

Title	Demonstrate knowledge and skills for intermediate sea kayaking on lakes and coastal water		
Level	5	Credits	15

Purpose	<p>This unit standard is intended for people who provide intermediate sea kayaking on lakes and coastal water.</p> <p>People credited with this unit standard are able to: demonstrate and apply knowledge of sea kayaking gear and equipment commonly used in New Zealand; perform a range of sea kayak maintenance and repairs; and demonstrate intermediate sea kayaking skills on lakes and coastal sea water.</p>
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Classification	Outdoor Recreation > Canoeing - Kayaking
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment against this standard must be carried out in accordance with the following, as relevant:
 - relevant legislation including Health and Safety at Work Act 2015, Human Rights Act 1993, Vulnerable Children Act 2014 and Health and Safety at Work (Adventure Activities) Regulations 2016 and subsequent amendments;
 - relevant Activity Safety Guidelines published by Worksafe New Zealand; <https://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/>;
 - industry Codes including the *Outdoor Safety Code*, *Kayaking/Canoeing Care Code*, *Water Care Code* and *Leave No Trace* principles available at <https://www.doc.govt.nz/>;
 - a recognised and approved safety management system including organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs), and the use of personal protective equipment (PPE);
 - relevant industry publications and current industry good practice.
- 2 **Definition**

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and visitors.

- 3 Environmental conditions for sea kayaking trips should meet the following parameters:
- lakes and coastal sea water with easy and readily available landings, guided by:
 - wind up to 20 knots, or
 - surf up to 1.0 metres, or
 - swell of up to 1.5 metres or
 - tidal current of up to 4 knots.
- 4 Further information regarding industry guidelines, key definitions and other relevant information can be found within the sea kayaking programme guidance document. This document should be consulted when developing learning or assessment against this unit standard. It can be found at www.skillsactive.org.nz.

Outcomes and performance criteria

Outcome 1

Demonstrate and apply knowledge of sea kayaking gear and equipment commonly used in New Zealand.

Performance criteria

- 1.1 Describe and compare features of sea kayaks commonly in use in New Zealand.
- 1.2 Describe and compare the types of sea kayaking gear and equipment commonly used in New Zealand.
- Range includes but is not limited to – comparison of cost, advantages and limitations, maintenance and storage.
- 1.3 Demonstrate the use of gear and equipment, appropriate to the location, season and weather.
- 1.4 Justify the selection of tools and repair kit items carried while sea kayaking.

Outcome 2

Perform a range of sea kayak maintenance and repairs.

Performance criteria

- 2.1 Perform a range of sea kayak maintenance and repairs.
- Range may include – rudders, foot-pedals, hatches, deck lines, water tightness, carry handles, backrests.
- 2.2 Make on-trip improvised emergency repairs and adjustments to sea kayak and equipment as required.

Outcome 3

Demonstrate intermediate sea kayaking skills on lakes or coastal sea water.

Performance criteria

3.1 Demonstrate intermediate sea kayaking skills on lakes or coastal sea kayak water.

Range efficient and effective paddling with power, touring and reverse strokes, sweep strokes, brace, ferry gliding, railing/edging, stern rudders, rudder use, launch and land in surf, surfing, draw strokes, overall sea kayak control.

3.2 Demonstrate power strokes, touring strokes, emergency stopping strokes in a packed sea kayak with a minimum of 30kgs of stowed gear.

3.3 Demonstrate self and participant rescue skills.

Range self rescue skills must include but are not limited to – self rescue from a capsized kayak without the use of specialised equipment (re-entry and ready to paddle in 2 minutes), self rescue using specialised equipment e.g. paddle float, stirrup, sling; swim with kayak gear and paddle, roll; participant rescue skills must include but are not limited to – return participant from single kayak capsized to be ready to paddle in 2 minutes, return a weak or tired client to a double kayak in 2 minutes and both clients to be ready to paddle within 4 minutes, use a quick release towing system that is releasable under load, use a long distance towing system (minimum of 15m in length) and demonstrate that it is releasable under load whilst capsized.

3.4 Demonstrate navigation skills to estimate time, distance and route for a given section of a trip, and to determine present position on the map.

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	25 July 2019	31 December 2026
Review	2	25 July 2024	31 December 2026

Consent and Moderation Requirements (CMR) reference

0099

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.