

<b>Title</b>	<b>Demonstrate and apply knowledge and skills for introductory sea kayaking on flat water</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>15</b>

<b>Purpose</b>	<p>This unit standard is intended for people who lead introductory sea kayaking activities on flat water.</p> <p>People credited with this unit standard are able to: demonstrate and apply knowledge of sea kayaking gear and equipment; and demonstrate introductory sea kayaking skills for flat water.</p>
----------------	--

<b>Classification</b>	Outdoor Recreation > Canoeing - Kayaking
-----------------------	--

<b>Available grade</b>	Achieved
------------------------	----------

### Guidance Information

- 1 All learning and assessment against this standard must be carried out in accordance with the following, as relevant:
  - relevant legislation including Health and Safety at Work Act 2015, Human Rights Act 1993, Vulnerable Children Act 2014 and Health and Safety at Work (Adventure Activities) Regulations 2016 and subsequent amendments;
  - relevant Activity Safety Guidelines published by Worksafe New Zealand; <https://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/>;
  - industry Codes including the *Outdoor Safety Code*, *Kayaking/Canoeing Care Code*, *Water Care Code* and *Leave No Trace* principles available at <https://www.doc.govt.nz/>;
  - a recognised and approved safety management system including organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs), and the use of personal protective equipment (PPE);
  - relevant industry publications and current industry good practice.

### 2 Definitions

*Current industry good practice* means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and visitors.

*Flat water* means flat or sheltered water, including estuaries, river deltas, sheltered beaches, lakes, coastal inlets and swimming pools, when the wind strength and direction do not compromise the safety and purpose of the activity. Currents may be present when the flow and the hazards pose no greater risk than flat water.

- 3 Further information regarding industry guidelines, key definitions and other relevant information can be found within the sea kayaking programme guidance document. This document should be consulted when developing learning or assessment against this unit standard. It can be found at [www.skillsactive.org.nz](http://www.skillsactive.org.nz).

---

## Outcomes and performance criteria

### Outcome 1

Demonstrate and apply knowledge of sea kayaking gear and equipment.

#### Performance criteria

- 1.1 Select gear and equipment for sea kayaking activities, and justify the selection.
- Range in terms of – advantages, limitations, location, season, weather and personal needs.
- 1.2 Describe advantages and limitations of commonly used communication devices for sea kayaking in New Zealand.
- 1.3 Describe strategies to minimise wear, check for damage and meet storage needs of any personal gear and equipment.
- 1.4 Describe different types of sea kayaks including shape, construction materials, storage and steering.
- 1.5 Carry out basic sea kayak maintenance, adjustments and on-water repairs.
- Range may include – rudders, foot-pedals, hatches, deck lines, water tightness, carry handles, backrests.

### Outcome 2

Demonstrate introductory sea kayaking skills for flat water.

#### Performance criteria

- 2.1 Demonstrate introductory sea kayaking skills on flat water.
- Range must include – entry and exit to bank or beach, forward and reverse paddling, forward and reverse sweep strokes, draw strokes, support strokes, stopping, manoeuvring the kayak, rail steering.
- 2.2 Use navigation skills for sea kayaking location awareness.
- Range includes – locating a position on a map or chart using natural features and bearings.

- 2.3 Demonstrate effective rescue techniques for a range of situations that could occur during sea kayaking.
- Range must include – wet exit with spray deck, assisted and unassisted self-rescue and re-entry, rescue and re-entry of another paddler, rescue and re-entry of two paddlers, assisting weak or injured paddler, use of towline.
- 2.4 Demonstrate safe carrying and transportation of a sea kayak.
- 2.5 Monitor changes in the weather and modify the sea kayaking activity as required.

---

**This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.**

**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	25 July 2019	31 December 2026
Review	2	25 July 2024	31 December 2026

**Consent and Moderation Requirements (CMR) reference**

0099

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.