

Title	Explain key concepts of a peer relationship and how these are applied in own role		
Level	4	Credits	8

Purpose	<p>This unit standard is designed for people working in peer work roles.</p> <p>People credited with this unit standard are able to: explain common characteristics of key concepts of a peer relationship and their application in terms of the peer worker's relationship with a person accessing support; explain the importance of self-determination in a peer relationship when supporting a person accessing peer services; describe factors that can impact on resilience for a person accessing peer services and own role in promoting resilience within the peer relationship; and explain the application of equity in the peer relationship and the difference between how equity and equality would apply.</p>
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Classification	Social Services > Peer Support Work
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Available grade	Achieved
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Guidance Information

- 1 Legislation relevant to this unit standard may include but is not limited to:
 - Human Rights Act 1993;
 - Mental Health Act 1992;
 - Privacy Act 1993;
 - Substance Addiction (Compulsory Assessment and Treatment) Act 2017.

- 2 References
 - *Competencies for the mental health and addiction service user, consumer and peer workforce* (2014). Te Pou o Te Whakaaro Nui, available at <https://www.tepou.co.nz/uploads/files/resource-assets/peer-support-competencies-2014.pdf> (referred to as 'Competencies').
 - *Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996*, (The Code of Rights) available from the office of the Health and Disability Commissioner. Te Toihau Hauora Hauātanga, available at <https://www.hdc.org.nz/your-rights/about-the-code/code-of-health-and-disability-services-consumers-rights/>.
 - *Health Information Privacy Code 1994*, (HIPC) available at <https://www.privacy.org.nz/assets/Files/Codes-of-Practice-materials/HIPC-1994-2008-revised-edition.pdf>.

- Manatū Taonga Ministry for Culture and Heritage (updated 22 June 2018). *Treaty of Waitangi*. Retrieved from <https://nzhistory.govt.nz/keyword/treaty-of-waitangi>.
- Ministry of Health. (2008). *Let's get real: Real Skills for people working in mental health and addiction*. Wellington: Author; available at <http://www.health.govt.nz>.
- Ministry of Health. *Māori health models – Te Whare Tapa Whā*, available at <https://www.health.govt.nz/our-work/populations/maori-health/maori-health-models/maori-health-models-te-whare-tapa-wha>.
- Ministry of Health. *Treaty of Waitangi principles*, available at <https://www.health.govt.nz/our-work/populations/maori-health/he-korowai-oranga/strengthening-he-korowai-oranga/treaty-waitangi-principles>.
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- Scott, A.L., 2015. 'Gaining Acceptance: Discourses on Training and Qualifications in Peer Support'. *New Zealand Sociology*. Vol. 30, No. 4, available at <https://www.questia.com/library/journal/1P3-3953943551/gaining-acceptance-discourses-on-training-and-qualifications>.
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- Scott, A.L., Doughty, C., Kahi, H., 2011. 'Having those conversations: The politics of risk in peer support practice.' *Health and Sociology Review*. Volume 10, Issue 2. 20(2): 187-201, available at [https://ir.canterbury.ac.nz/bitstream/handle/10092/5909/12631429_HSR_20\(2\)_187-201.pdf;sequence=1](https://ir.canterbury.ac.nz/bitstream/handle/10092/5909/12631429_HSR_20(2)_187-201.pdf;sequence=1).
- Scott, A.L., Doughty, C., Kahi, H., 2011. 'Peer Support Practice in Aotearoa New Zealand.' UC Research Repository, available at <https://ir.canterbury.ac.nz/handle/10092/5258>.
- *The Social, Cultural and Economic Determinants of Health in New Zealand: Action to Improve Health 1998* (The Social Determinants of Health) available at <https://www.health.govt.nz/system/files/documents/publications/det-health.pdf>.
- United Nations Convention on the Rights of Persons with Disabilities (CRPD) (article 12), available at <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.
- World Health Organization – *Social Determinants of Health* – available at https://www.who.int/social_determinants/sdh_definition/en/.

3 Definitions

Equality is treating each person the same.

Equity is giving each person what they need to be successful.

Parameters of the service may include – what to do and for how long, what the person can expect, end of service, conditions for leaving the service.

Organisational policies and procedures – policies, procedures and methodologies of an organisation. They include legislative and regulatory requirements which may apply across a company, a specific site, or a workplace. Requirements are documented in the company's health and safety plans, contract work programmes, quality assurance programmes, policies and procedural documents.

Outcomes and performance criteria

Outcome 1

Explain common characteristics of key concepts of a peer relationship, and their application in terms of the peer worker's relationship with a person accessing support.

Range key concepts must include but are not limited to mutuality and authenticity.

Performance criteria

- 1.1 Common characteristics of key concepts are explained in accordance with 'Competencies' or one of the other references.
- 1.2 The application of the key concepts from performance criterion 1.1 is explained in accordance with organisational policies and procedures.

Range within the parameters of the service, own role, and the relationship.

Outcome 2

Explain the importance of self-determination in a peer relationship when supporting a person accessing peer services.

Performance criteria

- 2.1 The importance of self-determination in a peer relationship is explained in the context of the peer support role.
- 2.2 The support provided when assisting a person to self-determine is described in the context of the peer support role.

Range two persons accessing services; one must be from a time when own values were challenged.

Outcome 3

Describe factors that can impact on resilience in a peer relationship and own role in promoting resilience when supporting a person accessing peer services.

Performance criteria

- 3.1 Factors that can impact on resilience of a person accessing peer services are described in the context of a person accessing peer services.

Range factors may include but are not limited to – environmental, physical, interpersonal, coping; four factors are required.

- 3.2 The promotion of resilience within own practice in a peer relationship is described in terms of two of the impacting factors described in 3.1.

Outcome 4

Explain the application of equity in a peer relationship, and the difference between how equity and equality would apply.

Performance criteria

- 4.1 Equity is explained in the context of the peer support role and the role of the person accessing support.

Range the explanation of equity must include a minimum of three rights from The Code of Rights.

- 4.2 The application of equity in own practice is described in terms of The Code of Rights.

Range description required of two applications of equity, each with a different person accessing support; must relate to two different rights.

- 4.3 The difference between how the concepts of equity and equality is applied in a peer relationship is explained in terms of The Code of Rights.

Planned review date	31 December 2024
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	26 September 2019	N/A

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.