

Title	Demonstrate paddling skills on moving water		
Level	2	Credits	2

Purpose	People credited with this unit standard are able to demonstrate: individual preparedness for paddling on moving water; paddling skills for craft on moving water; and basic safety skills and rescues for paddling on moving water.
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Classification	Outdoor Recreation > Canoeing - Kayaking
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment within this standard must be carried out in accordance with the following as relevant:
 - Te Tiriti o Waitangi/Treaty of Waitangi principles of partnership, protection and participation;
 - relevant legislation including Health and Safety at Work Act 2015, Health and Safety at Work (Adventure Activities) Regulations 2016, Privacy Act 2020, Children’s Act 2014 and Human Rights Act 1993, and all subsequent amendments and associated regulations;
 - *The New Zealand Curriculum* and/or *Te Marautanga o Aotearoa*; EOTC Guidelines – Bringing the Curriculum Alive 2016;
 - industry guidelines, including any relevant Good Practice Guide, in particular Flatwater Floating and Paddling, found at <http://www.supportadventure.co.nz/good-practice/good-practice-guidelines/> and Activity Specific Guidelines, found at <http://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/>;
 - industry codes such as the Mountain Safety Council Land Safety Code, available from <https://www.mountainsafety.org.nz/land-safety-code/> and Leave No Trace principles and relevant Care codes, all available from <https://www.doc.govt.nz/parks-and-recreation/know-before-you-go/care-codes/>, and any relevant activity specific industry codes;
 - a Safety Management System (SMS) including organisational policies and procedures covering risk management, incident and emergency response, and the use of personal protective equipment (PPE);
 - current industry good practice.
- 2 Range
The paddle craft may be a kayak, canoe, sea kayak, sit on top, stand up paddleboard, inflatable kayak, pack raft, or raft.
- 3 If using a decked craft, a wet exit should be part of the learning for safety.

4 Definitions

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and others.

Moving water means either river sections with slow moving current and without obstacles or rapids, or lake or coastal waters with small swells or waves, and/or small to medium surf onto a beach.

Outcomes and performance criteria

Outcome 1

Demonstrate individual preparedness for paddling on moving water.

Performance criteria

- 1.1 Wear or carry clothing and footwear for comfort and protection in accordance with trip requirements for moving water.
- 1.2 Fit and adjust the craft and all personal safety equipment.

Outcome 2

Demonstrate paddling skills for craft on moving water.

Performance criteria

- 2.1 Demonstrate safe controlled launching and landing of craft on moving water.
- 2.2 Demonstrate stability and control of craft while paddling.
- 2.3 Use paddle strokes to efficiently manoeuvre a craft.
Range forward, turn left, turn right, stop.

Outcome 3

Demonstrate basic safety skills and rescues for paddling on moving water.

Performance criteria

- 3.1 Demonstrate safe practices at all times.
- 3.2 Respond appropriately to signals commonly used to communicate on moving water.
Range may include but is not limited to – whistle, hand, paddle; at least three signals.

3.3 Demonstrate readiness for assisted rescue.

Range may include but not limited to – holding paddle, holding the craft, being upstream or on the windward side of their craft, signalling for assistance.

Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	28 October 2021	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the Skills Active Aotearoa info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.