

<b>Title</b>	<b>Describe the evolution of peer work and the peer work role, and compare peer work approaches in Aotearoa New Zealand</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>8</b>

<b>Purpose</b>	<p>This unit standard is designed for people working in peer work roles.</p> <p>People credited with this unit standard are able to: describe the evolution of peer work for own organisation; describe peer relationships and the role of a peer worker in the context of Aotearoa New Zealand; identify and explain the peer values that underpin peer relationships for peer workers in own organisation; and compare peer work approaches in Aotearoa New Zealand that are consistent with peer values and principles.</p>
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<b>Classification</b>	Social Services > Peer Support Work
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<b>Available grade</b>	Achieved
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## Guidance Information

- 1 Legislation relevant to this unit standard may include but is not limited to:
  - Human Rights Act 1993;
  - Privacy Act 1993.
- 2 References
  - *Competencies for the mental health and addiction service user, consumer and peer workforce* (2014). Te Pou o Te Whakaaro Nui, available at <https://www.tepou.co.nz/uploads/files/resource-assets/peer-support-competencies-2014.pdf> (referred to as 'Competencies').
  - *Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996*, (The Code of Rights) available from the office of the Health and Disability Commissioner. Te Toihau Hauora Hauātanga, available at <https://www.hdc.org.nz/your-rights/about-the-code/code-of-health-and-disability-services-consumers-rights/>.
  - *Health Information Privacy Code 1994*, (HIPC) available at <https://www.privacy.org.nz/assets/Files/Codes-of-Practice-materials/HIPC-1994-2008-revised-edition.pdf>.
  - Luke, S. (2007) *Needle Exchange Networks: The emergence of 'peer-professionals'*. Unpublished Doctoral Thesis. University of Canterbury, Christchurch. <https://ir.canterbury.ac.nz/handle/10092/1038>.
  - Manatū Taonga Ministry for Culture and Heritage (updated 22 June 2018). *Treaty of Waitangi*. Retrieved from <https://nzhistory.govt.nz/keyword/treaty-of-waitangi>.

- Matua Raki. 2010. *Consumer and Peer Roles in the Addiction Sector*. <https://www.matuaraki.org.nz/resources/consumer-and-peer-roles-in-the-addiction-sector/380>.
- Matua Raki. 2012. *Supporting New Zealand's Therapeutic Community Workforce: An investigation of current needs*. <https://www.matuaraki.org.nz/uploads/files/resource-assets/therapeutic-communities-scoping-report.pdf>.
- Ministry of Health. (2008). *Let's get real: Real Skills for people working in mental health and addiction*. Wellington: Author; available at <http://www.health.govt.nz>.
- Ministry of Health. *Māori health models – Te Whare Tapa Whā*, available at <https://www.health.govt.nz/our-work/populations/maori-health/maori-health-models/maori-health-models-te-whare-tapa-wha>.
- Ministry of Health. *Treaty of Waitangi principles*, available at <https://www.health.govt.nz/our-work/populations/maori-health/he-korowai-oranga/strengthening-he-korowai-oranga/treaty-waitangi-principles>.
- *The Social, Cultural and Economic Determinants of Health in New Zealand: Action to Improve Health 1998 (The Social Determinants of Health)* available at <https://www.health.govt.nz/system/files/documents/publications/det-health.pdf>.
- United Nations Convention on the Rights of Persons with Disabilities (CRPD) (article 12), available at <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.
- World Health Organization – *Social Determinants of Health* – available at [https://www.who.int/social\\_determinants/sdh\\_definition/en/](https://www.who.int/social_determinants/sdh_definition/en/).

### 3 Definitions

In the context of this unit standard a role that is *mana enhancing* includes but is not limited to any of the following:

- resulting in a person acknowledging, understanding and respecting who they are, where they came from and their connection to others;
- resulting in an increase in respect for a person by others;
- resulting in an increase in a person's self-respect;
- resulting in an improvement in a person's self-image.

*Organisational policies and procedures* – policies, procedures and methodologies of an organisation. They include legislative and regulatory requirements which may apply across a company, a specific site, or a workplace. Requirements are documented in the company's health and safety plans, contract work programmes, quality assurance programmes, policies and procedural documents.

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## Outcomes and performance criteria

### Outcome 1

Describe the evolution of peer work for own organisation.

#### Performance criteria

- 1.1 The evolution of peer work is described in terms the changes from the initial general philosophy underpinning peer work in Aotearoa New Zealand to the current philosophy of own organisation.

- 1.2 Specific influences of the changes in philosophy on the roles and/or functions of own organisation are identified.
- 1.3 Roles of different types of peer workers are described in terms of their similarities and differences.

Range must include – two peer work contexts.

## Outcome 2

Describe peer relationships and the role of a peer worker in the context of Aotearoa New Zealand.

### Performance criteria

- 2.1 The role of the peer worker in Aotearoa New Zealand is described in terms of a mana enhancing approach.
- 2.2 Peer relationships are described in terms of the differences between peer relationships and conventional (non-peer) support relationships.
- Range description must include but is not limited to – negotiated goals, self-disclosure, lived experience, mutuality in the relationship, authenticity.
- 2.3 Peer relationships are described in terms of negotiating limits.

## Outcome 3

Identify and explain the peer values that underpin peer relationships for peer workers in own organisation.

### Performance criteria

- 3.1 Peer values that underpin peer relationships are identified and explained in terms of own organisation's policies and procedures.
- Range must include – three values and how they are applied within own organisation.

## Outcome 4

Compare peer work approaches in Aoteroa New Zealand that are consistent with peer values and principles.

## Performance criteria

4.1 Approaches that are consistent with peer values and principles of peer work are compared in terms of their key features.

Range may include but is not limited to – 12 steps, cancer support, heart support, Alcoholics Anonymous, Wellness Recovery Action Plan (WRAP), Intentional Peer Support, Hearing Voices Networks, Grow, Recovery Innovations, and PeerZone; must include three, at least one of which must be mental health focussed, and at least one addiction focussed.

<b>Planned review date</b>	31 December 2024
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### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	26 September 2019	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

### Comments on this unit standard

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.