

Title	Coach beginner-level participants through skill development activities for a selected sport		
Level	3	Credits	4

Purpose	People credited with this unit standard are able to: design skill development activities for beginner-level participants of a selected sport; and coach skill development activities for beginner-level participants of a selected sport.
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Classification	Recreation and Sport > Recreation and Sport - Coaching and Instruction
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment within this unit standard must be carried out in accordance with the following:
 - relevant legislation including Health and Safety at Work Act 2015, Vulnerable Children Act 2014, and any subsequent amendments;
 - organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs) or Normal Operating Procedures (NOPs), and the use of personal protective equipment (PPE).
- 2 Definitions

Beginner-level refers to participants who may be in middle childhood, late childhood, or social adult communities, however, there are exceptions within many sports environments and as such this definition should be used as a guide and applied within the context of the sport in which the coach is involved.

Skill development activity means an activity or game designed to teach or develop fundamental movement skill(s) essential to a sport.
- 3 This unit standard requires the learner to coach two skill development activities.
- 4 Further information regarding industry guidelines, key definitions and other relevant information can be found within the Sport Coaching programme guidance document. This document should be consulted when developing learning or assessment against this unit standard. It can be found at www.skillsactive.org.nz.

Outcomes and performance criteria

Outcome 1

Design skill development activities for beginner-level participants of a selected sport.

Performance criteria

- 1.1 Select a skill and design or source sport-related activities to enable skill development for a selected sport.

Outcome 2

Coach skill development activities for beginner-level participants of a selected sport.

Performance criteria

- 2.1 Set up the skill development activity.
- Range activity from outcome 1.
- 2.2 Explain and instruct clearly and concisely using language that is appropriate to the participants.
- 2.3 Provide demonstration of skills and activity that are technically correct and able to be observed clearly by participants.
- 2.4 Monitor participants and provide constructive and specific feedback on participant performance.
- Range ensure participant safety, maximise active participation.
- 2.5 Make any required amendments to activity to enable the skill development of participants.
- 2.6 Reflect on activity with participants and gather feedback.

Planned review date	31 December 2023
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	28 February 2019	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Skills Active Aotearoa Limited info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.