

Title	Demonstrate knowledge of alcohol and other drugs for wellbeing/hauora		
Level	2	Credits	4

Purpose	People credited with this unit standard are able to demonstrate knowledge of alcohol and other drugs for wellbeing/hauora.
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Classification	Core Generic > Self-Management
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Available grade	Achieved
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Guidance Information

- 1 All concerned with the teaching/learning and assessment relating to this unit standard need to be aware of, and respect, any issues of privacy and confidentiality. Such issues must be treated with care, recognising that use of alcohol and other drugs can be a sensitive issue.
- 2 Ranges
Other drugs may include but are not limited to – depressants, stimulants, and hallucinogens.
Wellbeing/hauora includes – physical, mental, emotional, social and spiritual perspectives.
- 3 The following legislation and subsequent amendments provide reference, where needed, for this unit standard:
 Misuse of Drugs Act 1975
 Psychoactive Substances Act 2013
 Sale and Supply of Alcohol Act 2012.

Outcomes and performance criteria

Outcome 1

Demonstrate knowledge of alcohol and other drugs for wellbeing/hauora.

Performance criteria

- 1.1 Alcohol and other drugs are explained in terms of wellbeing/hauora including interpersonal effects in both the short and long term.
- 1.2 Alcohol and other drugs are explained in terms of the legal implications of their possession, distribution, and use.

- 1.3 Signs which would indicate unsafe use of alcohol and other drugs are explained in terms of health, work or study, and relationships.
- 1.4 Strategies to manage use of alcohol and other drugs are described.
- 1.5 Three sources for drug and/or alcohol assistance are compared for levels of support.

Planned review date	31 December 2027
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	2 March 2023	N/A

Consent and Moderation Requirements (CMR) reference	0113
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact NZQA National Qualifications Services nqs@nzqa.govt.nz if you wish to suggest changes to the content of this unit standard.