

Title	Prepare for an overnight outdoor activity		
Level	3	Credits	3

Purpose	People credited with this unit standard are able to: prepare for an overnight outdoor activity; and justify selection of the overnight outdoor activity.
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Classification	Outdoor Recreation > Outdoor Management
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment within this standard must be carried out in accordance with the following as relevant:
 - Te Tiriti o Waitangi/Treaty of Waitangi principles of partnership, protection and participation;
 - relevant legislation including Health and Safety at Work Act 2015, Health and Safety at Work (Adventure Activities) Regulations 2016, Privacy Act 2020, Children’s Act 2014 and Human Rights Act 1993, and all subsequent amendments and associated regulations;
 - *The New Zealand Curriculum* and/or *Te Marautanga o Aotearoa*; EOTC Guidelines – Bringing the Curriculum Alive 2016;
 - industry guidelines, including any relevant Good Practice Guide, found at <http://www.supportadventure.co.nz/good-practice/good-practice-guidelines/> and Activity Specific Guidelines, found at <http://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/>;
 - industry codes such as the Mountain Safety Council Land Safety Code, available from <https://www.mountainsafety.org.nz/land-safety-code/> and Leave No Trace principles and relevant Care codes, all available from <https://www.doc.govt.nz/parks-and-recreation/know-before-you-go/care-codes/>, and any relevant activity specific industry codes;
 - a Safety Management System (SMS) including organisational policies and procedures covering risk management, incident and emergency response, and the use of personal protective equipment (PPE);
 - current industry good practice.

- 2 Definitions

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and others.

Overnight outdoor activity means an overnight stay as part of outdoor activity trip. For example, mountain biking, sea kayaking, kayaking, tramping.

Outcomes and performance criteria

Outcome 1

Prepare for an overnight outdoor activity.

Performance criteria

- 1.1 Justify the gear selected for the overnight outdoor activity.
- Range personal, safety, specialist activity equipment.
- 1.2 Develop an activity specific nutritious menu for a group for the duration of the overnight outdoor activity trip.
- 1.3 Outline the pros and cons of two types of outdoor cooker and the use of an open fire for cooking.
- 1.4 Use a forecast for the activity location to outline the potential impact of weather on the overnight outdoor activity.
- 1.5 Develop an activity safety plan for an overnight outdoor activity.
- Range hazards, risk management strategies, emergency procedures and supervision structure.

Outcome 2

Justify selection of the overnight outdoor activity.

Performance criteria

- 2.1 Justify the suitability of the overnight outdoor activity for level of group experience.
- Range site of overnight stay, route, means of getting there and getting back.
- 2.2 Describe route and use a map to estimate travel times for the overnight activity trip.

Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	28 October 2021	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the Skills Active Aotearoa info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.