| Title | Demonstrate and apply knowledge of advanced sea kayaking skills for exposed and open water |         |    |  |  |
|-------|--|---------|----|--|--|
| Level | 6  | Credits | 15 |  |  |

| Purpose | This unit standard is intended for people who provide advanced sea kayaking activities on exposed and open water.   |
|---------|---|
|         | People credited with this unit standard are able to: oversee and<br>perform sea kayaking equipment checks and maintenance;<br>demonstrate advanced sea kayaking skills and sea kayaking<br>trip skills for exposed and open water; and apply weather<br>interpretation and forecasting skills for sea kayaking trips. |
|         |   |

| Classification  | Outdoor Recreation > Canoeing - Kayaking |  |
|-----------------|--|--|
|                 |  |  |
| Available grade | Achieved                                 |  |

#### **Guidance Information**

- 1 All learning and assessment against this standard must be carried out in accordance with the following, as relevant:
  - relevant legislation including Health and Safety at Work Act 2015, Human Rights Act 1993, Vulnerable Children Act 2014 and Health and Safety at Work (Adventure Activities) Regulations 2016 and subsequent amendments;
  - relevant Activity Safety Guidelines published by Worksafe New Zealand; https://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/;
  - industry Codes including the Outdoor Safety Code, Kayaking/Canoeing Care Code, Water Care Code and Leave No Trace principles available at <u>https://www.doc.govt.nz/;</u>
  - a recognised and approved safety management system including organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs), and the use of personal protective equipment (PPE);
  - relevant industry publications and current industry good practice.
- 2 Definition

*Current industry good practice* means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and visitors.

3 Further information regarding industry guidelines, key definitions and other relevant information can be found within the sea kayaking programme guidance document. This document should be consulted when developing learning or assessment against this unit standard. It can be found at <u>www.skillsactive.org.nz</u>.

# Outcomes and performance criteria

# Outcome 1

Oversee and perform sea kayaking equipment checks and maintenance.

# Performance criteria

- 1.1 Oversee and perform sea kayaking equipment checks including identifying worn and/or damaged equipment.
- 1.2 Maintain commonly used sea kayaking equipment in accordance with manufacturer's specifications and current industry good practice.

# Outcome 2

Demonstrate advanced sea kayaking skills and sea kayaking trip skills for exposed and open water.

# **Performance criteria**

- 2.1 Demonstrate advanced sea kayaking skills.
  - Range includes paddling techniques for difficult conditions, reliable roll both sides, power strokes, touring strokes, manoeuvring strokes, brace and/or support strokes, emergency stopping, stern rudders, railing and/or edging, launch and landing, ferry gliding.
- 2.2 Demonstrate sea kayaking trip skills for exposed and open water.
  - Range effective packing of sea kayak, landing in difficult sites, rescue skills, navigation in limited visibility, personal maintenance over prolonged periods.
- 2.3 Perform sea kayaking rescue techniques in open and exposed water.
  - Range rescue skills must include but are not limited to self rescue from a capsized kayak without the use of specialised equipment; self rescue using specialised equipment e.g. paddle float, stirrup, sling; swim with kayak gear and paddle; roll; return participant from single kayak capsize to be ready to paddle in 2 minutes; return a weak or tired client to a double kayak in 2 minutes and both clients to be ready to paddle within 4 minutes; use a quick release towing system that is releasable under load; use a long distance towing system (minimum of 15m in length) and demonstrate that it is releasable under load whilst capsized.

# Outcome 3

Apply weather interpretation and forecasting skills for sea kayaking trips.

# Performance criteria

- 3.1 Anticipate weather conditions and make a 24-hour forecast from observation of current conditions including clouds, temperature, and wind direction before embarking on a sea kayaking trip.
- 3.2 Create a 48-hour weather forecast for a given sea kayaking area using a synoptic weather chart.
- 3.3 Describe implications of the weather forecast for a given area in terms of water and paddling conditions.

# This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

#### Status information and last date for assessment for superseded versions

| Process      | Version | Date         | Last Date for Assessment |
|--------------|---------|--------------|--------------------------|
| Registration | 1       | 25 July 2019 | 31 December 2026         |
| Review       | 2       | 25 July 2024 | 31 December 2026         |

# Consent and Moderation Requirements (CMR) reference 0099

This CMR can be accessed at <u>http://www.nzqa.govt.nz/framework/search/index.do</u>.