

Title	Describe factors that contribute to the health and holistic wellbeing of the kukune/foetus during haputanga/pregnancy		
Level	2	Credits	5

Purpose	<p>People credited with this unit standard are able to: describe factors contributing to the holistic wellbeing of the mother and the kukune/foetus during haputanga/pregnancy; and identify and describe support needed during haputanga/pregnancy, and which agencies/services and networks meet these needs.</p> <p>This unit standard has been developed primarily for assessment within programmes leading to the New Zealand Certificate in Early Learning and Care (Level 2) [Ref: 4338].</p> <p>This unit standard is an introduction to early learning and life skills. It is designed for people who care for young children in parenting roles, or as support for carers of infants, toddlers and/or young children in a supervised environment.</p>
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Classification	Early Childhood Education and Care > Early Childhood: Family, Whānau, Community, and Society
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Available grade	Achieved
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Guidance Information

- 1 This standard recognises that patterns of children’s development are integrally interwoven, and development is different for every mokopuna/child.
- 2 Learners for this unit standard should be familiar with the principles of Te Tiriti o Waitangi - protection, partnership and participation. Assessment evidence for this standard may include examples of the underpinning of Te Tiriti o Waitangi and threading te reo Māori and tikanga Māori through te ao Māori and exploring agencies/services available in the community providing support during haputanga/pregnancy.
- 3 Definitions
Agencies/services refer to organisations and groups that can provide practical support, advice, resources and contacts such as Ministry of Social Development, Work and Income, Ministry for Children, Whānau Ora, Plunket, KiwiFamilies, Kidshealth, Citizens Advice Bureau, Refugee Centre, Ministry of Health, Teen parent units, family networks and other specialist support groups.
Holistic wellbeing refers to the integration of states of physical, mental, spiritual, emotional, and social dimensions, which may include communicative competence and disposition.

- 4 Legislation includes but is not limited to:
Care of Children Act 2004
Children's Act 2014
Oranga Tamariki Act 1989 – Children's and Young People's Well-being Act 1989
Privacy Act 2020
and subsequent amendments.
- 5 References
Brainwave, *Feeding your baby's brain*; available at <https://brainwave.org.nz/article/feeding-your-babys-brain/>.
Brainwave, *Wiring the brain*, available at <https://brainwave.org.nz/article/wiring-the-brain/>.
Children's Commissioner, *What do kids need?* available at <https://www.occ.org.nz/our-work/giving2kids/what-kids-need/>.
HealthEd, *Pregnancy Health Resources*, available at https://www.healthed.govt.nz/search?query=pregnancy&type=resource&topic=All&organisation=All&language=All&format=All&online_only=All&mode=picture-view.
Kiwi Families, *Teen Parent overview*, available at <https://www.kiwifamilies.co.nz/articles/teen-parent-overview/>.
Ministry of Health, *Pregnancy*; available at <https://www.health.govt.nz/your-health/pregnancy-and-kids/pregnancy>.
Ministry of Health, *Well Child - Tamariki Ora* (Wellington, 2006) and subsequent changes; available at <http://www.health.govt.nz/our-work/life-stages/child-health/well-child-tamariki-ora-services>.
Plunket - Whānau āwhina, *Child development*; available at <https://www.plunket.org.nz/child-development/>.
Plunket - Whānau āwhina, *Health and Care during pregnancy*; available at <https://www.plunket.org.nz/being-a-parent/preparing-for-your-baby/health-and-care-during-pregnancy/>.
Plunket - Whānau āwhina, *Pregnancy information and resources, Growing a person!- Hapu*; available at <https://www.plunketppe.org.nz/pregnancy-information>.
Plunket - Whānau āwhina, *Whirihia*; available at <https://www.plunket.org.nz/plunket/what-we-offer/parenting-education/whirihia/>.
Te Ara – The Encyclopedia of New Zealand, *Story: Ngā mātua – Māori parenting*; available at <https://teara.govt.nz/en/nga-matua-maori-parenting>.
Te Ara – The Encyclopedia of New Zealand, *Story: Te whānau tamariki – pregnancy and birth*; available at <https://teara.govt.nz/en/nga-matua-maori-parenting>.
Whānau Ora, *What we do*; available at <https://whanauora.nz/what-we-do/about/>.

Outcomes and performance criteria

Outcome 1

Describe factors contributing to the holistic wellbeing of the mother and the kukune/foetus during haputanga/pregnancy.

Range factors include but are not limited to – environment; behaviours; peer and societal influences; support; socio-economic status; culture; pre-natal healthcare; nutritional choices (food and drink).

Performance criteria

- 1.1 Factors that contribute to the holistic wellbeing of the mother during haputanga/pregnancy are described.
- 1.2 Factors that may contribute to the holistic wellbeing of the kukune/foetus from conception to birth are described.

Outcome 2

Identify and describe support needed during haputanga/pregnancy, and which agencies/services and networks meet these needs.

Performance criteria

- 2.1 Support needs during haputanga/pregnancy are identified and described.
- Range type of need may include – social, emotional, cultural, spiritual, educational, financial, vocational, recreational, physical; evidence of three support needs.
- 2.2 How agencies/services and networks meet the support needs during haputanga/pregnancy are described.
- Range evidence of three.

Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	24 February 2022	N/A

Consent and Moderation Requirements (CMR) reference	0135
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council qualifications@toitutewaiora.nz if you wish to suggest changes to the content of this unit standard.