

<b>Title</b>	<b>Plan, prepare, guide or instruct and evaluate whitewater kayaking activities for Class 2 water</b>		
<b>Level</b>	<b>5</b>	<b>Credits</b>	<b>15</b>

<b>Purpose</b>	<p>This unit standard is intended for people guiding or instructing whitewater kayaking activities for Class 2 water.</p> <p>People credited with this unit standard are able to: prepare and plan for white water kayaking activities on up to Class 2 water; manage a group on intermediate whitewater kayaking trips on Class 2 water; apply effective risk, safety and emergency management throughout a whitewater kayaking trip; demonstrate and apply knowledge of accepted environmental practices, history and trends and cultural awareness for whitewater kayaking in New Zealand; and evaluate a whitewater kayaking trip.</p>
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<b>Classification</b>	Outdoor Recreation > Canoeing - Kayaking
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<b>Available grade</b>	Achieved
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<b>Prerequisites</b>	Industry requires candidates to complete a River Rescue 1 or equivalent course on a Class 2 river prior to presenting for assessment against this unit standard.
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## Guidance Information

- All learning and assessment against this standard must be carried out in accordance with the following, as relevant:
  - relevant legislation including Health and Safety at Work Act 2015, Human Rights Act 1993, Vulnerable Children Act 2014 and Health and Safety at Work (Adventure Activities) Regulations 2016 and subsequent amendments;
  - relevant Activity Safety Guidelines published by Worksafe New Zealand; <https://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/>;
  - industry Codes including the *Outdoor Safety Code*, *Kayaking/Canoeing Care Code*, *Water Care Code* and *Leave No Trace* principles available at <https://www.doc.govt.nz/>;
  - a recognised and approved safety management system including organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs), and the use of personal protective equipment (PPE);
  - relevant industry publications and current industry good practice.

## 2 Definitions

*Class 2 water* has easy rapids with waves up to one metre. Clear channels obvious without scouting. The ability to move your craft across the current is not necessary. *Current industry good practice* means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and visitors.

- 3 Further information regarding industry guidelines, key definitions and other relevant information can be found within the whitewater kayaking programme guidance document. This document should be consulted when developing learning or assessment against this unit standard. It can be found at [www.skillsactive.org.nz](http://www.skillsactive.org.nz).

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## Outcomes and performance criteria

### Outcome 1

Prepare and plan for whitewater kayaking activities for Class 2 water.

#### Performance criteria

- 1.1 Develop an activity plan for a guided or instructional whitewater kayak trip.
- 1.2 Create a trip plan for a whitewater kayaking trip.
- Range plan includes – route information, any alternative routes, emergency exit points, estimated paddling times and distances, any access or consent requirements.
- 1.3 Prepare and plan for safety and risk management for a whitewater kayaking trip.
- Range emergency routes and landings, weather forecast, intentions, communication equipment, and emergency response and contact information.
- 1.4 Prepare gear and equipment lists for the group and individual participants and recommend individual nutrition and hydration requirements.
- 1.5 Justify emergency group gear and repair equipment selected for the planned whitewater kayaking trip.
- 1.6 Explain the use of communication devices commonly used for whitewater kayaking in New Zealand.

### Outcome 2

Manage a group on whitewater kayaking trips for Class 2 water.

**Performance criteria**

- 2.1 Prepare the group and carry out pre-trip briefing and checks.
- Range includes but is not limited to – safety checks and set up, equipment checks, disclosure of relevant medical information by participants, on water management plan, hazards and procedure if instructor or guide becomes incapacitated.
- 2.2 Provide guidance on whitewater kayaking skills for Class 2 water.
- Range includes but is not limited to – forward paddling, sweep strokes, draw strokes, bracing, edging and railing, eddy turns, ferry gliding, river running strategies, choosing safe lines.
- 2.3 Monitor ability of participants in the group and adapt whitewater kayaking trip as required.
- 2.4 Manage time in relation to the trip plan, group, abilities and water conditions using guiding or instruction techniques, pacing, and speed control.
- 2.5 Apply a system to keep group together and everyone accounted for.

**Outcome 3**

Apply effective risk, safety and emergency management throughout a whitewater kayaking trip.

**Performance criteria**

- 3.1 Apply risk management strategies during a given whitewater kayaking trip and adjust plans when required.
- 3.2 Describe the assessment and management of an emergency situation including procedures for responding to an incident or injury.
- 3.3 Observe changes in conditions and relate back to the weather forecast, and modify whitewater kayaking activity if required.
- Range conditions include – weather, environment, water conditions, clouds, temperature, and wind direction.

**Outcome 4**

Demonstrate and apply knowledge of accepted environmental practices, history and trends, and cultural awareness for whitewater kayaking in New Zealand.

**Performance criteria**

- 4.1 Role model respect for the environment through the personal application of environmentally sustainable principles.

- 4.2 Manage and monitor physical, emotional, and cultural needs of the group.
- 4.3 Describe the development of whitewater kayaking as an outdoor recreation activity in New Zealand in terms of the history and trends.
- 4.4 Describe contemporary ethics and issues in the whitewater kayak environment.

### Outcome 5

Evaluate a whitewater kayaking trip.

### Performance criteria

- 5.1 Collect feedback from a range of sources including self-review and external feedback to identify areas of trip planning and management for improvement.
- 5.2 Evaluate feedback and self-reflect on own performance to identify guiding or instruction aspects for development.

<b>Replacement information</b>	This unit standard replaced unit standard 14224.
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<b>Planned review date</b>	31 December 2024
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### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	25 July 2019	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

### Comments on this unit standard

Please contact Skills Active Aotearoa Limited [info@skillsactive.org.nz](mailto:info@skillsactive.org.nz) if you wish to suggest changes to the content of this unit standard.