

<b>Title</b>	<b>Plan, instruct and evaluate an intermediate sea kayaking skills session on lakes and coastal water</b>		
<b>Level</b>	<b>5</b>	<b>Credits</b>	<b>10</b>

<b>Purpose</b>	<p>This unit standard is intended for people who plan and instruct intermediate sea kayaking skills sessions on lakes and coastal water.</p> <p>People credited with this unit standard are able to: plan an intermediate sea kayaking skills session on lakes and coastal water; and instruct and evaluate an intermediate sea kayaking skills session for lakes and coastal water.</p>
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<b>Classification</b>	Outdoor Recreation > Canoeing - Kayaking
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<b>Available grade</b>	Achieved
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<b>Prerequisites</b>	Candidates are required to hold a Maritime VHF Radio Operators Certificate and Coastguard Boating Education - Day Skippers certificate prior to assessment for this unit standard
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## Guidance Information

- 1 All learning and assessment against this standard must be carried out in accordance with the following, as relevant:
  - relevant legislation including Health and Safety at Work Act 2015, Human Rights Act 1993, Vulnerable Children Act 2014 and Health and Safety at Work (Adventure Activities) Regulations 2016 and subsequent amendments;
  - relevant Activity Safety Guidelines published by Worksafe New Zealand; <https://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/>;
  - industry Codes including the *Outdoor Safety Code*, *Kayaking/Canoeing Care Code*, *Water Care Code* and *Leave No Trace* principles available at <https://www.doc.govt.nz/>;
  - a recognised and approved safety management system including organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs), and the use of personal protective equipment (PPE);
  - relevant industry publications and current industry good practice.
  
- 2 Environmental conditions for sea kayaking trips should meet the following parameters:
  - lakes and coastal sea water with easy and readily available landings, guided by:
    - wind up to 20 knots, or
    - surf up to 1.0 metres, or

- swell of up to 1.5 metres or
- tidal current of up to 4 knots.

### 3 Definition

*Current industry good practice* means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and visitors.

- 4 Further information regarding industry guidelines, key definitions and other relevant information can be found within the sea kayaking programme guidance document. This document should be consulted when developing learning or assessment against this unit standard. It can be found at [www.skillsactive.org.nz](http://www.skillsactive.org.nz).

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## Outcomes and performance criteria

### Outcome 1

Plan an intermediate sea kayaking skills session on lakes and coastal water.

#### Performance criteria

- 1.1 Develop an intermediate sea kayaking skills session plan including learning outcomes, with a logical sequence of teaching progressions and activities.

### Outcome 2

Instruct and evaluate an intermediate sea kayaking skills session for lakes and coastal water.

#### Performance criteria

- 2.1 Instruct an intermediate sea kayaking skills session to meet planned outcomes on lakes and coastal sea water.

Range may include but is not limited to – fitting and transporting equipment, paddling skills, stroke combinations for manoeuvring, launch and landing, ferry gliding, signals, rafting up, wet exit, assisted and unassisted re-entry, rolling, help and huddle positions.

- 2.2 Engage participants in an intermediate sea kayaking skills session using a range of facilitation techniques.

- 2.3 Instruct a sea kayaking skills session using a logical sequence of teaching progressions.

- 2.4 Provide feedback to participants on sea kayaking skills and techniques to enhance their skill development.

- 2.5 Evaluate own instruction practice to identify actions for improvements.

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<b>Planned review date</b>	31 December 2024
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**Status information and last date for assessment for superseded versions**

<b>Process</b>	<b>Version</b>	<b>Date</b>	<b>Last Date for Assessment</b>
Registration	1	25 July 2019	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

**Comments on this unit standard**

Please contact Skills Active Aotearoa Limited [info@skillsactive.org.nz](mailto:info@skillsactive.org.nz) if you wish to suggest changes to the content of this unit standard.