	Outdoor Recreation > High Wires and High Ropes
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment against this standard must be carried out in accordance with the following:
 - relevant legislation, including the Health and Safety at Work Act 2015, Human Rights Act 1993, Vulnerable Children Act 2014, and the Health and Safety at Work (Adventure Activities) Regulations 2016;
 - relevant Activity Safety Guidelines published by WorkSafe New Zealand <https://www.supportadventure.co.nz/advice-resources/general-2/activity-safety-guidelines/>;
 - industry Codes including the *Land Safety Code* <https://www.adventuresmart.nz/land/the-land-safety-code>, and *Leave No Trace* principles <https://leavenotrace.org.nz>;
 - a recognised and approved safety management system including organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs), incident response management plans and the use of personal protective equipment (PPE);
 - relevant industry publications and current industry good practice.

2 Definitions

Activities are elements used on a high ropes course, and exercises relevant to using a high ropes course, e.g. exercises preparing the group to perform necessary safety roles.

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and visitors.

Session is a number of high ropes activities or elements.

Outcomes and performance criteria

Outcome 1

Plan and prepare for a traversing and climbing high ropes activities session.

Performance criteria

- 1.1 Create an activity plan for a traversing and climbing activities session on high ropes.
 - Range defined purpose, logical sequence of progressions, any consent or access requirements, individual and group gear and equipment needs.
- 1.2 Select activities suitable for a group, identifying hazards and risk management strategies.
- 1.3 Create a pre-activity emergency plan for a traversing and climbing high ropes activities session.
 - Range emergency planning includes but is not limited to – emergency equipment, internal and external communication, first aid kit contents, knowledge of group's skill-set and health issues.
- 1.4 Obtain a weather forecast and describe how it could affect the planned session.
- 1.5 Perform pre-session tasks including gathering medical information and completing gear and equipment checks.

Outcome 2

Demonstrate group and safety management while leading a traversing and climbing high ropes activities session.

Performance criteria

- 2.1 Use leadership strategies to engage, encourage and motivate participants.
- 2.2 Explain emergency and first aid procedures for high ropes activities.

2.3 Demonstrate group management and safety techniques and strategies.

Range monitoring individual task completion rates, participant behaviour, leader positioning, communication; and accounting for all group members.

Outcome 3

Lead a group for a traversing and climbing high ropes activities session.

Performance criteria

- 3.1 Prepare and brief the group in terms of activity requirements, participant gear and equipment, personal medication, and emergency and first aid procedures.
- 3.2 Instruct traversing and climbing skills for a high ropes activities session in a logical sequence with progressions.
- 3.3 Monitor changes in the weather and modify the session as required.

Outcome 4

Apply knowledge of environmental practices and cultural awareness for high ropes activities in outdoor environments in Aotearoa New Zealand.

Performance criteria

- 4.1 Follow minimal impact and sustainable practices.
- 4.2 Demonstrate respect for the environment through the personal application of environmentally sustainable principles.
- 4.3 Demonstrate awareness of the physical, emotional and cultural needs of group participants by responding to needs.

Outcome 5

Evaluate own performance as a traversing and climbing high ropes leader.

Performance criteria

- 5.1 Reflect on planning and own leadership practice to identify areas of success and areas for improvement.
- 5.2 Collect feedback from a variety of sources on the planning and leadership of a high ropes activity.

Range sources may include but are not limited to – supervisor, peers, participants.
- 5.3 Evaluate feedback to identify actions for improvement as a high ropes leader.

Planned review date	31 December 2029
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	29 November 2018	31 December 2026
Review	2	12 December 2024	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Toi Mai Workforce Development Council qualifications@toimai.nz if you wish to suggest changes to the content of this unit standard.