

Title	Demonstrate knowledge of preparation for an outdoor activity		
Level	2	Credits	3

Purpose	People credited with this unit standard are able to demonstrate knowledge of: preparation for an outdoor activity; and the location of an outdoor activity.
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Classification	Outdoor Recreation > Outdoor Management
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment within this standard must be carried out in accordance with the following as relevant:
 - Te Tiriti o Waitangi/Treaty of Waitangi principles of partnership, protection and participation;
 - relevant legislation including Health and Safety at Work Act 2015, Health and Safety at Work (Adventure Activities) Regulations 2016, Privacy Act 2020, Children’s Act 2014 and Human Rights Act 1993, and all subsequent amendments and associated regulations;
 - *The New Zealand Curriculum* and/or *Te Marautanga o Aotearoa*; EOTC Guidelines – Bringing the Curriculum Alive 2016;
 - industry guidelines, including any relevant Good Practice Guide, found at <http://www.supportadventure.co.nz/good-practice/good-practice-guidelines/> and Activity Specific Guidelines, found at <http://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/>;
 - industry codes such as the Mountain Safety Council Land Safety Code, available from <https://www.mountainsafety.org.nz/land-safety-code/> and Leave No Trace principles and relevant Care codes, all available from <https://www.doc.govt.nz/parks-and-recreation/know-before-you-go/care-codes/>, and any relevant activity specific industry codes;
 - a Safety Management System (SMS) including organisational policies and procedures covering risk management, incident and emergency response, and the use of personal protective equipment (PPE);
 - current industry good practice.

- 2 Definition

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and others.

Outcomes and performance criteria

Outcome 1

Demonstrate knowledge of preparation for an outdoor activity.

Performance criteria

1.1 Explain the properties of personal clothing and equipment in terms of the requirements of the outdoor activity.

Range properties of eight key items of clothing and equipment.

1.2 Explain the purpose of five key items of required group equipment.

1.3 Explain the importance of food choices in terms of energy and activity requirements.

1.4 Describe how the weather impacts preparation for the outdoor activity.

Range sun, rain, snow, wind.

1.5 Describe weather information for the activity date and location.

1.6 Identify hazards and strategies to manage these.

Range one hazard relating to each of the following – environmental, people, equipment.

Outcome 2

Demonstrate knowledge of the location of an outdoor activity.

Performance criteria

2.1 Explain the suitability of the location or route for the group and planned activity.

2.2 Identify key activity location points on a map.

Range may include but is not limited to – access roads, start and end points, rest stops, camp site, contingency route.

Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	28 October 2021	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the Skills Active Aotearoa info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.