

<b>Title</b>	<b>Apply strategies to support a person with a chronic condition in a health or wellbeing setting</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>4</b>

<b>Purpose</b>	<p>People credited with this unit standard are able to, in a health or wellbeing setting:</p> <ul style="list-style-type: none"> <li>• identify and describe the impacts of a chronic condition;</li> <li>• describe, apply, and record strategies to support a person with a chronic condition.</li> </ul>
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<b>Classification</b>	Health, Disability, and Aged Support > Health and Disability Principles in Practice
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<b>Available grade</b>	Achieved
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## Guidance Information

### 1 Assessment conditions

Evidence for the practical components of this unit standard must be generated in a health or wellbeing setting.

People awarded credit for this unit standard must work under the guidance and delegation of a health professional in accordance with own role and responsibilities, and organisational policies and procedures.

### 2 Assessment notes

Evidence generated for assessment against this standard must reflect workplace requirements specified in:

- documented organisational policies, procedures, and methodologies;
- applicable health and safety plans, contract work programmes, and quality assurance programmes.

Evidence generated for assessment against this standard must reflect the values, processes, and protocols required to work with Māori, Pasifika, and people from diverse cultures.

Evidence generated for assessment against this standard must reflect the best practice guidelines and principles specified in:

- NZS 8134.0:2008 *Health and disability services (general) Standard*;
- NZS 8134.1:2008 *Health and disability services (core) Standards*;
- NZS 8158:2012 *Home and community support sector Standard*; available at <http://www.standards.co.nz/>.

### 3 Definitions

*Chronic conditions* develop slowly and can persist and worsen over time. Examples include long term conditions such as depression, epilepsy, cardiovascular diseases, multiple sclerosis, respiratory diseases, Parkinson's disease, chronic kidney disease, motor-neuron disease.

*Functional status* refers to a person's ability to perform everyday physical activities. Examples include mobility, meeting basic needs, independence, and maintaining health and wellbeing.

*Health or wellbeing setting* may include but is not limited to the aged care, acute care, community support, disability, mental health, rehabilitation, social service and youth development sectors.

*Organisational policies and procedures* are the policies, procedures, and methodologies used in an organisation. They include legislative and regulatory requirements which may apply across an organisation, a specific site, or a workplace. Requirements are documented in organisational health and safety plans, contract work programmes, quality assurance programmes, policies, and procedural documents such as job descriptors and employment contracts.

*Person* is the individual accessing services. Other terms used for the person may include client, consumer, customer, patient, individual, resident, or service user.

*Personal plan* is an individual or group plan developed for people receiving support. It may include their family and whānau.

*Support* should aim to maintain, improve, or restore a person's independence by utilising existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.

## Outcomes and performance criteria

### Outcome 1

Identify and describe the impacts of a chronic condition in a health or wellbeing setting.

#### Performance criteria

- 1.1 The impacts of a chronic condition on a person's health, wellbeing, and functional status are identified and described.

Range four impacts;  
may include but are not limited to – physical, emotional, psychological, social, cognitive, environmental, cultural.

### Outcome 2

Describe, apply, and record strategies to support a person with a chronic condition in a health or wellbeing setting.

#### Performance criteria

- 2.1 Strategies required to support a person with a chronic condition are described in accordance with their personal plan.

Range three strategies.

2.2 Strategies required to support the person are applied in accordance with their personal plan.

Range three strategies.

2.3 The person's health, wellbeing, and functional status is recorded and reported in accordance with personal plan requirements.

<b>Planned review date</b>	31 December 2026
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#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	27 May 2021	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>.

#### Comments on this unit standard

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.