

Title	Demonstrate knowledge of participant welfare and wellbeing in a sports environment		
Level	3	Credits	6

Purpose	People credited with this unit standard are able to demonstrate knowledge of participant welfare and wellbeing in a sports environment.
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Classification	Recreation and Sport > Recreation and Sport - Coaching and Instruction
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment within this unit standard must be carried out in accordance with the following:
 - relevant legislation including Health and Safety at Work Act 2015, Vulnerable Children Act 2014, and any subsequent amendments;
 - organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs) or Normal Operating Procedures (NOPs), and the use of personal protective equipment (PPE).
- 2 Definitions
 - *Beginner-level* refers to participants who may be in middle childhood, late childhood, or social adult communities, however, there are exceptions within many sports environments and as such this definition should be used as a guide and applied within the context of the sport in which the coach is involved.
 - *Inclusive and positive environment* means everyone has a chance to participate, where opportunities are provided so participants can develop and grow at their own pace; the physical environment is safe; the emotional environment is safe - where participants feel welcomed, respected, and accepted.
- 3 Further information regarding industry guidelines, key definitions and other relevant information can be found within the Sport Coaching programme guidance document. This document should be consulted when developing learning or assessment against this unit standard. It can be found at www.skillsactive.org.nz.

Outcomes and performance criteria

Outcome 1

Demonstrate knowledge of participant welfare and wellbeing in a sports environment.

Performance criteria

- 1.1 Identify different reasons people participate in sport.
- 1.2 Describe benefits to participants through participation in sport.
- Range at least one each of – emotional, social, physical.
- 1.3 Identify beginner-level participant needs and describe strategies to meet those needs.
- Range strategies may include but are not limited to – effective communication, stage appropriate activities, structured environment.
- 1.4 Describe consideration for participants with disabilities and strategies to enable them to participate.
- 1.5 Describe the benefits of an inclusive and positive environment for beginner-level sport participants.
- 1.6 Describe how an inclusive and positive environment can be fostered through coaching practice.
- Range may include but is not limited to – role clarification, effective communication, own coaching principles, skill acquisition, feedback methods, conflict management, motivation, emotional intelligence.
- 1.7 Describe how an athlete-centred coaching approach promotes a culturally, emotionally, socially and physically safe coaching environment and positive side-line behaviour.
- 1.8 Establish own expectations related to behaviour, attitude, roles and responsibilities to promote a supportive, safe coaching environment and positive side-line behaviour.
- 1.9 Identify potential causes of bullying within a sports environment and describe strategies to address bullying concerns.
- 1.10 Describe considerations to promote safe environments for beginner-level sport participants.
- Range may include but is not limited to – first aid kit, equipment, environment, participants' fitness and medical conditions, participants' attire, contingency plans for injury and bad weather, participants' behaviour, supervision ratios.

Planned review date	31 December 2023
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	28 February 2019	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Skills Active Aotearoa Limited info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.