

<b>Title</b>	<b>Review coaching of beginner-level participants through skill development activities for a selected sport</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>4</b>

<b>Purpose</b>	People credited with this unit standard are able to review coaching of beginner-level participants through skill development activities for a selected sport.
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<b>Classification</b>	Recreation and Sport > Recreation and Sport - Coaching and Instruction
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<b>Available grade</b>	Achieved
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## Guidance Information

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All learning and assessment within this unit standard must be carried out in accordance with the following:

- relevant legislation including Health and Safety at Work Act 2015, Vulnerable Children Act 2014, and any subsequent amendments;
- organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs) or Normal Operating Procedures (NOPs), and the use of personal protective equipment (PPE).

2 Definitions

*Beginner-level* refers to participants who may be in middle childhood, late childhood, or social adult communities, however, there are exceptions within many sports environments and as such this definition should be used as a guide and applied within the context of the sport in which the coach is involved.

*Skill development activity* means an activity or game designed to teach or develop fundamental movement skill(s) essential to a sport.

3 This unit standard requires the learner to review coaching of three skill development activities.

4 Further information regarding industry guidelines, key definitions and other relevant information can be found within the Sport Coaching programme guidance document. This document should be consulted when developing learning or assessment against this unit standard. It can be found at [www.skillsactive.org.nz](http://www.skillsactive.org.nz).

## Outcomes and performance criteria

### Outcome 1

Review coaching of beginner-level participants through skill development activities for a selected sport.

### Performance criteria

- 1.1 Evaluate the success of the chosen activities in terms of developing the skill of participants in accordance with the plan.
- 1.2 Review own coaching delivery and participant skill progression in accordance with industry good practice.
- 1.3 Identify future improvements to the activities and delivery of the planned skill development.
- 1.4 Identify progression and regression options for future sessions to further develop the skill of participants.

<b>Planned review date</b>	31 December 2023
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### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	28 February 2019	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

### Comments on this unit standard

Please contact Skills Active Aotearoa Limited [info@skillsactive.org.nz](mailto:info@skillsactive.org.nz) if you wish to suggest changes to the content of this unit standard.