

<b>Title</b>	<b>Describe human risk factors in terms of a self-management strategy for a driver</b>		
<b>Level</b>	<b>2</b>	<b>Credits</b>	<b>3</b>

<b>Purpose</b>	People credited with this unit standard are able to describe: human risk factors as they apply to driving; human risk factors in terms of their application to oneself as a driver or potential driver; and, in terms of a self-management strategy, effective ways of reducing the level of risk by dealing with one’s own human risk factors as a driver or potential driver.
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<b>Classification</b>	Driving > Core Driving Knowledge and Skills
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<b>Available grade</b>	Achieved
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**Guidance Information**

- 1 Legislation, regulations and/or industry standards relevant to this unit standard include but are not limited to the:  
Health and Safety at Work Act 2015;  
Land Transport Act 1998.

Any new, amended or replacement Acts, regulations, standards, codes of practice, guidelines, or authority requirements or conditions affecting this unit standard will take precedence for assessment purposes, pending review of this unit standard.

- 2 Definitions

*Driving* refers to being in control of a motor vehicle. Motor vehicles include motorcycles.

A *self-management strategy* is a plan that provides a systematic course, or courses, of action designed to help one better manage an aspect, or aspects, of one’s life relating to motor vehicle crash risk reduction. In general terms, and allowing for variations, such a strategy would be likely to contain the following components – identifies area(s) to be changed; specifies types of change (eg, behavioural, attitudinal) and provides measures to determine change; identifies ways of monitoring and measuring progress as well as dates for goal achievement; takes into account and addresses constraints that may hinder progress; uses recognised methods for managing change.

*Self-rating instrument* is a tool (such as a questionnaire) used to enable individuals to rate themselves in different areas, for example personal traits, ability at sports or study, as a worker or parent, or personal behaviour.

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## Outcomes and performance criteria

### Outcome 1

Describe human risk factors as they apply to driving.

#### Performance criteria

- 1.1 Internal human risk factors are described in terms of how they affect driver perception of, and response to, risk.
- Range three internal human risk factors, which may include – mental or emotional state, beliefs, values, attitudes, physical condition, information processing capacity, sensory loss.
- 1.2 External human risk factors are described in terms of how they affect driver perception of, and response to, risk.
- Range alcohol and other drugs;  
one other external human risk factor, which may include – peer pressure, social conditioning, past events, other drivers' behaviour.

### Outcome 2

Describe human risk factors in terms of their application to oneself as a driver or potential driver.

#### Performance criteria

- 2.1 Own human risk factors results from completing a self-rating instrument are described.
- Range two internal human risk factors that increase driving crash risk;  
one internal human risk factor that decreases driving crash risk;  
one external human risk factor that increases driving crash risk;  
one external human risk factor that decreases driving crash risk.

### Outcome 3

Describe, in terms of a self-management strategy, effective ways of reducing the level of risk by dealing with one's own human risk factors as a driver or potential driver.

#### Performance criteria

- 3.1 Self-management strategies for ways of dealing with human risk factors applicable to a driver or potential driver are described.
- Range two internal human risk factors, two external human risk factors.

<b>Planned review date</b>	31 December 2027
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#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	21 March 1995	31 December 2024
Review	2	29 June 1999	31 December 2024
Revision	3	14 November 2000	31 December 2024
Review	4	22 October 2004	31 December 2024
Review	5	27 October 2006	31 December 2024
Review	6	30 June 2022	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0014
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

#### Comments on this unit standard

Please contact Hanga-Aro-Rau Manufacturing, Engineering and Logistics Workforce Development Council [qualifications@hangaarorau.nz](mailto:qualifications@hangaarorau.nz) if you wish to suggest changes to the content of this unit standard.