

Title	Plan, prepare, guide or instruct and evaluate up to intermediate sea kayaking activities		
Level	5	Credits	15

Purpose	<p>This unit standard is intended for people guiding or instructing intermediate sea kayaking activities.</p> <p>People credited with this unit standard are able to: prepare and plan to instruct introductory and intermediate sea kayaking activities; manage a group on up to intermediate sea kayaking trips; apply effective risk, safety and emergency management throughout a sea kayaking trip; demonstrate and apply knowledge of accepted environmental practices, history and trends, and cultural awareness for sea kayaking in New Zealand; and evaluate a sea kayaking trip.</p>
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Classification	Outdoor Recreation > Canoeing - Kayaking
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment against this standard must be carried out in accordance with the following, as relevant:
 - relevant legislation including Health and Safety at Work Act 2015, Human Rights Act 1993, Vulnerable Children Act 2014 and Health and Safety at Work (Adventure Activities) Regulations 2016 and subsequent amendments;
 - relevant Activity Safety Guidelines published by Worksafe New Zealand; <https://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/>;
 - industry Codes including the *Outdoor Safety Code*, *Kayaking/Canoeing Care Code*, *Water Care Code* and *Leave No Trace* principles available at <https://www.doc.govt.nz/>;
 - a recognised and approved safety management system including organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs), and the use of personal protective equipment (PPE);
 - relevant industry publications and current industry good practice.
- 2 Definitions

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and visitors.

PFD means personal flotation device.

- 3 Environmental conditions for sea kayaking trips should meet the following parameters:
- lakes and coastal sea water with easy and readily available landings, guided by:
 - wind up to 20 knots, or
 - surf up to 1.0 metres, or
 - swell of up to 1.5 metres or
 - tidal current of up to 4 knots.
- 4 Further information regarding industry guidelines, key definitions and other relevant information can be found within the sea kayaking programme guidance document. This document should be consulted when developing learning or assessment against this unit standard. It can be found at www.skillsactive.org.nz.

Outcomes and performance criteria

Outcome 1

Prepare and plan to instruct introductory and intermediate sea kayaking activities.

Performance criteria

- 1.1 Use identified aims and objectives to develop an activity plan for a guided or instructional sea kayak day trip.
- 1.2 Create a trip plan for a sea kayak day trip.
- Range plan must include – route information, alternative routes, estimated paddling times and distances, any access or consent requirements.
- 1.3 Prepare and plan for safety and risk management for a sea kayak day trip.
- Range emergency routes and landings, weather forecast, intentions, communication equipment, and emergency response and contact information.
- 1.4 Prepare gear and equipment lists for the group and individual participants and recommend individual nutrition and hydration requirements.
- 1.5 Justify emergency group gear and repair equipment selected for the planned sea kayaking day trip.
- 1.6 Explain the use of communication devices commonly used for sea kayaking in New Zealand.

Outcome 2

Manage a group on introductory to intermediate sea kayaking activities.

Performance criteria

2.1 Prepare the group and carry out pre-trip briefing and checks.

Range includes but is not limited to – safety checks and set up, equipment checks, disclosure of relevant medical information by participants, hazards and procedure if instructor becomes incapacitated.

2.2 Provide instruction in sea kayaking skills.

Range may include but is not limited to – adjusting the fit of the sea kayak, paddle and PFD; carrying and packing sea kayak; getting into and out of sea kayak at edge of water; moving the kayak forward, backwards, turning and stopping.

2.3 Assess ability of participants in the group and adapt sea kayaking trip as required.

2.4 Manage time in relation to the trip plan, group and paddling conditions using guiding or instruction techniques, pacing, and speed control.

2.5 Monitor and manage participants paddling and apply a system to keep group together and everyone accounted for.

Outcome 3

Apply effective risk, safety and emergency management throughout a sea kayaking trip.

Performance criteria

3.1 Apply risk management strategies during a sea kayaking trip and adjust plans when required.

3.2 Describe the assessment and management of an emergency situation including procedures for an incident or injury.

3.3 Observe changes in conditions and relate back to the weather forecast, and modify sea kayaking activity if required.

Range conditions include – weather, environment, water conditions, clouds, temperature and wind direction.

Outcome 4

Demonstrate and apply knowledge of accepted environmental practices, history and trends, and cultural awareness for sea kayaking in New Zealand.

Performance criteria

4.1 Role model respect for the environment through the personal application of environmentally sustainable principles.

- 4.2 Manage and monitor physical, emotional, and cultural needs of the group.
- 4.3 Describe the development of sea kayaking as an outdoor recreation activity in New Zealand in terms of the history and trends.
- 4.4 Describe contemporary ethics and issues in the sea kayak environment.

Outcome 5

Evaluate a sea kayaking trip.

Performance criteria

- 5.1 Collect feedback from a range of sources including self-review and external feedback to identify areas of trip planning and management for improvement.
- 5.2 Evaluate feedback and self-reflect on own performance to identify guidance or instruction aspects for development.

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	25 July 2019	31 December 2026
Review	2	25 July 2024	31 December 2026

Consent and Moderation Requirements (CMR) reference

0099

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.