

Title	Describe and demonstrate basic care needs and practices for young mokopuna/children		
Level	2	Credits	5

Purpose	<p>People credited with this unit standard are able to: describe the basic care needs of young mokopuna/children and associated impacts; describe environmental influences and health and safety practices that impact on the provision of care, and describe and demonstrate care practices for infants, toddlers and young mokopuna/children.</p> <p>This unit standard has been developed primarily for assessment within programmes leading to the New Zealand Certificate in Early Learning and Care (Level 2) [Ref: 4338], and as an option for the New Zealand Certificate in Early Childhood Education and Care (Introductory Skills) (Level 3) [Ref: 2849].</p> <p>This unit standard is an introduction to early learning and life skills. It is designed for people who care for young children in parenting roles, or as support for carers of infants, toddlers and/or young children in a supervised environment.</p>
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Classification	Early Childhood Education and Care > Early Childhood: Educational Theory and Practice
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Available grade	Achieved
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Guidance Information

- 1 Recommended skills and knowledge:
Unit standard 29853, *Demonstrate knowledge of health issues, practices and services to protect and enhance the wellbeing of young children*; and unit standard 29857, *Describe patterns of development and learning for young mokopuna/children*, or demonstrate equivalent knowledge, skills and experience.
- 2 All activities associated with this unit standard must accommodate differing cultural attitudes and approaches to parenting styles, child rearing practices and care of children.
- 3 Learners for this unit standard should be familiar with the principles of Te Tiriti o Waitangi - protection, partnership and participation. Assessment evidence for this standard may include examples of the underpinning of Te Tiriti o Waitangi and threading te reo Māori and tikanga Māori through demonstrating basic care needs and practices for young mokopuna/children.

- 4 A simulated environment is acceptable for demonstrating care practices for this standard.
- 5 All people concerned with the teaching/learning and assessment relating to this unit standard must be aware of, and respect, any issues of privacy and confidentiality. Such issues must be treated sensitively, recognising that in this unit standard there may be personal information and some subjective judgement involved.
- 6 Definitions
Environmental influences refer to socio-economic, legal, physical and/or geographic, cultural including whānau/families.
Holistic wellbeing refers to a child's physical, social, spiritual, mental and emotional state, with a focus on the mokopuna/child as a whole and not just the individual parts.
Whānau/families may be parents, guardians, or members of the extended family who have an interest in the mokopuna/child.
Young children in this standard refers to an infant, toddler or young child from birth to school entry age. There are three broad overlapping age ranges for mokopuna/children as defined in *Te Whāriki* as:
infant – birth to 18 months;
toddler – one year to three years;
young child – two and a half years to school entry age.
- 7 Legislation and Conventions include but are not limited to:
Care of Children Act 2004
Children's Act 2014
Human Rights Act 1993
United Nations Convention on the Rights of the Child (UNCRC) 1989
and subsequent amendments.
- 8 References
Children's Commissioner, *What do kids need?* available at <https://www.occ.org.nz/our-work/giving2kids/what-kids-need/>.
Health Navigator New Zealand, *Food guidelines for kids at EC centres*, available at <https://www.healthnavigator.org.nz/healthy-living/f/food-guidelines-for-kids-at-ece-centres/>.
HealthEd, *Eating for Healthy Babies and Toddlers/Ngā kai tōtika mō te hunga kōhungahunga*, available at <https://www.healthed.govt.nz/resource/eating-healthy-babies-and-toddlersng%C4%81-kai-t%C5%8Dtika-m%C5%8D-te-hunga-k%C5%8Dhungahunga>.
HealthEd, *Eating for Healthy Children aged 2 to 12/Ngā Kai Tōtika mō te Hunga Kōhungahunga*; available at <https://www.healthed.govt.nz/resource/eating-healthy-children-aged-2-12ng%C4%81-kai-t%C5%8Dtika-m%C5%8D-te-hunga-k%C5%8Dhungahunga>.
Kids Health, *Keeping kids healthy*; available at <https://www.kidshealth.org.nz/taxonomy/term/602/descendants>.
Ministry of Health, *Food-related choking in young children*; available at <https://www.health.govt.nz/your-health/healthy-living/food-activity-and-sleep/healthy-eating/food-related-choking-young-children>.
Ministry of Health, *Healthy Living - Stop the spread of disease*; available at <http://www.health.govt.nz/your-health/healthy-living/>.

Ministry of Health, *Reducing food-related choking for babies and young children at early learning services*, available at <https://www.health.govt.nz/publication/reducing-food-related-choking-babies-and-young-children-early-learning-services>.

Ministry of Health, *Well Child - Tamariki Ora* (Wellington, 2006) and subsequent changes; available at <http://www.health.govt.nz/our-work/life-stages/child-health/well-child-tamariki-ora-services>.

Ministry for Primary Industries, *Food Safety Resources*, available at <https://www.mpi.govt.nz/food-safety-home/food-safety-resources/>.

New Zealand Police, *Keep your children safe*, available at <http://www.police.govt.nz/advice/personal-community/keeping-safe/children-safe>.

Oranga Tamariki - Ministry for Children, *Working with Children*; available at <https://orangatamariki.govt.nz/>.

Plunket - Whānau āwhina, *Caring for your child*; available at <https://www.plunket.org.nz/caring-for-your-child/>.

Plunket - Whānau āwhina, *Hygiene and daily care*; available at <https://www.plunket.org.nz/caring-for-your-child/hygiene-and-daily-care/>.

Raising Children - Supporting parents, *Newborns, Infants, Crawlers, Toddlers, Two year olds, Preschoolers*; available at <http://www.raisingchildren.org.nz/>.

Safe Kids Aotearoa, *Safety Topics - resources on burns, falls, poisoning, water safety etc.*, available at <http://www.safekids.nz/safety-topics>.

Strategies with Kids – Information for Parents (SKIP), *Children need 6 things to grow into happy capable adults*; available at <http://whanau.skip.org.nz/childrens-needs/>.

Strategies with Kids – Information for Parents (SKIP), *Tips for Parents* available at <https://whanau.skip.org.nz/>.

Outcomes and performance criteria

Outcome 1

Describe the basic care needs of young mokopuna/children and associated impacts.

Performance criteria

- 1.1 Basic care needs of young children are described in terms of their impact on the health and holistic wellbeing of mokopuna/children.
- Range basic care needs include but are not limited to – nurturing, clothing, nutrition, sleep, shelter, bathing and cleanliness (hygiene); evidence for infant, toddler, young child.
- 1.2 Basic care needs of young children are described in terms of how they may impact on learning and development of mokopuna/children.
- Range basic care needs include but are not limited to – nurturing, clothing, nutrition, sleep, shelter, bathing and cleanliness (hygiene); evidence is for young children/mokopuna as a whole group or on a continuum; each of the age categories is not intended to be assessed individually for each basic need.

Outcome 2

Describe environmental influences, and health and safety practices that impact on the provision of care.

Performance criteria

2.1 Environmental influences are described in terms of their impact on the provision of basic care needs for young mokopuna/children.

Range evidence of three environmental influences; evidence is for young mokopuna/children as a whole group or on a continuum; each of the age categories is not intended to be assessed individually.

2.2 Health and safety practices for the care of young mokopuna/children are described in terms of minimising the risk of harm.

Range practices include but are not limited to – nurturing, clothing, nutrition, sleep, shelter, bathing and cleanliness (hygiene); evidence of three safety practices.

Outcome 3

Describe and demonstrate care practices for infants, toddlers and young mokopuna/children.

Range care practices include but are not limited to – nurturing, feeding, clothing, toileting, nappy changing, bathing and cleanliness (hygiene), sleep, communicating; evidence for – infant, toddler, young mokopuna/child.

Performance criteria

3.1 Care of infants, toddlers and young mokopuna/children is described in terms of practices supporting their health, wellbeing and development.

3.2 Care of infants, toddlers and young mokopuna/children is demonstrated in terms of practices supporting their health, wellbeing and development.

Range evidence of three care practices.

3.3 Health and safety considerations are demonstrated in terms of their impact on the provision of care of infants, toddlers and young mokopuna/children.

Range evidence of health and safety considerations for three care practices.

Replacement information	This unit standard and unit standard 32989 replaced unit standard 29852, unit standard 29854 and unit standard 29856.
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Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	24 February 2022	N/A

Consent and Moderation Requirements (CMR) reference	0135
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council qualifications@toitutewaioara.nz if you wish to suggest changes to the content of this unit standard.