

Title	Work alongside a person accessing peer support to identify, develop, and review progress towards meeting aspirations		
Level	4	Credits	15

Purpose	<p>This unit standard is designed for people working in peer work roles.</p> <p>People credited with this unit standard are able to: work alongside a person accessing peer support to self-identify, prioritise and communicate their needs, aspirations, and opportunities, together with associated issues and concerns; work alongside the person to reframe their circumstances; and work alongside the person and their chosen supports to develop, implement and review a strategy for moving toward the person's aspirations.</p>
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Classification	Social Services > Peer Support Work
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Available grade	Achieved
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Guidance Information

- 1 Legislation relevant to this unit standard may include but is not limited to:
 - Human Rights Act 1993;
 - Mental Health Act 1992;
 - Privacy Act 1993;
 - Substance Addiction (Compulsory Assessment and Treatment) Act 2017.

- 2 References
 - *Competencies for the mental health and addiction service user, consumer and peer workforce* (2014). Te Pou o Te Whakaaro Nui, available at <https://www.tepou.co.nz/uploads/files/resource-assets/peer-support-competencies-2014.pdf> (referred to as 'Competencies').
 - *Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996*, (The Code of Rights) available from the office of the Health and Disability Commissioner. Te Toihau Hauora Hauātanga, available at <https://www.hdc.org.nz/your-rights/about-the-code/code-of-health-and-disability-services-consumers-rights/>.
 - *Health Information Privacy Code 1994*, (HIPC) available at <https://www.privacy.org.nz/assets/Files/Codes-of-Practice-materials/HIPC-1994-2008-revised-edition.pdf>.
 - Manatū Taonga Ministry for Culture and Heritage (updated 22 June 2018). *Treaty of Waitangi*. Retrieved from <https://nzhistory.govt.nz/keyword/treaty-of-waitangi>.

- Ministry of Health. (2008). *Let's get real: Real Skills for people working in mental health and addiction*. Wellington: Author; available at <http://www.health.govt.nz>.
- Ministry of Health. *Māori health models – Te Whare Tapa Whā*, available at <https://www.health.govt.nz/our-work/populations/maori-health/maori-health-models/maori-health-models-te-whare-tapa-wha>.
- Ministry of Health. *Treaty of Waitangi principles*, available at <https://www.health.govt.nz/our-work/populations/maori-health/he-korowai-oranga/strengthening-he-korowai-oranga/treaty-waitangi-principles>.
- Scott, A.L., 2011. 'Authenticity Work: Mutuality and Boundaries in Peer Support.' *Society & Mental Health*. Vol 1, Issue 3, available at <https://journals.sagepub.com/doi/abs/10.1177/2156869311431101>.
- Scott, A.L., 2015. 'Gaining Acceptance: Discourses on Training and Qualifications in Peer Support'. *New Zealand Sociology*. Vol. 30, No. 4, available at <https://www.questia.com/library/journal/1P3-3953943551/gaining-acceptance-discourses-on-training-and-qualifications>.
- Scott, A.L., Doughty, C., 2012. 'Confronted with paperwork: Information and documentation in peer support'. *Journal of Mental Health*. Volume 21, Issue 2, available at <https://www.tandfonline.com/doi/abs/10.3109/09638237.2011.638002>.
- Scott, A.L., Doughty, C., Kahi, H., 2011. 'Having those conversations: The politics of risk in peer support practice.' *Health and Sociology Review*. Volume 10, Issue 2. 20(2): 187-201, available at [https://ir.canterbury.ac.nz/bitstream/handle/10092/5909/12631429_HSR_20\(2\)_187-201.pdf;sequence=1](https://ir.canterbury.ac.nz/bitstream/handle/10092/5909/12631429_HSR_20(2)_187-201.pdf;sequence=1).
- Scott, A.L., Doughty, C., Kahi, H., 2011. 'Peer Support Practice in Aotearoa New Zealand.' UC Research Repository, available at <https://ir.canterbury.ac.nz/handle/10092/5258>.
- *The Social, Cultural and Economic Determinants of Health in New Zealand: Action to Improve Health 1998* (The Social Determinants of Health) available at <https://www.health.govt.nz/system/files/documents/publications/det-health.pdf>.
- United Nations Convention on the Rights of Persons with Disabilities (CRPD) (article 12), available at <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.
- World Health Organization – *Social Determinants of Health* – available at https://www.who.int/social_determinants/sdh_definition/en/.

3 Definitions

Chosen supports are the supports chosen by the person accessing support from a peer worker. In some cases, the person may opt to choose no supports at all.

Culture refers to more than ethnicity. The concept of culture may reflect factors and indicators such as: age, ethnicity, disability, occupation, organisational background, immigrant or refugee status, institutional care, religion or spiritual beliefs, gender identity, sexual orientation, and socio-economic status.

Gender identity is about a person's sense of gender as self-identified. It may not be the same as the sex assigned at birth.

Organisational policies and procedures – policies, procedures and methodologies of an organisation. They include legislative and regulatory requirements which may apply across a company, a specific site, or a workplace. Requirements are documented in the company's health and safety plans, contract work programmes, quality assurance programmes, policies and procedural documents.

- 4 Support provided must be culturally appropriate and must foster self-determination by the person and include the characteristics of mutuality.
- 5 The peer worker's record of interactions supported by written or verbal explanation may be used as evidence for assessment purposes in order to retain privacy and relational safety. The record of interactions may be brief notes or a physical recording (video, audio), or any other record that fits within organisation policies and procedures and the need for privacy.

Outcomes and performance criteria

Outcome 1

Work alongside a person accessing peer support to self-identify, prioritise and communicate their needs, aspirations and opportunities, together with associated issues and concerns.

Performance criteria

- 1.1 Needs, aspirations and opportunities are self-identified and communicated in relation to the person's rights, strengths, challenges, culture, available resources and barriers.

Range	prioritised into short-term and long-term aspirations; available resources may include but are not limited to – organisations, people, financial.
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- 1.2 The person's issues, concerns and opportunities are identified together, acknowledged within the scope of own role and summarised in accordance with own organisation's policies and procedures and/or those of the service provider.

Outcome 2

Work alongside a person accessing support from a peer worker to reframe their circumstances.

Performance criteria

- 2.1 The person's circumstances are reframed in relation to their self-identified needs and aspirations and in accordance with their rights.

Range	must include – identification of situations that may impede achievement of their aspirations.
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Outcome 3

Work alongside a person accessing support from a peer worker and the person's chosen supports to develop, implement and review a strategy for moving toward the person's aspirations.

Range the strategy must include the activities of self and other people including the person's chosen supports, and groups and/or organisations who can provide support.

Performance criteria

3.1 Resources required to achieve the persons aspirations and priorities are mutually identified in accordance with their needs and organisational policies and procedures.

Range resources may include but are not limited to – physical, monetary, support groups and/or organisations.

3.2 The strategy is developed and documented in accordance with organisational policies and procedures.

3.3 Implementation of the strategy is summarised and reviewed in relation to the achievement of the person's self-identified needs and aspirations, in accordance with organisational policies and procedures

Range review must include – what worked well and any challenges faced; and must include but is not limited to – the actions undertaken by the person, their chosen supports, and the support they received from groups and/or organisations.

Planned review date	31 December 2024
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	26 September 2019	N/A

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.