Title	Identify and explain own culture, life experience and lived experience, and own strengths in relation to peer work
Level	4	Credits	4

Purpose	This unit standard is designed for people working in peer work roles. People credited with this unit standard are able to identify and explain: essential features of own culture, life experience and lived experience in relation to peer work, and the purpose of sharing this with a person accessing peer support; and own strengths in relation to peer work.

Classification	Social Services > Peer Support Work

Available grade	Achieved

Guidance Information

1   Legislation relevant to this unit standard may include but is not limited to:
- Human Rights Act 1993;
- Mental Health Act 1992;
- Misuse of Drugs Act 1975;
- Privacy Act 1993;
- Substance Addiction (Compulsory Assessment and Treatment) Act 2017.

2   References
- *Competencies for the mental health and addiction service user, consumer and peer workforce* (2014). Te Pou o Te Whakaaro Nui, available at https://www.tepou.co.nz/uploads/files/resource-assets/peer-support-competencies-2014.pdf (referred to as 'Competencies').
- *Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996,* (The Code of Rights) available from the office of the Health and Disability Commissioner. Te Toihau Hauora Hauātanga, available at https://www.hdc.org.nz/your-rights/about-the-code/code-of-health-and-disability-services-consumers-rights/.
- *Health Information Privacy Code 1994*, (HIPC) available at https://www.privacy.org.nz/assets/Files/Codes-of-Practice-materials/HIPC-1994-2008-revised-edition.pdf.
- Luke, S. (2007). *Needle Exchange Networks: The emergence of 'peer-professionals'.* Unpublished Doctoral Thesis. University of Canterbury, Christchurch. https://ir.canterbury.ac.nz/handle/10092/1038.
- Manatū Taonga Ministry for Culture and Heritage (updated 22 June 2018). *Treaty of Waitangi*. Retrieved from https://nzhistory.govt.nz/keyword/treaty-of-waitangi.

- Matua Raki. 2010. *Consumer and Peer Roles in the Addiction Sector.* *https://www.matuaraki.org.nz/resources/consumer-and-peer-roles-in-the-addiction-sector/380*.
- Matua Raki. 2012. Supporting New Zealand's Therapeutic Community Workforce: An investigation of current needs. https://www.matuaraki.org.nz/uploads/files/resource-assets/therapeutic-communities-scoping-report.pdf.
- Ministry of Health. (2008). *Let's get real: Real Skills for people working in mental health and addiction.* Wellington: Author; available at http://www.health.govt.nz.
- Ministry of Health. *Māori health models – Te Whare Tapa Whā,* available at https://www.health.govt.nz/our-work/populations/maori-health/maori-health-models/maori-health-models-te-whare-tapa-wha.
- Ministry of Health. *Treaty of Waitangi principles*, available at https://www.health.govt.nz/our-work/populations/maori-health/he-korowai-oranga/strengthening-he-korowai-oranga/treaty-waitangi-principles.
- *The Social, Cultural and Economic Determinants of Health in New Zealand: Action to Improve Health 1998* (The Social Determinants of Health) available at https://www.health.govt.nz/system/files/documents/publications/det-health.pdf.
- United Nations Convention on the Rights of Persons with Disabilities (CRPD) (article 12), available at https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html.
- World Health Organization – *Social Determinants of Health* – available at https://www.who.int/social_determinants/sdh_definition/en/.

3   Definitions
Culture refers to more than ethnicity. The concept of culture may reflect factors and indicators such as: age, ethnicity, disability, occupation, organisational background, immigrant or refugee status, institutional care, religion or spiritual beliefs, gender identity, sexual orientation, and socio-economic status.
Ethnic cultural beliefs and values are the beliefs and values that stem from one's own ethnic background.
Gender identity is about a person's sense of gender as self-identified. It may not be the same as the sex assigned at birth.
Strengths refers to positive attributes and/or values.

Outcomes and performance criteria

Outcome 1

Identify and explain essential features of own culture, life experience and lived experience in relation to peer work, and the purpose of sharing this with a person accessing peer support.

Performance criteria

1.1   Essential features of own culture are identified and explained.

    Range   essential features may include but are not limited to – age; class; gender identity; family and whānau, pepeha/whakapapa, ethnic cultural beliefs and values; historical origins; migration and settlement patterns; migration to and within Aotearoa New Zealand; economic, political, and socio-cultural structures, including ideological, and spirituality;
    evidence is required of a minimum of five essential features, which must include ethnic cultural beliefs and values, and family and whānau.

1.2   Essential features of own life experience and lived experience are identified and explained.

    Range   essential features may include but are not limited to – family or whānau origins, history, and structure; mental distress and/or addiction; trauma; disability; community and recreational involvement; influence of economic, political, and socio-cultural structures, including ideological, and spirituality; education and training; paid and unpaid work experience;
    evidence is required of a minimum of five essential features which must include own lived experience required for own peer work role.

1.3   The purpose of sharing own culture and life experience is explained in terms of the potential impact on peer engagement.

    Range   evidence is required of three potential impacts which must include bias, and may include but are not limited to – beliefs, relationships, values, world view.

Outcome 2

Identify and explain own strengths in relation to peer work.

Range   strengths may include but are not limited to – communication skills, honesty, integrity, technical competency, work ethic, flexibility, determination and persistence, ability to work collegially, ability to relate to difference, acknowledgement and respect for difference, acceptance, awareness of own culture, genuineness, humility, patience, self-awareness, empathy, warmth.

Performance criteria

2.1   Essential features of own strengths are identified and explained in terms of their relevance to peer work.

    Range   must include – minimum of five strengths.

Planned review date	31 December 2024

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	26 September 2019	N/A

Consent and Moderation Requirements (CMR) reference	0024

This CMR can be accessed at http://www.nzqa.govt.nz/framework/search/index.do.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.