

Title	Describe the development of a relationship between a person accessing support from a peer worker and whānau and family		
Level	4	Credits	7

Purpose	<p>This unit standard is designed for people working in peer work roles.</p> <p>People credited with this unit standard are able to: describe the supports and barriers within whānau and family for a person accessing support from a peer worker; describe and evaluate potential strategies for engagement to support the development of a purposeful relationship between a person accessing support from a peer worker and their whānau and family; explain own competence for implementing a selected strategy to support the development of a purposeful relationship between a person accessing peer support with their whānau and family; and evaluate the implementation of the selected strategy to support the development of a purposeful relationship between a person accessing peer support with their whānau and family.</p>
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Classification	Social Services > Peer Support Work
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Available grade	Achieved
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Guidance Information

- 1 Legislation relevant to this unit standard may include but is not limited to:
 - Human Rights Act 1993;
 - Mental Health Act 1992;
 - Misuse of Drugs Act 1975;
 - Privacy Act 1993;
 - Substance Addiction (Compulsory Assessment and Treatment) Act 2017.

- 2 References
 - *Competencies for the mental health and addiction service user, consumer and peer workforce* (2014). Te Pou o Te Whakaaro Nui, available at <https://www.tepou.co.nz/uploads/files/resource-assets/peer-support-competencies-2014.pdf> (referred to as 'Competencies').
 - *Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996*, (The Code of Rights) available from the office of the Health and Disability Commissioner. Te Toihau Hauora Hauātanga, available at <https://www.hdc.org.nz/your-rights/about-the-code/code-of-health-and-disability-services-consumers-rights/>.

- *Health Information Privacy Code 1994*, (HIPC) available at <https://www.privacy.org.nz/assets/Files/Codes-of-Practice-materials/HIPC-1994-2008-revised-edition.pdf>.
- Manatū Taonga Ministry for Culture and Heritage (updated 22 June 2018). *Treaty of Waitangi*. Retrieved from <https://nzhistory.govt.nz/keyword/treaty-of-waitangi>.
- Ministry of Health. (2008). *Let's get real: Real Skills for people working in mental health and addiction*. Wellington: Author; available at <http://www.health.govt.nz>.
- Ministry of Health. *Māori health models – Te Whare Tapa Whā*, available at <https://www.health.govt.nz/our-work/populations/maori-health/maori-health-models/maori-health-models-te-whare-tapa-wha>.
- Ministry of Health. *Treaty of Waitangi principles*, available at <https://www.health.govt.nz/our-work/populations/maori-health/he-korowai-oranga/strengthening-he-korowai-oranga/treaty-waitangi-principles>.
- Scott, A.L., 2011. 'Authenticity Work: Mutuality and Boundaries in Peer Support.' *Society & Mental Health*. Vol 1, Issue 3, available at <https://journals.sagepub.com/doi/abs/10.1177/2156869311431101>.
- Scott, A.L., 2015. 'Gaining Acceptance: Discourses on Training and Qualifications in Peer Support'. *New Zealand Sociology*. Vol. 30, No. 4, available at <https://www.questia.com/library/journal/1P3-3953943551/gaining-acceptance-discourses-on-training-and-qualifications>.
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- Scott, A.L., Doughty, C., Kahi, H., 2011. 'Having those conversations: The politics of risk in peer support practice.' *Health and Sociology Review*. Volume 10, Issue 2. 20(2): 187-201, available at [https://ir.canterbury.ac.nz/bitstream/handle/10092/5909/12631429_HSR_20\(2\)_187-201.pdf;sequence=1](https://ir.canterbury.ac.nz/bitstream/handle/10092/5909/12631429_HSR_20(2)_187-201.pdf;sequence=1).
- Scott, A.L., Doughty, C., Kahi, H., 2011. 'Peer Support Practice in Aotearoa New Zealand.' UC Research Repository, available at <https://ir.canterbury.ac.nz/handle/10092/5258>.
- *The Social, Cultural and Economic Determinants of Health in New Zealand: Action to Improve Health 1998* (The Social Determinants of Health) available at <https://www.health.govt.nz/system/files/documents/publications/det-health.pdf>.
- United Nations Convention on the Rights of Persons with Disabilities (CRPD) (article 12), available at <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.
- World Health Organization – *Social Determinants of Health* – available at https://www.who.int/social_determinants/sdh_definition/en/.

3 Definitions

A *purposeful relationship* is two-way, with conditions applying to both the peer worker and the person accessing support from a peer worker. Conditions are agreed by both parties in the relationship within organisational policies and procedures; they are not imposed on the person accessing support by the peer worker. A *purposeful relationship* is characterised by principles of peer work such as mutuality and respect.

Organisational policies and procedures – policies, procedures and methodologies of an organisation. They include legislative and regulatory requirements which may apply across a company, a specific site, or a workplace. Requirements are documented in the company's health and safety plans, contract work programmes, quality assurance programmes, policies and procedural documents.

Whānau and family may include – special relationships, friends, partners, etc. It is important that the person accessing support is involved in determining what 'whānau' means to them.

Outcomes and performance criteria

Outcome 1

Describe the supports and barriers within whānau and family for a person accessing support from a peer worker.

Performance criteria

- 1.1 The person's whānau and family are described in terms of how they can provide support for a person accessing support.
- 1.2 The person's whānau and family are described in terms of how they can be a barrier for a person accessing support.

Outcome 2

Describe and evaluate potential strategies for engagement to support the development of a purposeful relationship between a person accessing support from a peer worker and their whānau and family.

Range the potential strategies for engagement must align with the peer values as per 'Competencies' reference and the relevance of Te Tiriti o Waitangi to the relationship;
a minimum of two potential strategies.

Performance criteria

- 2.1 The potential strategies for engagement are described in terms of their key features.
- 2.2 The potential strategies for engagement described in performance criterion 2.1 are evaluated in consultation with the person accessing support in terms of the person's confidence in participating in the strategy in the manner intended, and their perception of their whānau and family's preparedness to participate as intended.

Outcome 3

Explain own competence for implementing a selected strategy to support the development of a purposeful relationship between a person accessing support from a peer worker with their whānau and family.

Range one strategy selected from those described in outcome 2.

Performance criteria

- 3.1 Own competence for implementing the selected strategy is explained in terms of relevant demonstrable attributes and/or evidenced prior activity.

Outcome 4

Evaluate the implementation of the selected strategy to support the development of a purposeful relationship between a person accessing support from a peer worker with their whānau and family.

Performance criteria

- 4.1 Implementation is evaluated in terms of what went well, what did not go well and what changes need to be made to the strategy.

Planned review date	31 December 2024
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	26 September 2019	N/A

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.